

# Howard County

## RECREATION & PARKS

# Activity Guide

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## Fall 2010

plus Winter & Spring Competitive Sports

Online Registration Begins August 4 at 6pm

[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)





Howard County suffered a tremendous loss this spring when long-time Department of Recreation & Parks' Director Gary J. Arthur lost his battle with cancer. Gary was a dedicated professional, an innovative leader, and an all-around great guy. He helped make our Recreation and Parks system one of the best in the nation, and he will be missed.

At the memorial service for Gary, I announced that we have renamed the Glenwood Community Center in his honor. Gary was a big part of the development of the Center and even lived on the property before it was built. The Gary J. Arthur Community Center will now stand as a reminder of the many contributions Gary made to this community he loved.

One of his most important contributions is an enthusiastic, well-trained and capable staff dedicated to providing the best in recreation and leisure programs and services to the residents of Howard County. Just visit one of our parks, take one of our classes, participate in one of our leagues or attend a special event. You will see how Gary's staff continues to honor his memory through quality public service.

A handwritten signature in dark ink, appearing to read 'Ken Ulman'.

**Ken Ulman**  
**Howard County Executive**

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It is with sadness in our hearts we announce that our esteemed Director, Gary J. Arthur, passed away on Thursday, May 27, 2010, after a brief illness. Gary was a Howard County employee for 31 years, and served as Director for the Department of Recreation and Parks since 1997. Under his leadership, the Howard County Department of Recreation & Parks received many distinguished awards; chief among them are accreditation by the Council of Accreditation of Parks and Recreation, an achievement shared by fewer than 100 programs in the nation; the Sportstown Award by Sports Illustrated magazine; and national recognition as an outstanding program by the National Recreation and Parks Association.

Gary's passion and vision to improve the quality of life of the residents of Howard County is evidenced through his involvement in planning and implementation of services, facilities and programs that include: Gary J. Arthur Community Center at Glenwood and Western Regional Park, Meadowbrook Park and Athletic Complex, the Skate Park, High Ridge Park, the Timbers at Troy Golf Course, and Wine in the Woods. The Robinson Nature Center, scheduled to open in January 2011, and Laurel Community Center are projects for which Gary will not see completion, but which will bear his mark.

Because Gary was well known for his service to others, we at Recreation and Parks believe we can best honor him by rededicating ourselves to the service of our citizens through the programs we provide. The recent expansion of the Elkhorn and Long Reach Community Garden Plots will benefit both gardeners and the Howard County Food Bank. Blandair Phase I construction begins this Fall in the Oakland Mills area of Columbia, bringing lighted playing fields and other amenities to Howard County residents. And, as always, we offer many activities and programs in this Guide to enhance and enrich your life.



A handwritten signature in dark ink, appearing to read 'John R. Byrd'.

**John R. Byrd**  
**Acting Director**

# Enjoy Fall with Howard County Recreation & Parks!

Howard County Department of Recreation & Parks is pleased to provide you with this guide to programs and activities for the coming Fall season.

For a complete listing of our policies and procedures, please consult the General Information pages beginning on page 84. Please let us know if you have any questions or suggestions — we always like to hear from you.

Have a great season and be sure to watch for our Winter Activity Guide, which will be coming out in late November.

## How to Register

Howard County residents may register online beginning August 4 at 6pm and by all other methods beginning August 5. Out-of-County residents may register online beginning August 11 at 6pm and by all other methods beginning August 12.

**On-line:** [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)

**Phone:** 410-313-7275 (8am-4:30pm M-F)

**Fax:** 410-313-4660

**TTY:** 410-313-4665 (8am-4:30pm M-F)

**Walk-in:** **Howard County Recreation & Parks Headquarters**  
7120 Oakland Mills Rd, Columbia (8am-4:30pm M-F)

### Bain Center

5470 Ruth Keeton Way, Columbia (9am-2pm M-F)

### Gary J. Arthur Community Center at Glenwood

2400 Rte. 97, Cooksville (8am-8pm M-Sa)  
(9am-5pm Su)

Include payment with your registration form — a check or money order payable to the Howard County Director of Finance, or credit card information (We accept American Express, Discover, MasterCard and VISA). Please sign the waiver on your receipt and bring it to the first session.

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# Who to Call

## General Information

Phone: 410-313-4700 (8am-5pm M-F)  
TTY: 410-313-4665  
FAX: 410-313-4660  
www.howardcountymd.gov/RAP

## Administration

*Acting Director*  
John Byrd 410-313-4640

*Chief, Recreation & Administrative Services Bureau*  
Laura Wetherald 410-313-4640

*Chief, Parks & Program Services Bureau Staff* 410-313-4640

*Chief, Capital Projects & Park Planning Division*  
Raul Delorme 410-313-4685

## Gary J. Arthur Community Center @ Glenwood

General Information 410-313-4840  
Recorded Information/Inclement Weather 410-313-4452

*Facility Director*  
Matt Madera 410-313-4844

Summer Fiala 410-313-4843  
Chris Ferraro 410-313-4841

## Kiwanis-Wallas Rec Ctr

*Facility Director*  
Cathy Vigus 410-313-7311

## Meadowbrook Ath Comp

General Information 410-313-1161  
*Facility Director*  
Matthew Knoerlein 410-313-1163  
Recorded Information/Inclement Weather 410-313-4452

## Park Operations

General Information 410-313-4700  
Park Field Permits 410-313-4626  
Park Pavilion Rental 410-313-4682  
Jennifer DeArmey 410-313-4647

*Heritage Programs*  
Jacquelyn Galke 410-313-5131

## Recreation Services

*Superintendent*  
Phil Bryan 410-313-1668

*Early Childhood and Youth Programs (non-sport): Preschool Activities, Arts, Cooking, Dance, Etiquette, Music, etc.*  
Adam Wienckowski 410-313-4714  
Melissa Calleri 410-313-4721  
Cindy Ochs 410-313-4681

*Adult Programs: Arts, Cooking, Crafts, Dance, Enrichment*

Terri Hilton 410-313-4630  
Danielle Bassett 410-313-4634

*Adult 55+ Programs: Arts, Crafts, Dance, General Activities*

Cathy Vigus 410-313-7311  
Cindy Saathoff 410-313-7281

*Trips & Tours*

Ginny Russ 410-313-7279

*Special Events*

Mary Ellen Baker 410-313-4632  
Karen Bradley 410-313-4635  
Linda Bell 410-313-4622

*Teen and Grant Programs*

Holly Harden 410-313-4625  
Shawnté Berry 410-313-4704  
Jennene Lausier 410-313-1693

*Volunteers*

Ann Combs 410-313-4624

## Registration

*Manager*  
Staff 410-313-7275  
(How to Register, see page 3)

## Recreational Licensed

### Child Care

General Information 410-313-3706

*Superintendent*

Barbara Moore 410-313-4723  
Claudia Charity 410-313-4636  
Julia Martin 410-313-1687  
Brian Murphy 410-313-4797  
Keith Pettit 410-313-4633  
Glen Turner 410-313-4713  
Joynel Young 410-313-4717  
Stephanie Wise 410-313-4712

*Therapeutic Recreation, Inclusion and Accommodation Services*

Susan Potts 410-313-4628  
Amy Patton 410-313-4708

## Roger Carter Rec Ctr

General Information 410-313-2764

*Facility Supervisor*

Julija Sajauskas 410-313-2765

*Aquatics Director*

Megan Freer 410-313-4720

## Sports & Adventure Services

*Superintendent*  
Allan Harden 410-313-4652

*Outdoor Recreation Manager*

Dawn Thomas 410-313-4623  
Stephanie Haas 410-313-4719

## Community Sports

### Manager

Michael Milani 410-313-4706 Jacob

Chesnutt 410-313-4736  
Will Dunmore 410-313-1697  
Sandra Lambert 410-313-4715  
Pat McGinnis 410-313-1689  
Jean Shea 410-313-4626

*County Leagues*

*Adult Leagues Manager*

Mark Pendleton 410-313-4703

*Youth Leagues Manager*

Matthew Knoerlein 410-313-1163  
Sandra Lambert 410-313-4715  
Derek Ludlow 410-313-4716  
Julija Sajauskas 410-313-2765  
Susan Markovitz 410-313-4674  
Nicola Morgal 410-313-4718

*Aquatics, Fitness, Martial Arts, Instructional Sports, Wellness*

*Manager*

Nicola Morgal 410-313-4718

*Instructional Team Sports*

Adam Cullison 410-313-4705

*Martial Arts, Pre-School Sports*

Pam Honaker 410-313-1694

*Aquatics*

Megan Freer 410-313-4720

*Lifetime / Individual Sports*

Tessa Hurd 410-313-4637

*Sports Events / Campaigns*

*Manager*

Mike Blevins 410-313-1691  
Will Dunmore 410-313-1697

## Timbers of Troy

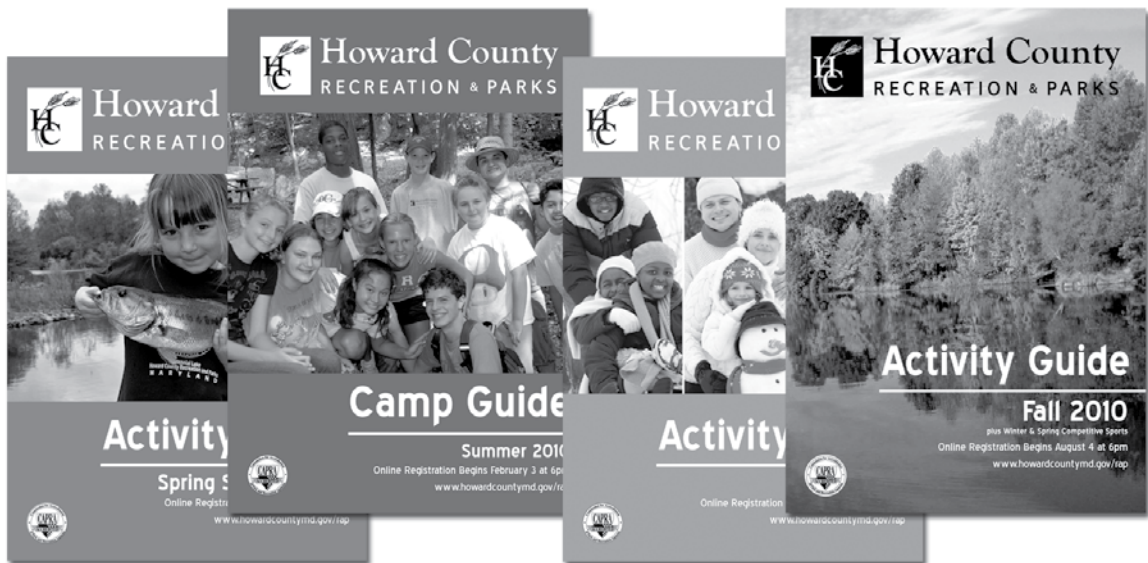
**Golf Course** 410-313-4653

**Waverly Mansion** 410-437-5711

## Inclement Weather/ Program Status

Activities/Programs 410-313-4451  
Facilities 410-313-4452  
Fields  
All School Fields 410-313-6827  
Alpha Ridge, Western Regional 410-313-4372  
Cedar Lane 410-313-4453  
Centennial 410-313-4454  
Cypressmede, Hollifield, Howard County Center for the Arts 410-313-4457  
Dickinson, Hammond, Huntington, Martin Road 410-313-4459  
Meadowbrook Park 410-313-2727  
Rockburn Branch, Waterloo, Worthington Off-Leash 410-313-4455  
Schooley Mill, Dayton Oaks Parks 410-313-4458

# Look for our Guide in New Locations



Starting this August, seasonal Activity Guides will be inside the:

- **Columbia Flier**
- **Laurel Leader**
- **SunPlus**
- **Sunday Sun**

Free copies are also available at libraries and Howard County community centers, and online at [www.howardcounty.md.gov/RAP](http://www.howardcounty.md.gov/RAP)

## Activity Guide delivery schedule.

### Fall Guide

Sunday Sun: 8/8/10  
Columbia Flier, Laurel Leader,  
SunPlus: 8/5/10

### Winter Guide

To be distributed  
end of November/  
early December

### Camp Guide

To be distributed  
end of January/  
early February

### Spring/Summer Guide

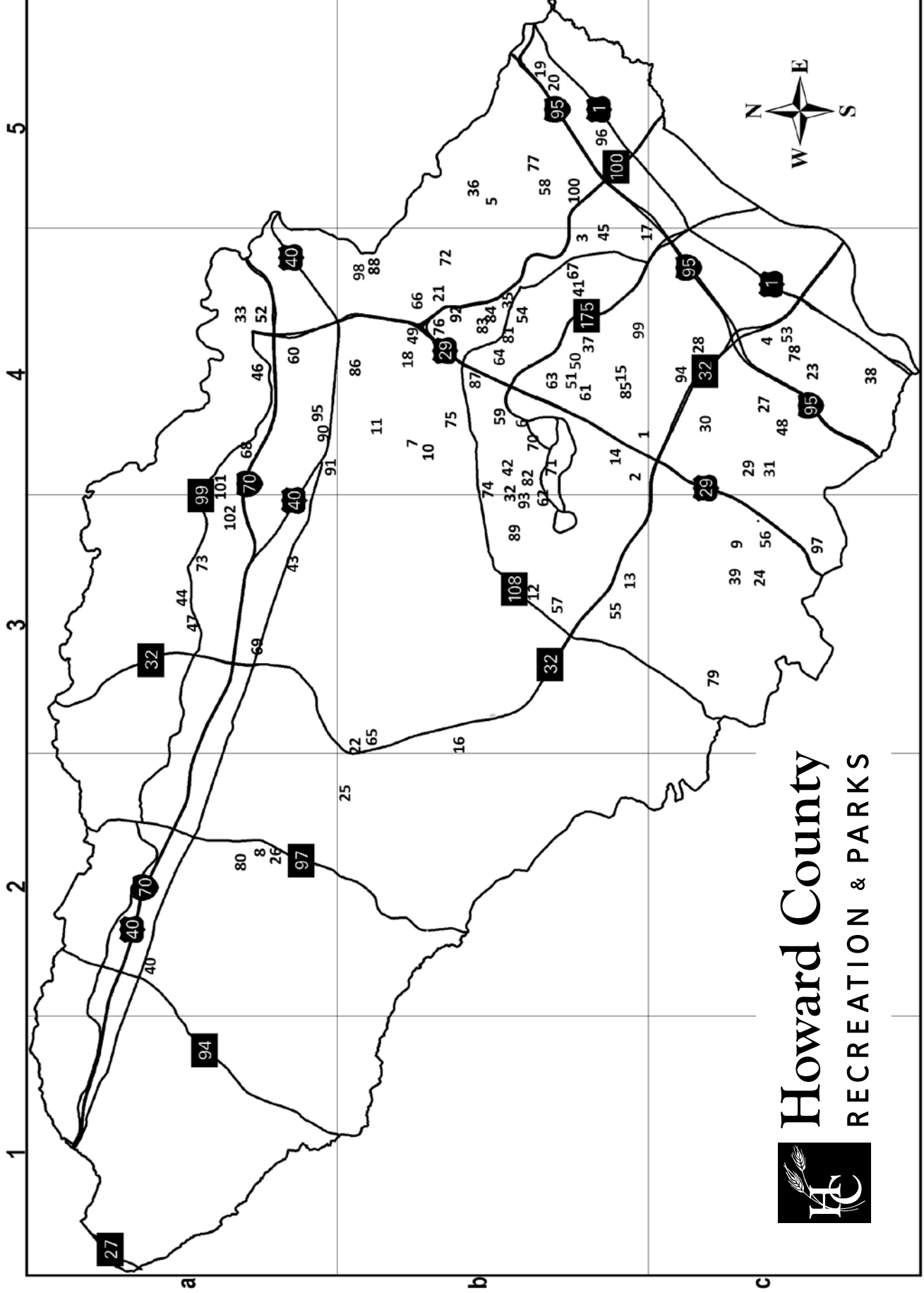
To be distributed  
end of February/  
early March

If you do not receive a copy of the Howard County Recreation & Parks Activity Guide with your newspaper, please call: 888-539-1280.



**Howard County**  
RECREATION & PARKS

Howard County Recreation & Parks,  
7120 Oakland Mills Rd, Columbia  
410-313-7275 (8am-4:30pm M-F)



# Program Locations

## Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Springs ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	10 (b-4)
Centennial Lane ES	11 (b-4)
Clarksville ES	12 (b-3)
Clarksville MS	13 (b-3)
Clemens Crossing ES	14 (b-4)
Cradlerock School	15 (b-4)
Dayton Oaks ES	16 (b-3)
Deep Run ES	17 (c-4)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mills MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harpers Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
Ilchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)
Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	41 (b-4)
Longfellow ES	42 (b-4)

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mount View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbot Springs ES	63 (b-4)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

## Parks

Alpha Ridge Park	73 (a-3)
Cedar Lane Park	74 (b-4)
Centennial Park	75 (b-4)
Meadowbrook Park	76 (b-4)
Rockburn Branch Park	77 (b-5)
Savage Park	78 (c-4)
Schooley Mill Park	79 (c-3)
Western Regional Park	80 (a-2)

## Other

Axis Sports Facility	81 (b-4)
Bain Center	82 (b-4)
Cedar Lane Rec Ctr	74 (b-4)
Columbia Gymnastics	83 (b-4)
Drama Learning Ctr	84 (b-4)
East Columbia Library	85 (b-4)
Ellicott City Sr Ctr	86 (b-4)
Fairway Hills Golf Course	87 (b-4)
Gary J. Arthur Comm Ctr	
@ Glenwood	80 (a-2)
Historic Ellicott City	88 (b-4)
Hobbitts Glen Golf Course	89 (b-3)
Kinetics Dance Theatre	90 (a-4)
Kiwanis-Wallas Rec Ctr	91 (a-4)
Long Gate Park & Ride	92 (b-4)
Meadowbrook Athletic Complex	76 (b-4)
Misako Ballet Studio	93 (b-3)
Olenka School of Music:	
Columbia	94 (c-4)
Ellicott City	95 (a-4)
Pfeiffer's Corner Schoolhouse	77 (b-5)
Pump It Up – Elkridge	96 (b-5)
Rocky Gorge Golf Course	97 (c-3)
Roger Carter Rec Ctr	98 (b-4)
Studio Inspire	99 (b-4)
Timbers at Troy Golf Course	100 (b-5)
Waverly Woods Golf Course	101 (a-3)
Waverly Mansion	102 (a-3)

**For the most up-to-date information and detailed directions please visit**

**[www.howardcountymd.gov/RAP/RAP\\_Directions.htm](http://www.howardcountymd.gov/RAP/RAP_Directions.htm)**

# Special Events & Activities for the Whole Family

- Children must be accompanied by adults.
- Individuals with mobility impairments who require special parking arrangements at our festivals should call 410-313-4628.
- Experienced entertainers, musicians and bands interested in performance opportunities with the department should call 410-313-4632.

## Special Events

Events are listed in chronological order.



Sunset Serenades

### Sunset Serenades Summer Concert Series

**All ages / Dates below / Free / \$3 parking donation\***

Bring a blanket or lawn chair and enjoy performances at Centennial Park South, 10,000 Rt. 108, Ellicott City. You can bring a picnic or choose from Smokin' Hot Barbeque of Glenwood concession stand and enjoy the sounds of summer. For more information contact Mary Ellen Baker at 410-313-4632.

**\*Matt Wigler Band – Soul, Funk, Pop**

7-8:30pm Aug 4 W

**The Volunteers/Official U.S. Army Touring Band - American Music Variety**

7-8:30pm Aug 11 W

**\*Grupo Latino Continental - Latin**

7-8:30pm Aug 18 W

### Traveling Bands Summer Concert Series

**All ages / Dates below / Free / \$3 parking donation\***

Bring a blanket, have a picnic and enjoy these concerts. Enjoy free ice cream provided by our sponsor, Edy's Grand Ice Cream! Free parking at Schooley Mill Park, 12975 Hall Shop Road, Highland, MD 20777. Parking donation will benefit the Elkridge Adult Athletic Association Scholarship Fund at Rockburn Park. Rockburn Park is located at 6145 Montgomery Road, Elkridge. Concert is at the West Area Pavilion; enter by Rockburn Elementary. For more information contact Mary Ellen Baker at 410-313-4632.

**Sons of Pirates - A Buffett Tribute and Rock Band**

Schooley Mill Pk 7-8:30pm Aug 6 F

**\*The Nighthawks - Blues, Roots Rock**

Rockburn Pk 7-8:30pm Aug 20 F

### Rockburn Open Car Show

**All Ages / Aug 21 / 1 Day / Car Entries \$10 advance, \$15 on-site / Flea Market Sales\* \$25 advance, \$30 on-site for 18'x20' space / Car Sales\*\* \$20 advance, \$30 on-site / Free to visitors**

The Rockburn Open Car Show is an exciting event that celebrates the beauty of classic, antique, hot rods and modified cars. Everyone will find great enjoyment in viewing the cars on display. The show is open to the public and admission is free.

**Car Entries** - Classics, antiques, hot rods and modifieds – 1999 & older. The first 100 registrants will receive a commemorative dash plate. Early registration is encouraged to assure receiving a plate. Awards will be given for People's Choice and Best of Show. Best of Class awards will be presented in the following categories: American (Domestic) Cars, Trucks, Corvettes, Euro Imports and Asian Imports. The Elkridge Adult Athletic Association will present the Jay Herbert Memorial Award.

**\*Car Flea Market.**

Motor vehicles parts and accessories only. Space is limited-first come first served basis.

**\*\*Car Sales.**

Preregistration ends on Friday, August 13. Food will be available for purchase. For information contact Ann Combs at 410-313-4624 or acomb@howardcountymd.gov. The inclement weather phone number is 410-313-4451.

RP4099.101	Rockburn Branch Pk	12-4pm	Sa	Vehicle
RP4099.102	Rockburn Branch Pk	12-4pm	Sa	Flea Market
RP4099.103	Rockburn Branch Pk	12-4pm	Sa	Car Sales

### Community Open House

**All ages / Aug 22 / 2-4pm / Free**

You are cordially invited to attend Gary J. Arthur Community Center at Glenwood's Open House on Sunday, August 22 from 2pm to 4pm. We would like to say thank you to our center members and hope you will attend, bring friends, and enjoy the center's amenities. The Gary J. Arthur Community Center at Glenwood, operated by Howard County Recreation and Parks, is the western county's state of the art green building and the hub for recreational and leisure activities for citizens of all ages. Join us and see why our center is a true community facility, where you can Live, Learn & Play! Meet your neighbors, center staff and fitness instructors, and take a facility and "green building" tour. Beat the heat, come indoors, enjoy seasonal refreshments and enter to win door prizes. Discounts on Annual Center Memberships and Fitness Room passes will be available all day, so join or renew and save! RSVPs appreciated: 410-313-4840.

### Fall Outdoor Flea Market at Glenwood

**18 yrs + / Sep 11 / \$20 per seller; \$5 for 6' table**

Clean out those basements, closets and garages and haul it down to the Gary J. Arthur Community Center at Glenwood for a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations required at least one week before the event. \$20/space & additional \$5 for use of 6-ft. table. No fee for shoppers. For registration or additional information, please call 410-313-4840.

RP4141.101 Gary Arthur Comm Ctr @ Glenwood 9am-12pm Sa





Pooches' Pool Party

## Pooches' Pool Party

18 yrs + (people) / Sep 11 / \$10 per dog

This unique canine-only swim will wrap up the "Dog Daze" of summer. Pooches and their pals (the human kind) are invited to paddle and play before the pool is closed for the season. Please be aware that all dog park/off-leash area rules apply to this event and must be followed and all dog handlers must be at least 18 years of age. Children under the age of 12 are NOT permitted. Youth 12-17 years of age must be accompanied by a registered adult. Please curb your canine before entering the pool; "accidents" can result in pool closure and an early end to the fun! Space is limited and advance registration is required for this popular event. REGISTRATION BEGINS AUGUST 5 for residents; AUGUST 12 for non-residents. Fee includes admission of one dog accompanied by a maximum of two handlers and a doggie gift bag for each pooch swimmer. No more than one dog per human, please. No on-site registration; advance registration required. Sign up early. Events can be cancelled if minimum enrollment is not met. Rain date Sunday, September 12. For more information, contact Karen Bradley at 410-313-4635 or kbradley@howardcountymd.gov.

RP3003.101	Roger Carter Rec Ctr	10-11:30am	Sep 11	Sa
RP3003.102	Roger Carter Rec Ctr	1-2:30pm	Sep 11	Sa

## Saturday Night at the Movies

5 yrs + / Dates below / \$3, Center member; \$5, Non-members

Join us each month for an evening filled with drama, excitement and action! Movie will be shown in our comfy movie lounge. Your movie ticket includes popcorn and a drink. Pre-registration required. Children 4-under no charge, but must be registered. For registration or additional information, please call 410-313-4840.

### Gary Arthur Comm Ctr @ Glenwood

RP4159.101	Old Dogs (PG)	Sep 25	7-9pm	Sa
RP4159.102	Alice in Wonderland (G)	Oct 23	7-9pm	Sa
RP4159.103	Diary of a Wimpy Kid (PG)	Nov 20	7-9pm	Sa

## The Great Snipe Hunt!

4-7 yrs / Oct 2 / \$10 per person

Parents and kids, come gather round the campfire to feast on s'mores and make a craft while preparing for the Great Snipe Hunt. Ever heard of Big Foot? How about the Loch Ness Monster? Well, Howard County has its own creature of legend: The Howard County Snipe! Children are encouraged to use their imagination as they take a wagon ride and hear a story about the infamous, hard to catch, but harmless "Howard County Snipe," the largest of the snipe species! Then venture into the woods in search of this elusive creature. Bring a large brown paper bag and flashlight for this catch-and-release event. Sponsored in part by the Elkridge Adult Athletic Association. Event designed for ages 4-7 and their parents, however, older siblings are welcome. No on-site registration; advance registration required. Sign up early. Events can be cancelled if minimum enrollment is not met. Please register by 4pm Sep. 29. Call 410-313-7275 to register. For more information, contact Karen Bradley at 410-313-4635 or kbradley@howardcountymd.gov

### Rockburn Branch Pk- West

### Pfeiffer's Corner School House

RP3005.101	7-9pm	Sa
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The Great Snipe Hunt

## The Haunted Experience at Rockburn Branch Park

Whether you choose fright or fun, a memorable experience awaits you at Rockburn Branch Park (Montgomery Rd entrance). This event is co-sponsored by the Elkridge Adult Athletic Association. Inclement weather phone number 410-313-4451. For more information contact Ann Combs at 410-313-4624 or acombs@howardcountymd.gov.

### Spooky Hayride

7 yrs + / Dates below / \$10 at the gate

An ink black night will set the stage for a spooky hay ride through the eerie trails to the ghostly dwelling deep in the woods. Awaiting you there are haunting tales of ghosts and goblins and horror that will tingle the spine! Friday 7-10pm and Saturday 6-10pm, October 22, 23, 29 & 30.

### Happy Haunted Hayride

2-7 yrs / Dates below / \$5 at the gate

It's cute, it's friendly and not so scary. This hayride is for fun – not fright! Sunday 2-4pm, October 24 & 31.

## Howl-oween Spooktacular

3-12 yrs / Oct 31 / \$7, Center Member; \$10, Non-Member

Bring the whole family for this festive occasion and "clown around" with our professional clown, enjoy treats, tattoo station and refreshments. Children can dress in their favorite costume. Pre-registration required; children must be accompanied by an adult. For registration or additional information, please call 410-313-4840.

RP4154.101	Gary Arthur Comm Ctr @ Glenwood	2-3pm	Su
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## **NEW!** Family Turkey Waddle

5 yrs + / Nov 13 / \$7, Center Member; \$10, Non-Member

Win your family's Thanksgiving turkey! Join us for a crisp early morning 1-mile fun turkey waddle. All waddlers that complete the fun walk/run will be entered into a prize drawing for a gift card that can be used towards your family's Thanksgiving. Three winners will be chosen. Event will be held rain or shine. Pre-registration required. For registration or additional information, please call 410-313-4840.

RP4161.101	Gary Arthur Comm Ctr @ Glenwood	9am	Sa
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## Holiday Vendor Fair

18 yrs + / Nov 13 / \$20 per space

Jump-start your holiday shopping at our 4th Annual Holiday Vendor Fair. You will be sure to find unique gifts and home décor at this event. Free for shoppers. For registration or additional information call 410-313-4840.

RP4157.101	Gary Arthur Comm Ctr @ Glenwood	10am-1pm	Sa
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### Holiday Mart

#### Holiday Mart

All Ages / Dec 4 / \$4, 13 yrs +; \$3, 6-12 yrs

Join us for the 38th year of this favorite annual Howard County event! You'll find seasonal gifts and merchandise created by 142 juried artisans. We will have door prizes, and a children's craft corner. Discerning shoppers know this is the place to find unique handcrafted items and home decor. You're sure to find something for everyone on your list and don't forget yourself! Smokin' Hot Barbeque of Glenwood, MD will provide hot and cold beverages, lunch concessions and snacks for purchase. For more information contact Mary Ellen Baker at 410-313-4632 or Linda Bell at 410-313-4622 or lbell@howardcountymd.gov. Gary Arthur Comm Ctr @ Glenwood 10am-5pm Sa

#### Candy Cane Hunt

3-12 yrs / Dec 12 / \$7, Center Member; \$10, Non-Member

Enjoy the winter wonderland at the community center's Candy Cane Hunt. Children will participate in the hunt throughout the center, make a craft, and warm up with hot chocolate and cookies. Pre-registration required; children must be accompanied by an adult. For registration or additional information, please contact 410-313-4840.

RP4162.101 Gary Arthur Comm Ctr @ Glenwood 2-3pm Su

#### Holiday Pizza & a Movie

5 yrs + / Dec 18 / \$5, Center Member; \$7, Non-Member

Join us as we watch the holiday favorite *Home Alone*. Movie will be shown in our comfy movie lounge. Your movie ticket includes pizza and a soda. Pre-registration required. Children 4-under no charge, but must be registered. For registration or additional information, please contact 410-313-4840.

RP4166.101 Gary Arthur Comm Ctr @ Glenwood 7pm Sa

## Upcoming Special Events

### **NEW!** Snowflake Ball for Dads & Daughters

4-12 yrs / Jan 15 / \$32 Center Member; \$40 Non-Member

Shake, rock and roll the winter blues away; Dads (or special adult) and daughters are invited to join us for an evening of fun times. This event includes refreshments, live DJ, dancing, games, craft and ice cream sundae bar. Remember your camera to capture "priceless moments." Fee includes participation of one adult and one child; each additional daughter is \$16 for Center Members and \$20 for Non-Members. Inclement weather date will be January 22. Pre-registration required. For registration or additional information, please call 410-313-4840.

RP4165.201 Gary Arthur Comm Ctr @ Glenwood 5:30-7:30pm Sa

### Daddy-Daughter Sweetheart Dance

Ages below / Jan 29 / \$40

Mark your calendars! Escort your "princess" to a fun evening of dancing to a live D.J. Dad (or special adult) and your little sweetheart can enjoy dancing, refreshments, crafts, a souvenir photo and ice cream sundae bar. Inclement weather date is Feb 5th. Registration begins in December. For more information, contact Karen Bradley at 410-313-4635 or kbradley@howardcountymd.gov.

Kiwanis-Wallas Rec Ctr 4-6 yrs 4-6pm Sa  
Kiwanis-Wallas Rec Ctr 7-11 yrs 7-9pm Sa

## Howard County Heritage Events

### Lace Day at the Thomas Isaac Log Cabin

9 yrs + / Sep 11 / Donation

Members of the Chesapeake Lace Maker's Guild return for their semi-annual trek to the Thomas Isaac Log Cabin. Master and Apprentice lace makers demonstrate various types of lace making and share their expertise on the history of lace making. Pillows for bobbin lace making will be available to the public. Come and try your hand at this delicate and ancient craft. For more information, contact Jacquelyn Galke at 410-313-5131 or jgalke@howardcountymd.gov.

Thomas Isaac Log Cabin 10am-3 pm Sa

### Candlelight Night Historic Ellicott City

All Ages / Nov 19 / Donation

Various historic sites and Ellicott City merchants open their doors and their hearts to the public. Stop by one of the historic sites before or after shopping or dining in the historic district. The following sites join in the this 20 year tradition: Thomas Isaac Log Cabin; Fire House Museum; Ellicott City Colored School, Restored; Emory United Methodist Church; Howard County Historical Society; and Howard County Tourism. Docents will be on hand to share 18th and 19th century living, customs and music. Sponsored in part by Ellicott City Restoration Foundation. For more information, contact Jacquelyn Galke at 410-313-5131 or jgalke@howardcountymd.gov.

Historic Sites Ellicott City 7-10pm F

## Put Your Next Strategic Planning Session in Proper Historical Perspective

When tomorrow's success depends upon today's occasion, call on the elegance of yesterday! Historic Waverly Mansion is just right for your next...



**Waverly**  
MANSSION

2300 Waverly Mansion Drive

owned by Howard County  
Recreation & Parks

operated and managed by  
Uptown Caterers

410-437-5711

- ✦ Business Breakfast
- ✦ Luncheon Meeting
- ✦ Day-Long Conference



**Santa's Coming to the Firehouse Museum****All Ages / Dec 4 / Free**

Santa will be at the Firehouse Museum in historic Ellicott City (page 12) to receive visitors of all ages. This is a great opportunity for the whole family to enjoy the charm of the historic village during hospitality weekend. Kids can chat with Santa and tell all the wishes. Parents, don't forget to bring your cameras. Sponsored in part by the Ellicott City Business Association. For more information, contact Jacquelyn Galke at 410-313-5131 or jgalke@howardcountymd.gov.

**Historic Sites Ellicott City 11am-4pm Sa****Candlelight Tour at Waverly Mansion****All ages / Dates below / \$5 adults; \$3 seniors; \$2 age 12-under**

See historic Waverly Mansion dressed in its holiday best while you enjoy refreshments and seasonal music provided by the Die Liedersanger Madrigal Singers. Garden clubs will be selling natural Christmas decorations in the tent during the candlelight tour. Sponsored by the Howard County Council of Garden Clubs. Pay fee at the door. The address is 2300 Waverly Mansion Drive, Marriottsville. For more information, call 410-313-7275.

Dec 5	Refreshments and music	1-4pm	Su
Dec 6	Refreshments	10am-noon	M
Dec 6	Candlelight, refreshments, music,	6:30-9pm	M

**Sports Events****Nightcrawlers Fishing Tournament**

See page 13

**Harvest Harrier 5K Trail Race****Ages below / Oct 9 / \$20 individual pre-register;****\$25 individual on-site.**

Beginning and experienced runners are invited to participate in this unique 5K cross-country race. Awards go to the top male and female runners and to the top three runners in each division. Pre-registration ends at noon on Friday, October 8. On-site registration begins at 8am. 5K begins at 9:30am. Race tee shirts are guaranteed to pre-registered runners. For more information, contact Mike Blevins at 410-313-1691.

**Rockburn Pk-West Area Pavilion / 9:30am / Sa**

RP5630.101	Male	14 yrs-under
RP5630.102	Female	14 yrs-under
RP5630.111	Male	15-19 yrs
RP5630.112	Female	15-19 yrs
RP5630.121	Male	20-29 yrs
RP5630.122	Female	20-29 yrs
RP5630.131	Male	30-39 yrs
RP5630.132	Female	30-39 yrs
RP5630.141	Male	40-49 yrs
RP5630.142	Female	40-49 yrs
RP5630.151	Male	50-59 yrs
RP5630.152	Female	50-59 yrs
RP5630.161	Male	60 yrs +
RP5630.162	Female	60 yrs +

**Celebration of Sports****18 yrs + / Oct 19 / \$38 Individual, \$350 table of 10**

Join us along with other organizations and businesses with a vested interest in community sports in Howard County for a Celebration of Sports at the Turf Valley Resort, Turf Valley Road, Ellicott City, MD. Share the evening's events as we induct members into the Community Sports Hall of Fame, honor GoodSports recipients and enjoy a delicious buffet dinner. Seating begins at 6pm. For more information, call 410-313-4711. Tickets purchased after October 8 will be held at will call.

RP6600.101	Individual	Turf Valley Resort	6-10pm	Tu
RP6600.111	Table of 10	Turf Valley Resort	6-10pm	Tu

**Tuesday October 19, 2010**

**Celebration of Sports is an event honoring Community Sports Hall of Fame recipients, past inductees and GoodSports award winners. See entry below for more information or contact Mike Blevins at 410-313-1691.**

**Celebration of Sports Golf Tournament****Oct 14 / \$340 per foursome / \$85 individual**

Celebrate community sports and enjoy and day on the links. Don't miss out on your chance to win some great prizes! Fee includes lunch, green fees, cart, use of driving range, awards and hole prizes. Format is best ball scramble. Registration at 8:30am, shotgun start at 9:30am. For more information, contact Mike Blevins at 410-313-1691.

RP6601.101	Foursome	Timber's at Troy Golf Course	Th
RP6601.102	Individual	Timber's at Troy Golf Course	Th

**Kangaroo Kids Fall Jump Rope Event****6 yrs + / Nov 13 / \$50**

You are invited to join the Kangaroo Kids for a day of fun and fitness. The Kangaroo Kids precision jump rope team is offering a day of jump rope instruction in single rope, double dutch, and long rope at beginner, intermediate, and advanced levels. This is a great time to learn new jump rope skills and to master your current skills. Jump rope instruction is provided by experienced coaches and jumpers. This event is for participants ages 6 and up, children ages 6-9 must be accompanied by an adult. All participants must wear athletic shoes. Jump ropes will be available for participants to borrow during the workshop or they may purchase a rope at the event. Jump ropes and jump rope related merchandise will be available for purchase during the day. Lunch may be purchased at Glenwood. This event runs from 9am to 4pm. For more information, contact Mike Blevins at 410-313-1691.

**RP6360.101 Gary Arthur Comm Ctr @ Glenwood 9am-4pm Sa****Howard County Double Cross - HoCo2xCx****All ages / Nov 20 and 21 / \$25, Elites; \$20, Adults; \$10, Juniors; Children Free**

The fast-growing and wildly entertaining combination of on- and off-road bicycle racing returns to Howard County. Howard County Double Cross features two days of cyclocross races for men, women, boys, and girls of all ages and abilities including a FREE "Lil' Belgians" kids' fun race for ages 10 and under. Spectate for free as national-caliber racers compete for a total purse of \$3,000 and series points in races 9 and 10 of the 11-race MABRAcross Series. Annual USA Cycling license required for Category 1, 2, and 3 riders. One-day licenses available for Category 4, junior, and master riders. Hosted by HCRP, Adventures For the Cure, Team BBC and BKS/LSV. Visit [www.HoCo2xCx.com](http://www.HoCo2xCx.com) for more information.

**Schooley Mill Pk and Rockburn Branch Pk 9am-5pm Sa**



## Places to Visit

### Ellicott City Colored School, Restored

This one-room schoolhouse building was constructed in 1880 as the first public school for black children in Howard County. In use as a school until the early 1950's, the building was re-purchased by the county in 1995 and restored with the assistance of public and private funding. The building, located at 8683 Frederick Road, Ellicott City, now houses a genealogical resource center and a museum chronicling the history of African Americans in Howard County. Changing exhibits and seminars highlight the contributions by people of color to the history of the region. Tours are offered Saturday and Sunday at 3pm, April through October. Private and group tours are available year-round, weather permitting. For more information, contact Jacquelyn Galke at 410-313-5131 or [jgalke@howardcountymd.gov](mailto:jgalke@howardcountymd.gov).

### Firehouse Museum

Located in the County's first firehouse at the intersection of Main St. and Church Rd. in Historic Ellicott City, the Firehouse Museum houses a wide array of fire apparatus, model toys, and an impressive visual history of Howard County's Volunteer Fire Department. The firehouse was constructed by volunteers in 1889 and after 1923 used as a meeting hall, county office space, and library reading room before opening as a museum. Visit the Firehouse Museum Saturday and Sunday at 1-4pm, April through December. Private and group tours are available year-round, weather permitting. For more information, contact Jacquelyn Galke at 410-313-5131 or [jgalke@howardcountymd.gov](mailto:jgalke@howardcountymd.gov).

### Patapsco Female Institute Historic Park

Situated on a hilltop overlooking the Patapsco River Valley, The Patapsco Female Institute was founded in 1837 as an elegant finishing school for young women. The stabilized ruins of the Greek revival structure are open for tours, and serve as a beautiful setting for special events including weddings, receptions, camps, and open-air theatre. The Patapsco Female Institute Historic Park is located at 3655 Church Road in historic Ellicott City. Tours are on Saturday and Sunday at 1:30pm, April through October. Private and group tours are available year-round, weather permitting. For more information and scheduling special events and rentals, contact Jacquelyn Galke at 410-313-5131 or [jgalke@howardcountymd.gov](mailto:jgalke@howardcountymd.gov).

### Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott's Mills. The cabin was reconstructed on the present site in the late 20th Century. Here, visitors can learn about the settlement and development of the region and artisans. The cabin is located at the intersection of Main Street and Ellicott Mills Drive in Historic Ellicott City, and open Saturday and Sunday at 1-4pm, April through December. Private and group tours are available year-round, weather permitting. For more information, contact Jacquelyn Galke at 410-313-5131 or [jgalke@howardcountymd.gov](mailto:jgalke@howardcountymd.gov).

### Waverly Mansion

This property is associated with many of the "founding families" of Maryland and is listed on the National Register of Historic Places. Nathan Dorsey, son of Colonel John Dorsey, built the main section of the mansion between 1756 and 1764. The property was later sold to Revolutionary War Hero, Colonel John Eager Howard, governor of Maryland from 1788 to 1790. Colonel Howard gave the house and land to his son, George, who later served as governor of the state (1831-1833). George Howard and his wife, Prudence, a member of the Ridgely family, named their estate after the popular Sir Walter Scott novel, Waverley. The restored mansion, furnished with period antiques, is open for special programs and tours by appointment. It is also a popular place for weddings, parties, and meetings. For more information, contact Uptown Caterers at 410-437-5711.

For a complete list of historic places to visit, go to [http://www.co.ho.md.us/RAP/RAP\\_HistoricalSites.htm](http://www.co.ho.md.us/RAP/RAP_HistoricalSites.htm)



Ellicott City B&O Railroad Station Museum

### Ellicott City B&O Railroad Station Museum

**\$5 adults, \$4 students and seniors, \$3 ages 2-12**

A National Historic Landmark, the Baltimore and Ohio (B&O) Railroad Station in Ellicott City is the oldest railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. The museum is located at the intersection of Main St. and Maryland Ave. in the Historic District of Ellicott City (2711 Maryland Avenue, 21043). For information, call 410-461-1945 or visit [www.ecborail.org](http://www.ecborail.org).

**11am-4pm W-Su**

**The last admission is 30 minutes before closing**

### Roads to Rails

Roads to Rails, an exhibit on the Historic National Road & the B&O Railroad Experience, the story of our Nation's drive to improve travel from the horse drawn coaches and wagons of the Historic National Road to the steam engines of the Baltimore & Ohio Railroad. Costumed living historians engage visitors in day to day activities of 19th Century life. This is available July 3 - November 7, 2010.

**11am-4pm W-Su**

### Blacksmith Day

**Sep 25**

Celebrate the Ellicott City Fall Fest by joining members of the Blacksmith Guild of Central Maryland at their forges on the B&O Plaza. The station provides a rare opportunity to watch blacksmiths ply their trade and for children to try their hand at forging plasticene clay with wooden hammers.

**11am-4pm Sa**

### Santa Comes to Historic Ellicott City

**Nov 26, 27 & 28**

Santa kicks off this year's Holiday Festival of Trains at the Station by joining the living historians of Historic Ellicott City. Santa is timeless, but like the rest of us, he has changed his style of clothing throughout the ages. Meet our Patriotic-Victorian Santa as he first appeared in the pages of "Harpers Weekly" in 1862.

**11am-4pm F-Su**

### Holiday Festival of Trains

**Nov 26-Jan 30**

This year's celebration of toy trains and model railroading is bigger and better than ever. Visit the oldest surviving railroad station in America decked in its Victorian finest. Maryland's train garden tradition is showcased throughout the station with O, N & HO gauge layouts including Thomas the Tank Engine and his friends.

**11am-4pm W-Su**



## Nature & Outdoor

Children ages 15 & under must be registered and attend with a registered adult.

### Custom Adventure & Nature Programs

Let us work with you to design a unique adventure. You gather your scout group, school group, or friends and we will do the planning and leading. Activity choices include nature birthday parties, nature hikes, hiking, canoeing, rock climbing, kayaking, tubing, camping and biking. Call 410-313-4623 or email dthomas@howardcountymd.gov now to schedule some excitement!

## Fishing

### Nightcrawlers Fishing Tournament

5 yrs + / Sep 11 / \$25

Boat or shoreline anglers can fish for prizes in this catch-and-release event. Youth win trophies and are entered in a random prize drawing. Adults win cash prizes and trophies. Categories include bass, bluegill, crappie, trout and catfish. Fishing license is required for age 16-up; electric motors only, with a minimum of two people per boat. Call 410-313-4623 or visit [www.hcrpsports.com](http://www.hcrpsports.com) to download a flier and rules. Register on-site or in advance. Advance registrants receive a tournament t-shirt; check-in begins at 4:30 p.m. For more information, contact Dawn Thomas at 410-313-4623.

RP9151.101	Centennial Pk South	5-13 yrs	5-10pm	Sa
RP9151.111	Centennial Pk South	14 yrs +	5-10pm	Sa

*"Was a great father son experience and this year I plan to bring my other son who will be old enough to start fishing."*

~ Allan Scheufele

Nightcrawlers Fishing Tournament

## Nature Discoveries

### **NEW!** Planet Nature: Parent/Child Discovery Hour

3½-5 yrs / 4 wks starting Sep 24 / \$45

In this parent-child program, share the wonders of nature through discovery walks, nature stories and crafts. Weekly themes include Going Buggy, Migration Madness, Woodland Discovery, and Nature's Harvest. For more information, contact Stephanie Haas at 410-313-4719.

RP9525.101	Centennial Pk South - Pavilion G	10-11am	F
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### **NEW!** Meadowbrook & Rockburn at Night - Nature Walks

All ages / Dates below / \$7

It's critter time at the parks! Let us lead you on a flashlight journey on the trails in search of foxes, owls, bats and other friends that come out to play after sundown. For more information, contact Stephanie Haas at 410-313-4719.

#### Meadowbrook Pk – Hawksview Pavilion

RP9530.101	Critter Crawl	Sep 25	8-9pm	Sa
RP9530.102	Owl Prowl	Oct 2	8-9pm	Sa

#### Rockburn Pk West Pavilion

RP9530.103	Critter Crawl	Oct 8	8-9pm	F
RP9530.104	Owl Prowl	Oct 15	8-9pm	F

### Tykes, Snails & Tales: The Fall Edition with Linda Hitzelberger

4-5 yrs / 4 wks starting Sep 21 / \$65

Come taste nature and learn about fall while hiking, doing a craft, and eating a little treat with Ms. Linda. Weekly topics include: Weather Wonders, Muddy Buddies, A Bug's Life, and Signs & Seeds of Fall. For more information, contact Stephanie Haas at 410-313-4719.

RP9946.101	Triadelphia Ridge ES	9:30-11:30am	Tu
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## Campfires

### Halloween Campfire

All Ages / Dates below / \$10 Individual, \$25 Family

Enjoy a relaxing evening around the campfire. Take a spooky walk in the twilight, and then gather around the campfire for stories, songs and s'mores. Bring a flashlight and a blanket. Costumes are optional. Family fee is for three or more immediate family members. For more information, contact Stephanie Haas at 410-313-4719.

#### Rockburn Pk West – Campfire Ring

RP9020.101	Oct 9	6-7:30pm	Sa
RP9020.102	Oct 16	6-7:30pm	Sa

*"We had a nice time, my daughter especially enjoyed the s'mores portion of the evening."*

~ Andrea Thompson

Halloween Campfire

## Outdoor Skills & Camping



Parent/Child Camping

### Parent/Child Camping in the Park

All Ages / Sep 24-25 / \$55 + \$10 each additional family member

Give your child an introduction to camping. Go on a flashlight walk and enjoy campfire activities. Bring a tent and sleeping bags; snacks and breakfast are provided. Tents are available to borrow; indicate when registering. For more information, contact Stephanie Haas at 410-313-4719.

RP9091.101	Rockburn Pk West - Campfire Ring	F, 6:30pm - Sa, 10am (Overnight)
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**Outdoor Survival: Are You Prepared?****13 yrs + / Oct 23 / \$17**

In this one-day class, you will get a hands-on introduction to important skills essential for enjoying a hike in the great outdoors. You will learn how to prepare for your trip in order to avoid common problems, what clothes to wear, and what essential items to bring with you anytime you plan to venture into the wild, whether on or off-trail. You will also learn specific skills including basic introduction to land navigation with map and compass, fire building and how to make an effective emergency shelter using inexpensive and natural materials. Bring a bag lunch and beverage (no nut products). For more information, contact Stephanie Haas at 410-313-4719.

**RP9061.101 Rockburn Pk - Campfire Ring 9am-4pm Sa****Astronomy****Moonstruck  
with Howard Astronomical League****7 yrs + / Oct 16 / \$9**

How did the Moon form? What are the lunar seas? How do craters help explain our geological history? How does the Moon affect life on Earth? Enjoy fun and facts about our nearest celestial neighbor. Weather permitting; use telescopes to observe craters, mountains, valleys, and other lunar features. Live detailed views on a television monitor provided using an image feed from one of the telescopes. For more information, contact Stephanie Haas at 410-313-4719.

**RP9528.101 Alpha Ridge Pk - Pavilion 1 6:30-8:30pm Sa****Biking****Biking Classes with Bicycling Advocates  
(BAHC) of Howard County and MORE****11 yrs + / Dates & prices below**

Whether you are a beginning bicyclist or are looking to brush up on your skills, the BAHC and the Mid-Atlantic Off Road Enthusiasts have the knowledge to take you anywhere from the road to the mountains. Learn riding safety, equipment basics, repair and maintenance fundamentals, and essential riding techniques all while following one basic principle: It's supposed to be fun! Cyclo-Cross consists of many laps of a short course featuring pavement, wooded trails, grass, steep hills and obstacles; bring a mountain bike or cyclo-cross bike. Road Biking and Mountain Biking include 2 hours for equipment check and riding (bring your bicycle for these courses). Visit [www.hcrpsports.com](http://www.hcrpsports.com) for course outlines. For more information, contact Dawn Thomas at 410-313-4623.

**Cyclo-Cross for Beginners Rockburn Pk - Pavilion****RP9300.101 Sep 12 8:30am-12:30pm Su \$25****Mountain Biking for Beginners: Rockburn Pk - Pavilion****RP9300.102 Sep 12 1pm-5pm Su \$25****Road Biking for Beginners: HC Health Dept - Gateway****RP9300.103 Sep 19 8:30am-12:30pm Su \$25****Bicycle Commuting for Beginners: Rec & Parks HQ****RP9300.103 Sep 19 1pm-4pm Su \$10****Canoeing & Kayaking**

- *Earn a certificate and patch by taking a flat water paddling basics class and paddling our series of three Maryland Waterways at least once within a three-year period.*
- *Fees are per person. Canoes are two person boats; kayaks are either single or double.*

**Flat Water Canoe Paddling Basics****10 yrs + / Sep 11 / \$35**

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a canoe. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program. Detailed information will be mailed to participants. For more information, contact Dawn Thomas at 410-313-4623.

**Centennial Pk South - Concession Dock****RP9120.101 9:30am-noon Sa****Flat Water Kayak Paddling Basics****10 yrs + / Sep 11 / \$35**

Learn flat water paddling techniques, self-rescue, safety, gear selection and how to load a kayak. Participants ages 10-15 years will be placed in a double kayak with an accompanying registered adult. Fee includes both participants. Wear loose-fitting layers of warm clothing. This is an American Canoe Association certified instructional program. Detailed information will be mailed to participants. For more information, contact Dawn Thomas at 410-313-4623.

**Centennial Pk South - Concession Dock****RP9125.101 9:30am-noon Sa****RP9125.102 1-3:30pm Sa****Float the Potomac River****Ages below / Sep 12 / \$47 Canoe or Double Kayak,  
\$68 Single Kayak**

Nature enthusiasts and families can discover the beauty of scenic Potomac River northwest of Harpers Ferry on this one-day trip. Beginner to intermediate paddlers welcome. All paddlers must complete our Flat Water Canoe or Kayak Paddling Basics class before the trip. Fee includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Details will be mailed. For more information, contact Dawn Thomas at 410-313-4623.

**Meet at Centennial Pk South - Overflow Parking****RP9123.101 Canoe 10 yrs + 9am-6pm Su****RP9123.102 Double Kayak 10 yrs + 9am-6pm Su****RP9123.111 Single Kayak 16 yrs + 9am-6pm Su****Float the Antietam****Ages Below / Sep 19 / \$47 Canoe or Double Kayak,  
\$68 Single Kayak**

Nature enthusiasts and families can enjoy a day of paddling on Antietam Creek near Sharpsburg, Md. Choose a canoe, double kayak or single kayak. Beginner to intermediate paddlers welcome. All paddlers must complete our Flat Water Canoe or Kayak Paddling Basics class before the trip. Fee includes transportation, leadership and boats; bring lunch (no nut products) and beverage. Details will be mailed. For more information, contact Dawn Thomas at 410-313-4623.

**Meet at Centennial Pk. South - Overflow Parking****RP9124.101 Canoe 10 yrs + 9am-6pm Su****RP9124.102 Double Kayak 10 yrs + 9am-6pm Su****RP9124.111 Single Kayak 16 yrs + 9am-6pm Su**

## Float Blackwater National Wildlife Refuge

**Ages Below / Sep 26 / 1 Day / \$47 Double Kayak / \$68 Single Kayak**

Paddle the tidal marshes of Blackwater National Wildlife Refuge on this one-day flat water trip. Enjoy the scenery of mixed evergreen and deciduous forests, which are home to the Bald Eagle and endangered Delmarva Fox Squirrel. Beginner to intermediate paddlers welcome. All paddlers must complete our Kayak Paddling Basics class before the trip. Fee includes transportation, leadership and boats; bring lunch and beverage (no nut products); details will be mailed. For more information, contact Dawn Thomas at 410-313-4623.

**Meet at Centennial Pk South - Overflow Parking**

RP9126.101 Double Kayak 10 yrs + 8am-6pm Su

RP9126.111 Single Kayak 16 yrs + 8am-6pm Su

## Trail Hikes

- All hikes leave from Long Gate Park & Ride.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.
- Thanks to Mary Boeckman, John Breivogel, Henry Ellis, John Singleton and Tom Watts for being volunteer leaders on our hiking trips
- Visit [hcrpsports.com/trailhikes](http://hcrpsports.com/trailhikes) for complete hike descriptions and more information on our trail hiking program. For more information, contact Dawn Thomas at 410-313-4623.

## Antietam National Battlefield Hike & Tour

**8 yrs + / Sep 11 / \$17**

RP9181.101 Long Gate Park & Ride 8am-4pm Sa

## Great Falls Circuit

**8 yrs + / Nov 20 / \$17**

RP9184.101 Long Gate Park & Ride 8am-4pm Sa

## Catoctin on the Rocks

**8 yrs + / Dec 4 / \$17**

RP9185.101 Long Gate Park & Ride 8am-4pm Sa

## Maryland Appalachian Trail

**8 yrs + / Dates below / 8am-4pm / \$17**

The Appalachian Trail (AT) in Maryland follows a 40-mile route along the backbone of South Mountain and features beautiful views. While these sections feature moderate to moderately difficult terrain they are easier (by AT standards) than other sections and a good place to find out if you're ready for more rugged parts of the Trail. Trip leaders will interpret points of interest and provide a glimpse of Maryland's history and folklore. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a three-year period.

**MD AT # 1 High Rock to Rte 16, PA**

RP9180.101 Long Gate Park & Ride Sep 25 8am-4pm Sa

**MD AT # 2 High Rock to Wolfsville Rd**

RP9180.102 Long Gate Park & Ride Oct 9 8am-4pm Sa

**MD AT # 3 Wolfsville Rd to Rte 40**

RP9180.103 Long Gate Park & Ride Oct 23 8am-4pm Sa

## Catoctin Trail

**8 yrs + / Nov 6 / \$17**

Families and individuals can catch a glimpse of Maryland's history and folklore while they enjoy hiking on the Catoctin Trail. The 27-mile trail runs from Gambrill State Park through the Frederick City Watershed and ends in Catoctin Mountain Park. Nine miles of the trail crisscross through Cunningham Falls State Park. Earn a certificate and patch by hiking each of the four sections in the series at least once within a three-year period.

**CAT #3 Hunting Creek to Houck Area**

RP9183.101 Long Gate Park & Ride 8am-4pm Sa

## Volunteer Opportunities

*The mission of the volunteer program is to enhance the programs and services of the Recreation and Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including: preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. To volunteer with Howard County Recreation and Parks, you must:*

- Be at least 18 years of age or have parental consent (ages 13-17)
- Complete the Volunteer Application and Agreement Form
- Be a good role model with a positive attitude.
- If age 18-over, complete a Background Release Form. To sign up or get more information about our volunteer opportunities contact Ann Combs, Volunteer Coordinator at 410-313-4624 or [acombs@howardcountymd.gov](mailto:acombs@howardcountymd.gov).

## Family Volunteer Day – \*New date

**All ages / Nov 6, rain date Nov 13**

Join family and friends at the 11th Annual Family Volunteer Day. This day has been designated as a time for families and friends, and scout and religious organizations to increase their sense of unity by performing tasks that will improve your community. Spend quality time together and teach children about caring as you help beautify local parks and historic sites. Bring a canned good or paper product for distribution to the Howard County Food Bank. For additional information and/or to register contact Ann Combs at 410-313-4624 or [acombs@howardcountymd.gov](mailto:acombs@howardcountymd.gov) for a work-site location.

**County Parks 9am-noon Sa**

*For additional exciting volunteer opportunities please visit our website at [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)*

***Volunteer***  
***It's fun & fulfilling!***  
**Call 410-313-4624 for details!**

## Trips & Tours

### Family

All children under 18 must be accompanied by an adult.

#### Washington Post Tour

10 yrs + / Aug 24 / \$40

Bring the kids and see how newspapers are made. Take a tour of the printing plant in College Park, MD. Informative for the whole family. Walking and standing during the tour. Lunch is on your own. For more information, contact Ginny Russ at 410-313-7279.

RP4512.801 Bain Ctr & Normandy Shopping Ctr 8:30am-4pm Tu

#### US Tennis Open 2010

8 yrs + / Sep 3 / \$169

Don't miss this opportunity to see top-notch tennis stars compete in the US Open at Billie Jean King Tennis Center in New York. Enjoy the fast-paced, exciting matches of the Grand Slam tennis season's final event. Watch a favorite athlete battle on the courts for the title of US Open Champion. Stadium seating in the sun, bring sun screen and hat. There will be a lot of walking from the bus drop-off area to the stadium. Reserved tickets for Arthur Ashe Stadium included in fee. Only one departure point, this trip only. For more information, contact Ginny Russ at 410-313-7279.

RP4502.101 Long Gate Park & Ride 6am-midnight F

#### Statue of Liberty and Ellis Island

8 yrs + / Sep 18 / \$83

Journey to New York City for a visit to the Statue of Liberty and Ellis Island. Located on a 12-acre island, the Statue of Liberty was a gift of friendship from the people of France as a symbol of freedom and democracy. Ellis Island was the first stop for many of the immigrants who came to this country from 1892-1924. Join us on this fun and patriotic trip! Bring your lunch to eat on the bus. Meal stop at Cracker Barrel on the way home is on your own. For more information contact Ginny Russ at 410-313-7279.

RP4546.101 Bain Ctr & Normandy Shopping Ctr 7:30am-10:30pm Sa

#### **NEW!** Orioles vs. Yankees

6 yrs + / Sep 19 / \$59

Those dreaded bad boys of New York are back! Come catch all the fun and excitement of major league baseball! Root for our home team and maybe we will bring the Birds some luck! Seating in lower reserve section, rows 3, 4 and 5; this section is under cover. Fee includes transportation and your entry ticket; meals are on your own. Play ball! For more information, contact Ginny Russ at 410-313-7279.

RP4526.101 Bain Ctr & Normandy Shopping Ctr 11:30am-5:30pm Su

#### **NEW!** Cirque du Soleil at National Harbor

6 yrs+ / Oct 1 / \$83

The world famous Cirque du Soleil is coming to town!! With their only visit to the Baltimore-Washington area, the show will be under the blue and yellow Grand Chapiteau (tent) at the National Harbor, MD. The Cirque du Soleil shows are the premier venue for exciting aerialists, acrobats and performers from all over the world. One of the newest shows, OVO is a headlong rush into a colorful world of non-stop energy and movement. Register soon, limited seating in section 204, rows H, I and J. Prepare to be amazed!! Transportation by mini-bus, no bathroom on board, you may bring a meal on the bus. For more information, contact Ginny Russ at 410-313-7279.

RP4527.101 Bain Ctr & Normandy Shopping Ctr 2-8pm F

#### National Apple Harvest Festival

6 yrs + / Oct 2 / \$55

This festival has been celebrating beautiful crafts, great music and wonderful food for over forty years. The festival has something for everyone with hundreds of arts and craft dealers, demonstrations, contests, food stands and entertainment. Located in Arendtsville, PA, this event is a fun way to spend the day with the whole family! Lots of walking but with plenty of places to sit and relax. Meals are on your own. For more information, contact Ginny Russ at 410-313-7279.

RP4528.101 Bain Ctr & Normandy Shopping Ctr 7am-6pm Sa

#### Air and Space Museum

6 yrs + / Oct 14 / \$40

School is out!! Perfect time to grab the family and head for the Smithsonian's Udvar-Hazy Air and Space Museum in Sterling, VA. Spend the day among all the transportation treasures. You are on your own to view the Enola Gay and the space shuttle, take a tour, see an IMAX movie plus much more. Lots of walking, meals and movies are on your own. For more information, contact Ginny Russ at 410-313-7279.

RP4530.101 Bain Ctr & Normandy Shopping Ctr 9am-4pm Th

#### **NEW!** Oklahoma!

10 yrs + / Oct 31 / \$91

Be one of the first to enjoy top notch entertainment at the newly opened Arena Stage after their \$125 million makeover. The Arena Stage is celebrating their 60th Anniversary by returning to the waterfront in southwest Washington, DC. This newly created "jewel box" cradles three theaters in a soaring architectural vision. The first production in the new theater celebrates with *Oklahoma!* - the great American musical. Set to the unforgettable music of Rodgers and Hammerstein, this beloved masterpiece will sing and dance its way into your heart with a rip-roaring, barn-shaking, boot-stomping show. Oh, what a beautiful day! Limited seating; you may bring a meal on the bus. Transportation by mini-bus, no bathroom on board. For more information, contact Ginny Russ at 410-313-7279.

RP4536.101 Bain Ctr & Normandy Shopping Ctr noon-6pm Su

#### DC Museums

6 yrs+ / Nov 5 / \$43

Pick a museum, any museum along the Washington, DC National Mall area. The bus will make several stops to drop off and pick up. The Air and Space, several art museums, Natural History, American History plus much more are all within walking distance. A great way to spend the day with the kids, school is out! Meals on your own, a lot of walking! For more information, contact Ginny Russ at 410-313-7279.

RP4537.101 Bain Ctr & Normandy Shopping Ctr 9am-4pm F

#### Veteran's Day at Arlington Cemetery

6 yrs + / Nov 11 / \$45

Honor our Veterans with a visit to Arlington Cemetery in Arlington, VA. There are several opportunities to pay your respects to our fallen heroes. There is a ceremony in the Memorial Amphitheatre with many dignitaries. You may want to visit the gravesite of President and Mrs. Kennedy and now Senator Ted Kennedy as well. Tram transportation available at the cemetery but there may be some walking on uneven and hilly terrain; wear appropriate shoes. Washington, DC guide Fran Grecourt will lead the way and will give you historical background information. You may bring snacks on the bus as you will have a late lunch. Security check, bring photo ID and leave large items on the bus. You may want to bring a mat for the cement seating of the amphitheatre and dress warmly! Late lunch will be at Pentagon City Mall. School holiday, bring the kids! For more information, contact Ginny Russ at 410-313-7279.

RP4540.101 Bain Ctr & Normandy Shopping Ctr 7:30am-4pm Th



## Revels!

6 yrs + / Dec 4 / \$82

The Washington Revels' 27th annual celebration of the Winter Solstice transports us to Italy at the end of the 15th century. Come celebrate the turning of the year, art and inventions, Italian holiday traditions and the magic of the season. Enjoy glorious music, rousing dance and an eclipse of the sun! Join the acclaimed Revels Company (over 75 performers, ages 8 to 80) on this colorful journey to seasons past. This celebrated cultural tradition will take place at the Lisner Auditorium of The George Washington University in Washington, DC. Limited orchestra seating. Transportation is by mini-bus; no bathroom on board. For more information, contact Ginny Russ at 410-313-7279.

RP4542.101 Bain Ctr & Normandy Shopping Ctr noon-6pm Sa

## Mrs. K's and Mormon Temple

10 yrs + / Dec 7 / \$74

We return to an old family favorite, Mrs. K's Tollhouse Restaurant in Silver Spring, MD. Remember when you went there as a kid, it was always the place to go for special occasions. The over-the-top decorations and the many antiques are always a sight to see. Menu choice: #1-Pork Loin, #2-Chicken Marsala, #3-Grilled Salmon, #4-Linguini Pasta with artichoke hearts and tomatoes. Each entrée served with salad, rolls, beverage and ice cream for dessert. After your meal, journey to the Mormon Temple Visitors Center in Kensington, MD to view over 450,000 colored lights and all the holiday activities, a musical presentation and wonderfully decorated trees. Mrs. K's is a historic building with steps which may be an issue for those with mobility concerns. There is some walking at the Mormon Temple. For more information, contact Ginny Russ at 410-313-7279.

RP4543.101 Bain Ctr & Normandy Shopping Ctr 4-10pm Tu

## New York City

6 yrs + / Dec 11 / \$85

Grab the kids and grandchildren and head for one of the most exciting cities in the world! Spend the day on your own in the Big Apple with all the wonderful sights and events. Visit the tree in Rockefeller Center, see a show, do some shopping, visit a museum and enjoy a great meal. The possibilities are endless! You will be dropped off and picked up in the heart of the city; lots of walking. For more information, contact Ginny Russ at 410-313-7279.

RP4545.101 Bain Ctr & Normandy Shopping Ctr 6am-midnight Sa

## Botanic Garden and Pageant of Peace

6 yrs + / Dec 14 / \$40

Start your evening with a visit to the United States Botanical Garden in Washington, DC. Located near the US Capitol (with a good view of the lit Capitol tree), the gardens are decorated for the holidays with beautiful arrangements and a charming miniature train display that will delight both young and old alike. After your visit, re-board the motor coach and make your way to the Ellipse, the grassy area south of the White House. View the National Christmas Tree and the Pageant of Peace. The Pathway of Peace has smaller decorated trees representing all 50 states. A lot of walking involved on uneven terrain, wear practical footwear. You may bring a meal on the bus. For more information, contact Ginny Russ at 410-313-7279.

RP4551.101 Bain Ctr & Normandy Shopping Ctr 4-10pm Tu

## Radio City Music Hall

6 yrs + / Dec 18 / \$181

Venture to the most exciting city in the world and see one of the longest-running and beloved shows of the holiday season. This wonderful holiday tradition is fun for the whole family. Enjoy the Radio City Music Hall Christmas Spectacular with the Rockettes, Dancing Santas, March of the Wooden Soldiers and all the holiday pageantry. Once in New York City, you are on your own. Tickets will be given out on the bus for ORCHESTRA SEATING (rows F, G, H, J in the 600 section) at the 2pm show. You will be dropped off and picked up in the heart of the city, lots of walking! No stop on the way to the city, on the return there will be a fast food stop. You may bring food and coolers on the bus. For more information, contact Ginny Russ at 410-313-7279.

Bain Ctr & Normandy Shopping Center

RP4547.101 6:30am-10:30pm Sa

## BSO Holiday Spectacular

6 yrs + / Dec 19 / \$84

The holiday tradition continues with a trip to The Meyerhoff Theatre in Baltimore, MD for music and fun. The Baltimore Symphony Orchestra under the direction of Jack Everly presents a wonderful show that will get you in the holiday spirit. Join us for all the singers, dancers, musicians, tap dancing Santas, special guests and much more. Bring the whole family for the exciting matinee show; grand tier seating in rows B, C & D. For more information, contact Ginny Russ at 410-313-7279.

RP4548.101 Bain Ctr & Normandy Shopping Ctr 12:30-5:30pm Su

## **NEW!** West Side Story at The Hippodrome

13 yrs + / Apr 23 / \$119

From the first note to the final breath, *West Side Story* is one of the most memorable musicals and greatest love stories of all time. The score is widely regarded as one of the best ever written with such classics as "Tonight," "America," "Maria" and many more. This show is enjoying a revival on Broadway with a new and exciting production and the touring group is heading for Baltimore. Great orchestra seats. Transportation is by mini-bus; no bathroom on board. For more information, contact Ginny Russ at 410-313-7279.

RP4512.301 Bain Ctr & Normandy Shopping Ctr Noon-6pm Sa

Adult 18+

## Bromo Seltzer Arts Tower

18 yrs + / Nov 6 / \$40

The Emerson Bromo-Seltzer Tower has been a Baltimore landmark since its construction in 1911 and was the tallest building in Baltimore at that time. The historic structure, which is listed on the National Registry of Historic Places, was modeled after the Palazzo Vecchio in Florence, Italy. The building now houses state of the art studios for creative residents working to develop their specialties which include playwriting, oils, photography, watercolors, plus much more. Enjoy a visit to the various studios and then have shopping time and lunch on your own at the nearby Inner Harbor. Some walking. For more information, contact Ginny Russ at 410-313-7279.

RP4538.101 Bain Ctr & Normandy Shopping Ctr 9am-4pm Sa

## **NEW!** Jersey Boys

18 yrs + / Feb 19 / \$142

Hurry and snap up these tickets for the hottest show in town. *Jersey Boys* has been wowing audiences since it first appeared on Broadway. This fun packed show is on the road again and making a stop in Baltimore at The Hippodrome Theatre. We have great orchestra seats, come and sing along with us! Tickets will not last long so be sure to act fast. This show is for mature audiences as there is some strong language! For more information, contact Ginny Russ at 410-313-7279.

RP4510.201 Bain Ctr & Normandy Shopping Ctr 12-6pm Sa

## **NEW!** Les Miserables at the Hippodrome

18 yrs + / Mar 5 / \$119

One of the most beloved shows is coming to Baltimore. *Les Miz* has been thrilling theatre audiences since 1987, when it was nominated for a Tony Award for Best Musical. The show takes place during the French Revolution and is based on a novel by Victor Hugo. The songs from the play are unforgettable and include "I Dreamed a Dream," "Do You Hear the People Sing," "Bring Him Home" and many more. Come enjoy once again and answer the question of what we are willing to sacrifice in pursuit of love and justice. Limited orchestra seating, transportation is by mini-bus, no bathroom on board. For more information, contact Ginny Russ at 410-313-7279.

RP4511.301 Bain Ctr & Normandy Shopping Ctr 12-6pm Sa

## Gary J. Arthur Community Center at Glenwood

formerly



**Glenwood**  
community center



### ***Come Celebrate with Us!***

*Looking for the perfect place to hold your event?*

*We have the place for you!*

Gary J. Arthur Community Center at Glenwood provides a wonderful indoor setting for any event, or take advantage of our lovely courtyard and take it outdoors.

Our event coordinator will assist you with planning your event.

Birthday Party Packages are available, and include your choice of theme, decorations and the perfect room.

**Call us or stop by the Center for additional rental opportunities**

**[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) 410-313-4840**

## Adult 55+

*These trips are planned especially for adults 55+ and their guests 18+ unless stated otherwise.*

### **Della Notte**

**55 yrs + / Aug 18 / \$74**

Enjoy August's Lunch Bunch at the elegant Della Notte Italian Restaurant in Baltimore's Little Italy, serving classically inspired contemporary Italian cuisine. Feast on Caesar Salad followed by a choice of Pappardelle (beef, veal and pork Bolognese with diced tomatoes, marinara and a splash of cream), Ravioli or Chicken Marsala with shallots and mushrooms; each entrée served with beverage and tiramisu for dessert. Some time at the Inner Harbor after lunch. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

**RP4511.801 10:30am-3:30pm W**

### **Nunsense at Toby's**

**55 yrs + / Aug 25 / \$48**

This play will lift your spirits with lots of fun and excitement! See what happens when the Little Sisters of Hoboken try to raise money to bury sisters accidentally poisoned by Sister Julia, the convent cook. Join us at Toby's Dinner Theatre of Columbia, MD for a great show and delicious buffet lunch. Meet the trip leader in the theatre lobby, no transportation provided. Doors open at 10:30am. Be prepared to laugh and have a great time! For more information, contact Ginny Russ at 410-313-7279.

**RP4520.801 Toby's Dinner Theatre 10:30am-3:30pm W**

### **NEW! Workhouse Arts Center**

**55 yrs + / Sep 1 / \$45**

The mission of this vibrant art center is to enrich the lives of those within its reach by creating a vibrant cultural community. This program provides a home for more than 150 of the regions finest professional and emerging artists with dedicated gallery space and facilities. Located on historic Lorton Prison property in Virginia, ten of the thirty historic buildings have been redeveloped to house artist studios and exhibition areas. Join us for a walking tour and browsing time at this fascinating complex. A LATE lunch in historic Occoquan is on your own. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

**RP4521.101 9:30am-4:30pm W**

## **NEW!** Cylburn Mansion and Arboretum

55 yrs + / Sep 8 / \$49

In the heart of Baltimore you will find a nature preserve and city park with over 200 acres. Collections of Japanese maples, hollies, conifer, Maryland oaks, maples and magnolias and others stand on spacious lawns. There are many gardens, including All American Selections, a formal garden, a rose garden and a Garden of the Senses which is waist high, allowing visitors to touch and smell the plants easily. The post-Civil War Victorian mansion is open for visiting and a newly opened visitor's center features information and gifts. A lot of walking on this docent-led tour; sensible shoes are a must. After your tour, enjoy an on-your-own lunch at the Inner Harbor. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4522.101 9am-4pm W

## **NEW!** NASA's Goddard Space Flight Center

55 yrs + / Sep 15 / \$40

Goddard's Visitor Center in Beltsville, MD demonstrates innovative and exciting work in Earth science, astrophysics, planetary science, engineering, communication and technology development, plus much more. Browse the unique, informative exhibits and learn about climate change, climb inside a Gemini capsule model and view the collection of artifacts from NASA's history. The best part is seeing a piece of the moon! Lunch on your own at Pasta Plus in Laurel, MD after your visit. Be sure to pick up some goodies at the market and gourmet carry out, which features over 100 authentic Italian products. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4524.101 9am-3pm W

## **Kentmorr Restaurant**

55 yrs + / Sep 16 / \$86

The restaurant's location, on Kent Island, in Stevensville, MD provides one of the finest views of the Eastern Shore and offers a great place for award-winning seafood. Join us for a Lunch Bunch meal and then have shopping time at the nearby Queenstown Outlets. Menu choice: #1-Crab cake (award winning!), #2-Broiled scallops, #3-Broiled Salmon, #4-Fried shrimp; each entree comes with cole slaw, fries, beverage and ice cream. Some walking at Outlets. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4525.101 10am-4pm Th

## **Music, Mountains and Railroads**

55 yrs + / Sep 22-24 / \$475-double, \$575-single

Spend some time in wild and wonderful Elkins, West Virginia. Stop at Blackwater Falls along the way and enjoy dinner at Rail Yard Restaurant. On your second day take a train ride on the New Tygart Flyer with hobo lunch, enjoy a two-hour show at American Mountain Theatre with dinner at Graceland Inn. Overnight accommodations are at Holiday Inn Express in Elkins. Train ride takes you through some of the most beautiful mountains in the area as you roll past deep canyons, sheer rock walls and vivid views of unspoiled mountains. Stop at the Green Bank Radio Astronomy Observatory on the way home. A \$50 deposit will save your spot for this exciting trip. Fee includes transportation, room, 2 dinners, 2 breakfasts, train ride with hobo lunch, luggage handling and all gratuities except step-on guide and driver. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4501.101 7am-9pm W-F

## **St. Michaels**

55 yrs + / Oct 6 / \$95

Come find out why St. Michaels is called "the town that fooled the British" and visit some of the many historical points of interest. Enjoy a guided step-on tour plus shopping time at some of the shops, boutiques and galleries. Lunch is included at Town Dock Restaurant, located in the historic waterfront village, with amazing views of the harbor. Menu choice: #1-Crab cake sandwich, #2-Beer battered fish-n-chips, #3-Grilled flat iron steak over French fries; each served with beverage and dessert. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4529.101 8am-6pm W

## **NEW!** DC Sites & National Press Club

55 yrs + / Oct 12 / \$66

Spend the morning viewing some of Washington, DC's most famous landmarks with an opportunity to step off the bus for a closer look. After your sight-seeing tour we will journey to the Press Club for a late lunch. The world's largest professional organization for journalists, the National Press Club has been a part of Washington, DC life for over 100 years. Members have included all of the Presidents of the United States since Warren Harding and most have spoken from the club's podium. Enjoy a sumptuous meal at The Fourth Estate located on the 13th floor of the National Press Building. The restaurant features great New American cooking and works with organic and small farmers in the area to access the freshest, most flavorful meats and produce. Choose: #1-chicken, #2-fish or #3-beef entrée; includes beverage and dessert. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4549.101 9am-4pm Tu

## **NEW!** Oktoberfest

55 yrs + / Oct 19 / \$74

For this month's Lunch Bunch we will be celebrating the best of our German heritage. The sights and sounds of Oktoberfest come to life in this exciting tribute as singers, dancers and musicians perform your favorite German polkas, waltzes and traditional songs. At LaFontaine Bleu in Glen Burnie, MD, enjoy the sounds of the Latshaw Pops Orchestra. The beautiful costumes, authentic dances and audience participation will have you up on your feet. Don't miss the opportunity to see a show and dine on a wunderbar lunch! Danke schön! For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4532.101 10:30am-4:30pm Tu

## **NEW!** Museum of the Shenandoah Valley

55 yrs + / Oct 21 / \$79

Nestled in the rolling hills of Winchester, VA, sits a new museum that tells the story of the Shenandoah Valley and its rich history. The museum interprets the art, history and culture of the great valley for which it is named. This regional museum complex includes a historic house dating to the eighteenth century, six acres of spectacular gardens and a museum designed by internationally recognized architect Michael Graves. Enjoy the museum, garden and lunch in the Museum Tea Room. Lots of walking; some may be on uneven garden paths. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4533.101 8am-5pm Th

**Old Town Georgetown****55 yrs + / Oct 25 / \$40**

Spend the day on your own in quaint Georgetown. There is so much to see and do: historic sites, great shopping and wonderful restaurants. You will be dropped off and picked up by the Georgetown Park Mall on M Street and are free to choose what you will do with your time. There may be a lot of walking; wear comfy shoes. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4534.101 9am-4pm M

**National Cryptologic Museum & Timbuktu Restaurant****55 yrs + / Oct 28 / \$40**

This museum in Fort Meade, MD explores the complex history of code breaking and code making in the United States as the nation's only public museum in the intelligence community. The museum, owned by the National Security Agency, opened to the public in 1993. The museum follows the history of cryptology from the Civil War to the present. Enjoy a guided, walking tour, the gift shop and some browsing time; then journey to Timbuktu Restaurant in Hanover, MD for lunch on your own. Some of the best crab cakes around! For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4535.101 9am-3pm Th

**Dutch's Daughter Restaurant****55 yrs + / Nov 9 / \$76**

November's Lunch Bunch takes us back to a much requested old favorite in Frederick, MD. We will stop at the Everedy Square and Shab Row area for some holiday shopping after your meal. This area is the largest cluster of specialty shops in Historic Downtown Frederick. Many stores are housed in beautifully restored 19th century buildings. Menu choices: #1-Crab Cake, #2-Fried Shrimp, #3-Boneless Chicken Breast (with ham, asparagus, broccoli & cheese), served with salad, vegetables, beverage and dessert. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4539.101 10am-4pm Tu

***NEW!* Nashville, Tennessee****55 yrs + / Nov 10-14 / \$699-double, \$849-single**

Enjoy two nights lodging at the Opryland Hotel, a lavish resort featuring stylish rooms, upscale shopping and dining plus luxurious spa treatments; all framed by lush indoor gardens inside a gleaming glass atrium. While in Nashville, enjoy a visit to the Grand Ole Opry Museum and take in a Grand Ole Opry show. Take a ride on the General Jackson Riverboat featuring a tasty family-style lunch and a high energy musical show. We will have overnight stops to and from Nashville in Bristol, VA: a stop at the Shenandoah Caverns on the way and a stop at Natural Bridge, VA on the return home. Fee includes transportation, all room accommodations, admissions, two breakfasts and one lunch. Breakfast at Opryland Hotel and dinner and lunch meals en route are on your own. Luggage handling and gratuities are included except for driver and step-on guide. \$50 deposit will save your spot for this fun trip. For more information, contact Ginny Russ at 410-313-7279.

**Bain Center & Normandy Shopping Ctr**

RP4531.101 7am-9pm W-Su

***NEW!* Annapolis Towne Centre****55 yrs + / Nov 15 / \$40**

Welcome to the New Centre of It All! This new, extraordinary destination shopping mall in Parole, MD has all the latest new stores and restaurants. You are on your own to shop and have a great meal; maybe do some Thanksgiving or early holiday shopping and then relax at one of the newest and hippest restaurants. There are so many stores to choose from: Whole Foods, Coldwater Creek, Sur La Table, Anthropologie and many more. Many dining choices are available, including Brio Tuscan Grille, Gordon Biersch, Real Seafood, The Chop House and many others. A lot of walking, wear your most comfortable shoes and shop on! For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4541.101 9am-4pm M

***NEW!* Tea at Strathmore Mansion****55 yrs + / Dec 1 / \$63**

You are cordially invited to afternoon tea in The Mansion at Strathmore, Bethesda, MD. The tearoom pays homage to hundreds of years of High Tea Tradition. Enjoy musicians performing soothing music as you are served tea, finger sandwiches, scones and desserts in an elegant but relaxed atmosphere. Limited seating, transportation by mini-bus, no bathroom on board. For more information, call Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4552.101 11:30am-4:30pm W

***NEW!* VOLT****55 yrs + / Dec 9 / \$79**

Calling all Top Chef aficionados, join us on this wonderful Lunch Bunch event at the new and exciting Volt Restaurant! Befitting the warm and elegant setting of the restaurant, Chef Byran Voltaggio delivers modern American cuisine, creating a menu that focuses on classic flavor combinations while creating sophisticated dishes that emphasize purity and seasonal flavors. Quartered within a spectacular 19th century brownstone mansion in Frederick, MD, the restaurant's distinctive ambience combines Victorian elegance with contemporary style. Menu selection at table, limited seating, register quickly, this is five stars all the way! Transportation is by mini-bus, no bathroom on board. For more information, contact Ginny Russ at 410-313-7279.

**Bain Ctr & Normandy Shopping Ctr**

RP4544.101 10:30am-4:30pm Th

**White House****55 yrs + only / Date TBD / \$45**

We do not know if we will be able to visit the White House during this holiday season but we will keep our fingers crossed and hope for the best. Please register, at no cost, to be put on our first-come, first served wait list. If we are able to go, we will contact you to see if you can attend on the date we are given. If so we will take your security information (date and place of birth and social security number) and payment at that time. The security information must be forwarded to the White House prior to your visit and you must pass through a security check and bring photo ID the day of the event. Please be advised that there is A LOT of walking (many blocks outside the White House) and standing. Register early for this popular trip. For more information, contact Ginny Russ at 410-313-7279.

RP4550.101 Bain Ctr, Pick-up only Date &amp; Time TBD

RP4550.102 Normandy Shopping Ctr, Pick-up only Date &amp; Time TBD



# Rockburn Open Car Show



2009 People's Choice Award Winner

**Saturday, August 21, Noon – 4 pm**

**Rockburn Branch Park**

*(Rockburn Elementary Entrance)*

**Admission Free to the Public!**

**50-50 Raffle / Food Vendor**

**Classic, Antique, Hot Rods & Modifieds — 1999 & older**

*Awards: Best of Show, People's Choice, EAAA Jay Herbert Memorial & Best of Class (American Cars, Corvettes, Trucks, Euro Imports & Asian Imports)*

- **Car Show** Preregistration fee \$10 / On-site \$15
- **Automotive Flea Market\*** Preregistration fee \$25 / On-site \$30
- **Automotive Sales** Preregistration fee \$20 / On-site \$30

To register, call 410-313-7275 or visit [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)  
Pre-registration ends Friday, August 13. Space is limited; first come, first served.  
*The first 100 pre-registered cars will receive a commemorative dash plate*

Proceeds benefit the Howard County Recreation & Parks and the EAAA Scholarship Funds. For more information, call 410-313-4624 or visit [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap). Inclement weather number 410-313-4451



\* Motor vehicle parts & accessories only

# Licensed Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for pre-schoolers through Middle school students, along with our Therapeutic Recreation Extended Care (TREC). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Pre-school programs are offered at locations throughout Howard County, with various schedule options. For older children, we have Before and After-School programs at selected elementary schools and After-School programs at middle schools and two TREC locations. All our programs are licensed through the Maryland Department of Education Office of Child Care. Before a child can participate, parents must complete all licensing-required paperwork including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at time of registration. Because of the presence of children with severe allergic reactions to nuts, nut products are not served or permitted at any RLC programs.

Due to our primary concern for the safety and well being of all participants, we have a behavioral policy with standards of conduct enforced through the use of discipline up to and including suspension from the program. We make every effort to assist children and their parents in modifying a child's behavior before his/her actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) and click on Recreational Licensed Child Care. For space availability, call 410-313-7275.

# Early Learning Center (Pre-K)

- Children must meet minimum age requirements set for each program. The age 2.5 determination date at Kiwanis-Wallas is Mar 1, 2010; for all other locations it is September 1, 2010.
- To reserve a space, a non-refundable \$50 registration fee and one month's tuition are required at time of registration. Fees are subject to change.
- Staff does not change diapers.

## Howard County Early Learning Center 2010-2011 Academic Year

2½-4 yrs / Classes begin Tues Sep 7 or Wed Sep 8 /  
Days & prices below

Our academic year preschool program focuses on developing a child's social, cognitive, emotional, and motor skills through age-appropriate activities following recommendations by the Maryland Model for School Readiness. Children will enjoy hands-on projects such as crafts, science, nature, music, drama and cooking, while also working on academic, fine and gross motor skills. The safe, nurturing classroom environment encourages a child's playful exploration of learning materials in preparation for kindergarten. Staff are trained and licensed in early childhood education and take continuing education classes yearly. All programs are licensed through the Maryland State Department of Education Office of Child Care. For more information, contact Stephanie Wise at 410-313-4712 or [swise@howardcountymd.gov](mailto:swise@howardcountymd.gov).

### Bushy Park ES

RP2252.031	3 yrs	9:30-1:30	Tu & Th	\$233 month
RP2252.041	4 yrs	9:30-1:30	M & W, F	\$351 month

### Bushy Park ES Extended Option

RP2252.051	4 yrs	1:30-3:00	M & W, F	\$114 month
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### Elkridge ES

RP2254.031	3 yrs	9:30-1:30	Tu & Th	\$233 month
RP2254.041	4 yrs	9:30-3pm	M & W, F	\$465 month

### Fulton ES

RP2256.031	3 yrs	9:30-1:30	Tu & Th	\$233 month
RP2256.041	4 yrs	9:30-3pm	M & W, F	\$465 month

### Kiwanis-Wallas Rec Ctr

RP2290.021	2 yrs	9:30-Noon	M & W	\$160 month
RP2290.031	2yrs	9:30-Noon	Tu & Th	\$160 month

### Roger Carter Rec Ctr

RP2292.031	2 ½ & 3 yrs	9:30-1:30	Tu & Th	\$233 month
RP2292.041	4 yrs	9:30-3pm	M & W, F	\$465 month

### Triadelphia Ridge ES

RP2266.031	3 yrs	9:00-11:30	M & W, Th	\$221 month
RP2266.041	4 yrs	Noon-3pm	M & W, Th	\$265 month

### Veterans ES

RP2269.041	4 yrs	9:30-3:30	M-F	\$713 month
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### Veterans ES Extended Option

RP2269.051	4 yrs	8-9:30am	M-F	\$118 month
RP2269.061	4 yrs	3:30-5pm	M-F	\$118 month

Veterans ES Options for those registered in Veterans RECC program. Please call Registration at 410-313-7275 for pricing.

## Elementary School (Before & After-Care)

- To register, child must be attending school at the same location as the desired program.
- If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.



### Before & After Care for Elementary School Children, 2010-2011 Academic Year

**Grades K-5 / M-F, duration of school year / Prices below**

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports and special events. To combat the obesity crisis with children, we have implemented heart-healthy activities. Our curriculum focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. For more information, call the RLC office at 410-313-3706.

#### Before school

7am to beginning of school day / \$179 month

#### After school

End of school day to 6pm / \$277 month

#### Before & After school

7am-6pm / \$400 month

RP2050 Bellows Spring ES  
RP2052 Bushy Park ES  
RP2053 Deep Run ES  
RP2055 Forest Ridge ES  
RP2057 Gorman Crossing ES  
RP2059 Ilchester ES  
RP2061 Lisbon ES  
RP2063 Pointers Run ES  
RP2065 St. John's Lane ES  
RP2069 Veterans ES  
RP2068 West Friendship ES

RP2051 Bollman Bridge ES  
RP2049 Dayton Oaks ES  
RP2054 Elkridge ES  
RP2056 Fulton ES  
RP2058 Hollifield Station ES  
RP2060 Laurel Woods ES  
RP2062 Manor Woods ES  
RP2064 Rockburn ES  
RP2066 Triadelphia Ridge ES  
RP2067 Waverly ES

## Student Union (Middle School After-Care)

- To register, child must be attending school at the same location as the desired program.
- If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

### The Student Union: Middle School After School Program, 2010-2011 Academic Year

**Grades 6-8 / M-F, duration of school year / \$315 month**

This licensed program provides a safe, supervised environment for middle school students from end of the school day to 6pm. Activities include arts, community outings, crafts, games, homework time, sports and individualized programs. Special events and outings may require additional fees. To ensure the safety of all participants, all staff are required to attend outings. If parents choose for their children not to participate in these outings, parents must make arrangements for alternative care. For more information, contact Claudia Charity at 410-313-4636 or CCharity@howardcountymd.gov.

RP2370 Bonnie Branch MS

RP2372 Elkridge Landing MS

RP2374 Folly Quarter MS

RP2377 Mount View MS

RP2371 Clarksville MS

RP2373 Ellicott Mills MS

RP2376 Lime Kiln MS

RP2378 Patapsco MS

## TREC (After Care)

*If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.*

### Therapeutic Recreation Extended Care (TREC)

**6-21yrs / M-F, duration of school year 2010-2011 / \$345 month**

This licensed program provides a safe and nurturing environment for children, teens and young adults with developmental disabilities. Leisure activities, community outings, and special events are provided in this after-school program. Special events and outings may require additional activity fees. Program is not held when schools are closed. Staff to participant ratio is 1:3 for school and 1:5 for parks. No transportation provided to site. For more information, contact Julia Martin at 410-313-1687 or jmartin@howardcountymd.gov.

RP2501 Cedar Lane School 2-6pm  
RP5201 Cedar Lane Park 2-6pm

# Pre-K (0-5 yrs) Classes & Activities

The programs listed in this section are for children who have not yet started kindergarten. Many of them are designed for a child and accompanying parent or caregiver. Some are one-day specials, while others run for multiple weeks. In addition, our Early Learning Center offers recreational licensed child care two to five days a week, depending on location. Please note that our staff does not change diapers.

## Adventures in Learning

Staff does not change diapers.

**Tykes, Snails & Tales: The Fall Edition**  
with Linda Hitzelberger  
See page 13.

### Tots Discovery

**2 yrs / 5 wks, start dates below / \$149**

Is your two-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. The-matic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. A \$45 NON-REFUNDABLE deposit will hold a spot for the second session. No class 11/2, 11/23 and 11/25. For more information, contact Cindy Ochs at 410-313-4681.

RP3201.101	Dayton Oaks ES	Sep 21	10am-noon	Tu & Th
RP3201.102	Forest Ridge ES	Sep 21	10am-noon	Tu & Th
RP3201.103	Rockburn ES	Sep 21	10am-noon	Tu & Th
RP3201.111	Dayton Oaks ES	Oct 26	10am-noon	Tu & Th
RP3201.112	Forest Ridge ES	Oct 26	10am-noon	Tu & Th
RP3201.113	Rockburn ES	Oct 26	10am-noon	Tu & Th

### **NEW!** Giggle Gang

**2 yrs / 6 wks, start dates below / \$90**

Come join the gang! This independent program provides your two-year-old the opportunity for exploration and socialization. Explore different themes each week through games, music, movement and art. In this stimulating preschool environment, children will explore numbers, movement and art. Fee includes snack. Staff members do not change diapers. A \$45 NON-REFUNDABLE deposit will hold a spot for the second session. No class 11/11 & 11/25. For more information, contact Cindy Ochs at 410-313-4681.

**Gary Arthur Comm Ctr @ Glenwood**

RP3204.101	Sep 16	10am-noon	Th
RP3204.111	Oct 28	10am-noon	Th

### My First School

**2 yrs 9 mos - 3 yrs 9 mos / 6 wks, start dates below / \$175**

This program is designed to help children make a successful transition to an independent experience. Children can develop social skills while exploring the alphabet, games, music, movement and art with a different theme each week. Fee includes snack. Staff members do not change diapers. A \$45 NON-REFUNDABLE deposit will hold a spot for the second session. No class 11/22 and 11/24. For more information, contact Cindy Ochs at 410-313-4681.

**Sep 13**

RP3202.101	Rockburn ES	10am-noon	M & W
RP3202.102	Gary Arthur Comm Ctr @ Glenwood	9:30-11:30am	M & W

**Oct 25**

RP3202.111	Rockburn ES	10am-noon	M & W
RP3202.112	Gary Arthur Comm Ctr @ Glenwood	9:30-11:30am	M & W

### Step into School

**3 yrs 9 mos - 4 yrs / 6 wks, start dates below / \$189**

This specialized program is designed to help your child get ready for kindergarten. Daily activities will include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. A \$45 NON-REFUNDABLE deposit will hold a spot for the second session. No class 11/22 and 11/24. For more information, contact Cindy Ochs at 410-313-4681.

RP3221.101	Ellicott Mills MS	Sep 13	9:30am-noon	M & W
RP3221.111	Ellicott Mills MS	Oct 25	9:30am-noon	M & W

### Alphabet Action

**3-5 yrs / 10 wks, start dates below / \$149**

Focus on a new letter each week and explore the alphabet using crafts, games and creative movement. This fun-filled, stimulating preschool format includes a snack and show-and-tell time. No class 10/15, 11/5 and 11/26. For more information, contact Cindy Ochs at 410-313-4681.

RP3203.101	Dayton Oaks ES	Sep 17	10am-noon	F
RP3203.102	Forest Ridge ES	Sep 13	10am-noon	M

### Jr. Discoveries Science Explorers: Fabulous Fall

**3-5 yrs / 10 wks starting Sep 15 / \$149**

Come to explore the world of why in a seasonal science class. Have fun with leaves, learn why they change colors and go on a nature walk. Experiment with sinking and floating, making a fossil and learning what magnets attract. Music and stories add to the fun. For more information, contact Cindy Ochs at 410-313-4681.

RP3226.101	Forest Ridge ES	10-noon	W
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## One-Day Specials

Parent or caregiver is welcome to attend.

### Dora's Spook-tacular Halloween Party

**3-5 yrs / Dates below / 1 day / \$20**

Come join Dora and her gang for Halloween fun! Celebrate with friendly ghosts and goblins as you participate in games, songs and a costume parade. Create a special "spooky" craft and munch on a Halloween treat. Don't forget to wear your costume! For more information, contact Cindy Ochs at 410-313-4681.

RP3217.102	Forest Ridge ES	Oct 21	12:45-2pm	Th
RP3217.101	Ellicott Mills MS	Oct 29	12:45-2pm	F



## Jingle Bell Rock

3-5 yrs / Dates below / 1 day / \$20

Get ready to shake and rock those jingle bells while you mix and mingle with friends. Play reindeer games, make a holiday ornament and paint with special holiday wrapping. For more information, contact Cindy Ochs at 410-313-4681.

RP3218.101	Ellicott Mills MS	Dec 10	12:45-2pm	F
RP3218.102	Forest Ridge	Dec 16	12:45-2pm	Th

## Parent/Child

Register and attend together. Fee includes participation of parent or favorite adult.



Petite Picassos

## Mother Goose on the Loose

6 mos-3 yrs / 5 wks, start dates below / \$70 + \$20 materials fee

Instill the love of reading in a group setting with a librarian and early childhood consultant. Learn about brain development and fun visual, musical and motor-sensory techniques to nurture emergent reading skills in your young child. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

### Olenka School of Music – Columbia

RP3216.101	Sep 14	5:30-6:15pm	Tu
RP3216.111	Oct 26	5:30-6:15pm	Tu

### Olenka School of Music – Gary Arthur Comm Ctr @ Glenwood

RP3216.102	Sep 17	11:30am-12:15pm	F
RP3216.112	Oct 29	11:30am-12:15pm	F

## Oh la la French Mommy & Me

1-4 yrs / 6 wks starting Sep 25 / \$75

Learn French with your little one! Developed by a professional Early Childhood educator, you and your child will learn French through music, singing, dancing, puppeteer and the use of parachute and instruments. Also learn to sing French songs that are already familiar and some that are new, along with colors, animals, action words and more! Bring a blanket and a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3308.101	Pointers Run ES	9:30-10:15am	Sa
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## Mommy & Me Fun Days

2-3 yrs / Dates below / 1 day / \$16

Enjoy a morning full of “quality time” designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft to share at home. Sign up for one class or make a date for all eight adventures. For more information, contact Cindy Ochs at 410-313-4681.

### Dora Goes to School / Sep 17

RP3212.101	Ellicott Mills MS	10-10:45am	F
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### Sesame Street Adventures / Sep 24

RP3212.102	Ellicott Mills MS	10-10:45am	F
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### Thomas Goes to the Circus / Oct 1

RP3212.103	Ellicott Mills MS	10-10:45am	F
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### Backyardigans / Oct 8

RP3212.104	Ellicott Mills MS	10-10:45am	F
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### My Friends Tigger & Pooh / Oct 22

RP3212.105	Ellicott Mills MS	10-10:45am	F
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### Clifford's Halloween / Oct 29

RP3212.106	Ellicott Mills MS	10-10:45am	F
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### Handy Manny / Nov 12

RP3212.107	Ellicott Mills MS	10-10:45am	F
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### NEW! Mickey Mouse Clubhouse / Nov 19

RP3212.108	Ellicott Mills MS	10-10:45am	F
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### Dora's Halloween / Oct 29

RP3212.111	Gary Arthur Comm Ctr @ Glenwood	10-10:45am	F
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### Sesame Street Adventures / Nov 12

RP3212.112	Gary Arthur Comm Ctr @ Glenwood	10-10:45am	F
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### Thomas Goes to the Circus / Nov 19

RP3212.113	Gary Arthur Comm Ctr @ Glenwood	10-10:45am	F
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### NEW! Mickey Mouse Clubhouse / Dec 3

RP3212.114	Gary Arthur Comm Ctr @ Glenwood	10-10:45am	F
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## Terrific Twos

2-3 yrs / 10 wks starting Sep 17 / \$119

With your little one, create a memory each week as you spend quality time experiencing music, rhymes and literature. Make something to share each week as you have fun learning through play. Fee includes participation of a parent or favorite adult with the child. No class 10/15, 11/5 and 11/26. For more information, contact Cindy Ochs at 410-313-4681.

RP3214.101	Ellicott Mills MS	11-11:45am	F
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## Petite Picassos

2-3 yrs / 8 wks, start dates below / \$99

Experience art with your toddler. Create modern masterpieces while discovering colors, textures and shapes. Dress for messes and bring a smock. Fee includes participation of a parent or favorite adult with the child. No class 10/15 and 11/5. For more information, contact Cindy Ochs at 410-313-4681.

RP3215.102	Rockburn ES	Sep 17	10-10:45am	F
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## Mommy & Me Movement

See page 27



## Planet Nature: Parent/Child Discovery Hour

See page 13

## Aquatics

### Puddles

**Age 2-5 / 6 wks, start dates below / \$45**

Learn safety and have fun in this aquatics program for preschoolers with developmental disabilities. Parents must accompany child in the water. Siblings may register after 8/18. **Goal:** Improve gross motor skills, ability to understand directions and increase self-confidence. For more information, contact Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov).

RP4201.101	New Cedar Lane School	Oct 5	6:15-7pm	Tu
RP4201.102	New Cedar Lane School	Oct 7	6:15-7pm	Th

## Art

*Staff does not change diapers.*



Art Adventures

### **NEW!** Messes and Masterpieces

**3-4 yrs / 8 wks, start dates below / \$109**

Enjoy a fun-filled exploration of colors, textures, paints, glitter and glue. Theme-based classes combined with stories and art will spark your child's imagination. Dress for messes and bring a smock. No class 10/15 and 11/5. For more information, contact Cindy Ochs at 410-313-4681.

RP3207.102	Rockburn ES	Sep 17	11am-noon	F
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### Preschool Art Adventures with Christina Kaputsos

**3-5 yrs / 8 wks, start dates below / \$85**

That's right: Art Adventures – your favorite summer camp is swinging into action for Fall! Join Miss Tina and her jungle friends on an amazing adventure exploring the art world! Explore painting, drawing and sculpture. Learn about famous artists and have fun while challenging your creativity. Release your imagination by using unique objects and materials to create a whole new view. Then display your creations for friends and family in a special Art Showcase on the last day. Dress for mess! More information, contact Adam Wienckowski at 410-313-4714.

RP0108.121	Fulton ES	Sep 21	1:45-3:15pm	Tu
RP0108.122	Elkridge ES	Sep 23	1:45-3:15pm	Th

### Art Adventures – Budding Artists! with Christina Kaputsos

**4-7 yrs / 8 wks starting Sep 25 / \$89**

That's right: Art Adventures – your favorite summer camp is swinging into action for Fall! Join Miss Tina and her jungle friends on an amazing adventure exploring the art world! Explore painting, drawing and sculpture. Learn about famous artists and have fun while challenging your creativity. Release your imagination by using unique objects and materials to create a whole new view. Then display your creations for friends and family in a special Art Showcase on the last day. Dress for mess! More information, contact Adam Wienckowski at 410-313-4714.

RP0108.101	St. John's Lane ES	9:45-11:15am	Sa
RP0108.102	St. John's Lane ES	noon-1:30pm	Sa

## Cooking

*Staff does not change diapers.*

### C is for Cooking!

**2 yrs / 6 wks starting Sep 21 / \$90**

Let's get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Big Bird's Yogurt Parfait, Rosita's Pizza Bagels, and Oscar's Quick Dip in the Mud. For more information, contact Cindy Ochs at 410-313-4681.

RP3209.101	Ellicott Mills MS	10-11am	Tu
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### Wee Chefs

**3-5 yrs / 6 wks, start dates below / \$109**

Prepare a recipe while learning about proper kitchen etiquette, measuring and table setting. Make a small craft that goes along with the lesson. Use books and games to further your understanding. Parents are welcome. No class 11/25. For more information, contact Cindy Ochs at 410-313-4681.

RP3205.101	Ellicott Mills MS	Sep 16	10-11:45am	Th
RP3205.111	Ellicott Mills MS	Oct 28	10-11:45am	Th

### Cannelloni Kids Cooking School for Preschoolers

**3-5 yrs / 4 wks, start dates below / \$60 + \$30 materials fee**

CKCS, the mobile cooking program is coming to a school near you! Classes taught by Nikki McGowan, co-host of Child Life TV Cooking Show and her staff of culinary experts. Little chefs enjoy cultural explorations through the preparation of a wide range of cuisine. An emphasis on etiquette, nutrition, kitchen safety and the science behind cooking! Materials fee due at first class, payable to CKCS. Bring a reusable water bottle. No class 11/23 and 11/25. For more information, contact Melissa Calleri at 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

#### Session I

Taste of France! We will be creating vichyssoise, a velvety soup made of leek and potato; croque monsieur and even crème brûlée.

RP0131.101	Bushy Park ES	Oct 5	2:30-3:30pm	Tu
RP0131.102	Fulton ES	Oct 7	2:30-3:30pm	Th
RP0131.103	Triadelphia Ridge ES	Oct 7	2-3pm	Th

#### Session II

Taste of New Orleans! Learn the difference between Cajun and Creole through some fantastic dishes including gumbo and étouffée. What's a crawfish?

You'll see!

RP0131.121	Bushy Park ES	Nov 16	2:30-3:30pm	Tu
RP0131.122	Fulton ES	Nov 11	2:30-3:30pm	Th
RP0131.123	Triadelphia Ridge ES	Nov 11	2-3pm	Th

## Dance & Movement

Staff does not change diapers.

Cindee Velle

### Creative Movement

3-5 yrs / 12 wks starting Sep 10 / \$109

This introduction to dance incorporates the exploration of space, rhythm, body awareness, time, shape and dynamics. Use of imagination is encouraged! Pink leotard, tights and ballet shoes required for girls and a white tee shirt, black shorts or sweat pants and black ballet shoes for boys. Bring a reusable water bottle. No class 10/15, 11/5 and 11/26. Instructor is Debbie Braun. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1007.101    Worthington ES    4:10-4:55pm    F

Jennifer Martin-Aversa

### Ballet & Fairytale

Ages below / 6 wks starting Oct 4 / \$79

Let your imagination soar as you twirl to your favorite tales, learn ballet steps and explore creative movement. In each class, create mini works of art while dancing out the characters in the stories. Ballet shoes required. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1015.101    3 yrs    Bonnie Branch MS    10:30-11:15am    M  
RP1015.102    3-5 yrs    Bonnie Branch MS    11:15am-noon    M

Kinetics Dance Theatre

### Parent Child Movement & Song with Gina Bates-Brown

2-3 yrs / 6 wks, start dates below / \$69

Encourage your child's imagination as you explore creative dance using stories, props and movement to encourage imagination. Bare feet are preferred. Fee includes participation of one child and one parent or caregiver. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

#### Kinetics Dance Theatre

RP1010.101    Sep 13    10:45-11:30am    M  
RP1010.102    Sep 15    9:45-10:30am    W  
RP1010.111    Oct 25    10:45-11:30am    M  
RP1010.112    Oct 27    9:45-10:30am    W

### Creative Dance with Melissa Nibali

3-4 yrs / 6 wks, start dates below / \$69

This introduction to dance incorporates many of the components of dance including space, rhythm, body awareness and how the music makes you feel when you move. Use your imagination! Leotard and bare feet recommended. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

#### Kinetics Dance Theatre

RP1012.101    Sep 14    10-10:45am    Tu  
RP1012.102    Sep 16    10-10:45am    Th  
RP1012.111    Oct 26    10-10:45am    Tu  
RP1012.112    Oct 28    10-10:45am    Th

### Dance Basics with Melissa Nibali

4-5 yrs / 6 wks, start dates below / \$75

An introduction to basic dance skills while learning locomotor and rhythmic patterns. Pre-ballet and pre-tap are explored in a nurturing and creative environment. Class may be repeated, no experience necessary. Leotard, tights, tap and ballet shoes required. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

#### Kinetics Dance Theatre

RP1013.101    Sep 14    11am-noon    Tu  
RP1013.102    Sep 16    11am-noon    Th  
RP1013.111    Oct 26    11am-noon    Tu  
RP1013.112    Oct 28    11am-noon    Th

### Movement for Boys with Marissa Guerrero

4-6 yrs / 6 wks, start dates below / \$69

A creative dance class designed to introduce boys to movement and dance in a fun, structured environment. This introduction to dance incorporates many of the components of dance including space, rhythm, body awareness and much more! Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1020.101    Kinetics Dance Theatre    Sep 15    4:45-5:30pm    W  
RP1020.111    Kinetics Dance Theatre    Oct 27    4:45-5:30pm    W

Misako Ballet Studio

**NEW!**

### Mommy & Me Movement with Jodi Guzewich

20-30 mos / 8 wks starting Sep 16 / \$75

Bring your toddler to an exciting new movement class where you will exercise and enjoy moving together! This class will include dancing, singing, role playing and much more. Watch your little one gain confidence and learn appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1031.101    Misako Ballet Studio    9:15-10am    Th

### Creative Movement with Jodi Guzewich

3½-5 yrs / 8 wks starting Sep 16 / \$75

Students will experience the joy of dance through the use of imagery, movement, games, and simple combinations. Leotard, tights and leather ballet slippers required. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1025.101    Misako Ballet Studio    10-10:45am    Th

### Beginning Ballet: Rhythm & Steps

4-6 yrs / 8 wks starting Sep 17 / \$75

Experience the very early stages of dance through a variety of activities. This class will help young dancers establish good basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet slippers required. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1005.101    Misako Ballet Studio    4:45-5:30pm    F

## Sandra Duerr

### Dance with Me!

**2 yrs / 6 wks, start dates below / \$59**

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. For more information, contact Adam Wienckowski at 410-313-4714.

RP1003.101	Meadowbrook Ath Comp	Sep 13	9-9:45am	M
RP1003.102	Meadowbrook Ath Comp	Nov 1	9-9:45am	M
RP1003.111	Bonnie Branch MS	Sep 21	10:15-11am	Tu
RP1003.112	Bonnie Branch MS	Nov 9	10:15-11am	Tu

### Petite Princess Ballet

**3 yrs / 6 wks, start dates below / \$45**

The perfect beginning class for budding ballerinas! Do warm-ups, barre exercises, across-the-floor combinations and learn a little dance to perform on the last day. Strengthen your bodies and minds while having fun dancing and singing with our favorite princesses and their music. Level II is a continuation of the first session with all new princesses and music. Leotard, tights and leather ballet shoes required. For more information, contact Adam Wienckowski at 410-313-4714.

#### Level I

RP1008.101	Meadowbrook Ath Comp	Sep 13	10-10:30am	M
RP1008.102	Meadowbrook Ath Comp	Nov 1	10-10:30am	M
RP1008.111	Bonnie Branch MS	Sep 21	9:30-10am	Tu

#### Level II

RP1008.112	Bonnie Branch MS	Nov 9	9:30-10am	Tu
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### Angelina Ballerina Performance Class

**3½ yrs / 12 wks, starting Sep 21 / \$135**

Just like Angelina and her friends, we will learn the basic positions, barre exercises, and beginning movements of ballet. We will learn a dance to be performed in the Winter Ballet Performance to be held on the stage – date in Dec TBA. For this class, each dancer will also receive a recital costume and be presented with a flower on stage. Measurements to be taken after 2nd class. Leotard, tights and leather ballet shoes required. For more information, contact Adam Wienckowski at 410-313-4714.

RP1004.111	Bonnie Branch MS	12:15-1pm	Tu
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### Angelina Ballerina for 4's

**4 yrs / 6 wks, start dates below / \$59**

Just like Angelina, you will meet your teacher and new friends while learning the basic positions and beginning the movements of ballet. On the last day of class, parents will be invited to join us for our Ballet Performance. Leotard, tights and leather ballet shoes required. For more information, contact Adam Wienckowski at 410-313-4714.

RP1004.101	Meadowbrook Ath Comp	Sep 13	10:35-11:20am	M
RP1004.102	Meadowbrook Ath Comp	Nov 1	10:35-11:20am	M

### Ballet and Tap with Barbie I

**4-5 yrs / 6 wks starting Sep 21 / \$75**

We will learn ballet and tap steps and combinations using the stories and music from all of Barbie's movies: The Princess and the Pauper, Rapunzel, Island Princess, Fairytoria and Mermaidia. Bring your favorite Barbie doll along with you to watch you dance. Leotard, tights, tap shoes, and leather ballet shoes required. For more information, contact Adam Wienckowski at 410-313-4714.

RP1017.101	Bonnie Branch MS	11:10am-12:10pm	Tu
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### Ballet and Tap with Barbie II

**4-5 yrs / 6 wks starting Nov 9 / \$75**

A continuation of the first session. We will dance to the music and stories of: The Magic of Pegasus, Swan Lake, Three Musketeers, Mariposa and The Nutcracker. Bring your favorite Barbie doll along with you to watch you dance. Leotard, tights, tap shoes, and leather ballet shoes required. For more information, contact Adam Wienckowski at 410-313-4714.

RP1017.111	Bonnie Branch MS	11:10am-12:10pm	Tu
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### Princess Performance Class

**4-5 yrs / 12 wks starting Sep 21 / \$155**

This fun-filled class is highlighted with the stories and music of your favorite princesses. Every week we will spotlight a different princess and tell her story through dance using many props. Learn a ballet and tap dance to be performed in the Winter Ballet Performance to be held on the stage – date in Dec. TBA. For this class, each dancer will also receive a recital costume and be presented with a flower on stage. Measurements to be taken after 2nd class. Leotard, tights, tap shoes and leather ballet shoes required. For more information, contact Adam Wienckowski at 410-313-4714.

RP1008.121	Bonnie Branch MS	Sep 21	1:15-2:15pm	Tu
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## Tatia Zack

### Ballet & Tap

**3½-5 yrs / 8 wks starting Sep 23 / \$89**

Have fun learning ballet positions and tap steps while developing coordination, body awareness, balance, rhythm and love of dance. Ballet and tap shoes required. Parents are invited to attend a performance at the last class. For more information, contact Adam Wienckowski at 410-313-4714.

RP1024.101	Meadowbrook Ath Comp	9:30-10:30am	Th
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### Jazz & Tap

**3½-5 yrs / 8 wks starting Sep 23 / \$69**

Combine the coordination, rhythm and timing of tap with the high-energy movements of jazz. Begin class with stretching and bending exercises and finish with a dance routine – all done to Top 40's music. Parents are invited to attend a performance at the last class. Wear tap shoes and comfortable clothing. For more information, contact Adam Wienckowski at 410-313-4714.

RP1023.101	Meadowbrook Ath Comp	10:30-11:15am	Th
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## Drama

*Staff does not change diapers.*

### Broadway Babies Drama

**3-5 yrs / 6 wks starting Sep 25 / \$115**

Fall 2010 Theme – "Fall Stars." Enjoy this drama class for preschoolers! Students will have fun learning to sing, dance and act on our stage. Class culminates in a short showcase performance on last day. For more information, contact Adam Wienckowski at 410-313-4714.

RP1013.101	Drama Learning Ctr	9:15-10:15am	Sa
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## Fitness

Staff does not change diapers.

### Funfit® “where fitness is child’s play”

1-4 yrs / 6 wks, start dates below / \$65 per child

This active class brings fitness to a whole new level of fun! Using balls, chutes, instruments and more, you and your child will get a heart-healthy workout in a stress-free session. Kids will build self-confidence, socialization, coordination, balance, language and cognitive development. One adult must participate with child(ren), who must be walking. For more information, contact Adam Wienckowski at 410-313-4714.

#### Gary Arthur Comm Ctr @ Glenwood

RP3210.101	1-2 yrs	Sep 15	9:30-10:15am	W
RP3210.102	2-3 yrs	Sep 15	10:15-11am	W
RP3210.103	1-4 yrs	Sep 15	11-11:45am	W
RP3210.111	1-2 yrs	Nov 3	9:30-10:15am	W
RP3210.112	2-3 yrs	Nov 3	10:15-11am	W
RP3210.113	1-4 yrs	Nov 3	11-11:45am	W

#### Meadowbrook Ath Comp

RP3210.104	1-2 yrs	Sep 13	9:30-10:15am	M
RP3210.105	3-4 yrs	Sep 13	10:15-11am	M
RP3210.114	1-2 yrs	Nov 1	9:30-10:15am	M
RP3210.115	3-4 yrs	Nov 1	10:15-11am	M

#### Schooley Mill Pk

RP3210.106	1-2 yrs	Sep 16	9:30-10:15am	Th
RP3210.107	2-3 yrs	Sep 16	10:15-11am	Th
RP3210.116	1-2 yrs	Nov 4	9:30-10:15am	Th
RP3210.117	2-3 yrs	Nov 4	10:15-11am	Th

### PumpStart

18 months - 5 yrs / 10 wks starting Sep 15 / Prices below

PumpStart is a structured, unique, parent-child interactive weekly program incorporating bouncing, hopping, sing-a-longs, games and other activities designed for children ages 18 months through 5 years. PumpStart was created with the distinct goal of promoting gross motor skill proficiency, balance, agility and social interaction through the use of our interactive inflatables. Most important, you and your child will have fun and spend quality time together. Our experienced teachers will have weekly themes that will keep the kids engaged in play while they are still learning! Parents are required to participate in the Mini-Jumpers class. Parent participation in Junior Jumpers is optional, but encouraged. For more information, contact Adam Wienckowski at 410-313-4714.

#### Mini Jumpers / 18 months-2 yrs / \$119

RP3330.101	Pump It Up - Elkridge	9:30-10:15am	W
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#### Junior Jumpers / 3-5 yrs / \$149

RP3330.111	Pump It Up - Elkridge	10:30-11:30am	W
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## Languages

Staff does not change diapers.

### Hola Amigos! Spanish with Cecilia Redmond

4-6 yrs / 5 wks starting Sep 18 / \$55

This class is designed to introduce young children to the basics of the Spanish language. Children will learn vocabulary related to the calendar, numbers, letters, colors, body and clothes through games and songs. Children will begin to develop an appreciation and love of learning a language as they have fun learning Spanish in this program. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3301.101	Veterans ES	10-11am	Sa
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### Beginning Chinese I with Yaping Wu

See page 37

### Beginning Chinese II with Yaping Wu

See page 37

## Music

Staff does not change diapers.

### Music Together - Mixed

6 mo-5 yrs / 5 wks, start dates below / \$70 + \$38 materials fee

This is an internationally recognized early childhood music program for infants to 5-year-olds and the adults who love them. First offered to the public in 1987, it pioneered the concept of a research-based, developmentally appropriate early childhood music curriculum that emphasizes and facilitates adult involvement. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

#### Olenka School of Music – Columbia

RP0121.101	Sep 14	4:30-5:15pm	Tu
RP0121.111	Oct 26	4:30-5:15pm	Tu
RP0121.102	Sep 17	11:30am-12:15pm	F
RP0121.112	Oct 29	11:30am-12:15pm	F
RP0121.103	Sep 11	12:30-1:15pm	Sa
RP0121.113	Oct 23	12:30-1:15pm	Sa
RP0121.104	Sep 12	11:30am-12:15pm	Su
RP0121.114	Oct 24	11:30am-12:15pm	Su

#### Olenka School of Music – Ellicott City

RP0121.105	Sep 13	9:30-10:15am	M
RP0121.115	Oct 25	9:30-10:15am	M

#### Gary Arthur Comm Ctr @ Glenwood

RP0121.106	Sep 17	10:30-11:15am	F
RP0121.116	Oct 29	10:30-11:15am	F

## Preschool Music Makers

**3-4 yrs / 5 wks, start dates below / \$105 + \$38 materials fee**

Begin a strong foundation for all future musical learning through this energetic parent-child class designed as an inspiring introduction to the basics of music. Each age-appropriate class features solfege singing (do, re, mi) and ear training exercises that lead to inner hearing as well as neuromuscular feeling for music. Enjoy musical activities including dancing, singing, playing keyboards, rhythm instruments and stimulating music games. Finish the session with a fun "Show Time" with friends and family. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

### Olenka School of Music – Columbia

RP0128.101	Sep 17	4:30-5:15pm	F
RP0128.111	Oct 29	4:30-5:15pm	F

### Olenka School of Music – Ellicott City

RP0128.102	Sep 14	2:30-3:15pm	Tu
RP0128.112	Oct 26	2:30-3:15pm	Tu
RP0128.103	Sep 16	11:30am-12:15pm	Th
RP0128.113	Oct 21	11:30am-12:15pm	Th

## Keyboard Studio

**4-6 yrs / 5 wks, start dates below / \$125 + \$38 materials fee**

Build a strong musical foundation for all future instrumental and vocal learning through this energetic parent-child class designed as a rich introduction to the basics of music theory and practice. Each age-appropriate class features solfege singing (do, re, mi) and ear training exercises that lead to inner hearing as well as neuromuscular feeling for music. Students will enjoy reading and writing music, exploring rhythm instruments and keyboards, and will even learn to conduct, improvise and compose. Friends and family will enjoy performances during a "Show Time" on the last day of class. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

### Olenka School of Music – Columbia

RP0127.101	Sep 13	4:30-5:25pm	M
RP0127.111	Oct 25	4:30-5:25pm	M

### Olenka School of Music – Ellicott City

RP0127.102	Sep 13	2:30-3:25pm	M
RP0127.112	Oct 25	2:30-3:25pm	M

## Sports

- *Classes are listed chronologically by age within each subhead.*
- *Staff does not change diapers.*

## Jump Bunch Kids by Jump Bunch Kids, Inc.

**2-5 yrs / 6 wks, start dates below / \$62**

This structured sports and fitness program geared to young children helps build healthy bodies, self-esteem, and a lifelong love of sports and fitness. The wide assortment of activities will help develop eye-hand coordination, muscle tone and body balance in a non-competitive setting. For more information, contact Pam Honaker at 410-313-1694.

### 2-3 yrs

RP6313.101	St. Johns Lane ES	Sep 25	9-9:45am	Sa
RP6313.102	St. Johns Lane ES	Sep 25	10-10:45am	Sa
RP6313.104	Meadowbrook Ath Comp	Sep 22	11-11:45am	W

### 3-5 yrs

RP6313.103	St. Johns Lane ES	Sep 25	11-11:45am	Sa
RP6313.105	Meadowbrook Ath Comp	Sep 22	noon-12:45pm	W

## Basketball

### Little Tykes Hoops

**3-4 yrs / 6 wks, start dates below / \$72**

We love basket ball! Your child will enjoy learning the basic skills of dribbling, passing and shooting in a team environment. Experienced coaches use age appropriate games and activities to encourage your child's active involvement and development of social skills. For more information, contact Pam Honaker at 410-313-1694.

### Cedar Lane Pk East

RP6086.101	Sep 23	9:30-10:15am	Th
RP6086.102	Sep 23	10:30-11:15am	Th

### Gary Arthur Comm Ctr @ Glenwood

RP6086.103	Nov 4	5:30-6:15pm	Th
RP6086.104	Nov 4	6:30-7:15pm	Th

## Gymnastics

### Preschool Gymnastics

**3-5 yrs / 6 wks, start dates below / \$82**

Young children can have fun and develop strength, coordination, listening skills and cooperation. Participants utilize all types of gymnastics and physical education equipment. Emphasis is on fun in a safe and caring atmosphere. Child must be at least three years old when the program begins. No class 11/25 and 11/26. For more information, contact Megan Freer 410-313-4720.

### Columbia Gymnastics

RP6352.101	Sep 13	5-5:45pm	M
RP6352.102	Sep 14	1:45-2:30pm	Tu
RP6352.103	Sep 14	2:30-3:15pm	Tu
RP6352.104	Sep 15	9:15-10am	W
RP6352.105	Sep 15	1-1:45pm	W
RP6352.106	Sep 15	1:45-2:30pm	W
RP6352.107	Sep 15	2:30-3:15pm	W
RP6352.108	Sep 15	4:30-5:15pm	W
RP6352.109	Sep 16	9:15-10am	Th
RP6352.110	Sep 16	10:45-11:30am	Th
RP6352.111	Sep 16	2-2:45pm	Th
RP6352.112	Sep 16	2:45-3:30pm	Th
RP6352.113	Sep 17	9:15-10am	F
RP6352.114	Sep 17	10:45-11:30am	F
RP6352.115	Nov 1	5-5:45pm	M
RP6352.116	Nov 2	1:45-2:30pm	Tu
RP6352.117	Nov 2	2:30-3:15pm	Tu
RP6352.118	Nov 3	9:15-10am	W
RP6352.119	Nov 3	1-1:45pm	W
RP6352.120	Nov 3	1:45-2:30pm	W
RP6352.121	Nov 3	2:30-3:15pm	W
RP6352.122	Nov 3	4:30-5:15pm	W
RP6352.123	Nov 4	9:15-10am	Th
RP6352.124	Nov 4	10:45-11:30am	Th
RP6352.125	Nov 4	2-2:45pm	Th
RP6352.126	Nov 4	2:45-3:30pm	Th
RP6352.127	Nov 5	9:15-10am	F
RP6352.128	Nov 5	10:45-11:30am	F

## Cartwheels and Crafts

3-6 yrs / 6 wks, start dates below / \$154

Does your child have lots of physical and creative energy? This 2-hour class combines the fun of gymnastics with creative craft time. Come bounce on the trampolines, climb in the foam pit and create wonderful arts and crafts. All materials are provided. For more information, contact Megan Freer at 410-313-4720.

RP6354.101	Columbia Gymnastics	Sep 15	1:30-3:30pm	W
RP6354.102	Columbia Gymnastics	Nov 3	1:30-3:30pm	W

## Multi-Sport

### Little Big Shots

3-4 yrs / 6 wks, start dates below / \$77

We love to play! Your child will enjoy learning the basic skills of basketball, soccer and tee ball while being a part of our team. Experienced coaches will spend 2 weeks teaching the fundamentals of each sport using age appropriate activities. For more information, contact Pam Honaker at 410-313-1694.

#### Cedar Lane Pk East Bball Courts

RP6314.101	Sep 22	9:30-10:15am	W
RP6314.102	Sep 22	10:30-11:15am	W
RP6314.103	Sep 22	11:30am-12:15pm	W

#### Hammond ES

RP 6314.104	Nov 8	5:30-6:15pm	M
RP 6314.105	Nov 8	6:30-7:15pm	M

### Learn-N-Play Sports

3-5 yrs / 6 wks, start dates below / \$62

Together, parents and children can learn and play various sports while practicing fundamental motor skills designed specifically for the young child. The program, based on the national "Start Smart" sports program developed by Lifetime Sports & Fitness for Youth, features skill stations and games for throwing, catching, kicking and batting. For more information, contact Pam Honaker at 410-313-1694.

#### Meadowbrook Ath Comp

RP6970.101	Sep 21	9:30-10:15am	Tu
RP6970.102	Sep 21	10:30-11:15am	Tu
RP6970.103	Sep 21	11:30-12:15pm	Tu
RP6970.104	Sep 23	9:30-10:15am	Th
RP6970.105	Sep 23	10:30-11:15am	Th
RP6970.106	Sep 23	11:30-12:15pm	Th
RP6970.109	Nov 8	1-1:45pm	M
RP6970.110	Nov 8	2-2:45pm	M
RP6970.111	Nov 8	3-3:45pm	M

#### Pointers Run ES

RP6970.112	Sep 18	9-9:45am	Sa
RP6970.113	Sep 18	10-10:45am	Sa
RP6970.114	Sep 18	11-11:45am	Sa

## Parent/Child

### Parent-Child Gymnastics

1½-3yrs 5 mos / 6 wks, start dates below / \$82

Be an active participant as your child develops self awareness and coordination. Songs, games and climbing activities are incorporated to focus on fun. Adult and child must register and attend together. Child must be walking. No class 11/25 and 11/26. For more information, contact Megan Freer at 410-313-4720.

#### Columbia Gymnastics

RP6351.101	Sep 16	10-10:45am	Th
RP6351.102	Sep 17	10-10:45am	F
RP6351.103	Nov 4	10-10:45am	Th
RP6351.104	Nov 5	10-10:45am	F

## Soccer



Little Kickers

### Little Kickers

3-4 yrs / 6 wks, start dates below / \$77

Let's play soccer! Come out and have fun learning how to play soccer. Experienced coaches will teach the basic skills of dribbling, passing, and shooting while working on coordination and balance. For more information, contact Pam Honaker at 410-313-1694.

#### Cedar Lane Pk West Field 5

RP6705.101	Sep 20	9:30-10:15am	M
RP6705.102	Sep 20	10:30-11:15am	M
RP6705.103	Sep 20	11:30-12:15pm	M

#### Meadowbrook Ath Comp

RP6705.104	Nov 10	9:30-10:15am	W
RP6705.105	Nov 10	10:30-11:15am	W
RP6705.106	Nov 10	11:30-12:15pm	W

### U.K. Elite Petite Soccer

3-5 yrs / 6 wks or 5 wks / Start dates and prices below

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having FUN with a soccer ball. Parent involvement will be encouraged at times. For more information, contact Adam Cullison at 410-313-4705.

#### Cedar Lane Pk West Field 5 / 6 wks / \$97

RP6710.101	Sep 14	9:30-10:30am	Tu
RP6710.102	Sep 14	10:30-11:30am	Tu
RP6710.103	Sep 14	1-2pm	Tu
RP6710.104	Sep 16	3:45-4:45pm	Th
RP6710.105	Sep 16	4:45-5:45pm	Th
RP6710.106	Sep 17	3:45-4:45pm	F
RP6710.107	Sep 17	4:45-5:45pm	F

#### Western Regional Pk Field 5 / 6 wks / \$97

RP6710.108	Sep 15	12:30-1:30pm	W
RP6710.109	Sep 15	1:30-2:30pm	W

#### Gary Arthur Comm Ctr @ Glenwood / 5 wks / \$82

RP6710.110	Nov 9	9:30-10:30am	Tu
RP6710.111	Nov 9	10:30-11:30am	Tu
RP6710.112	Nov 9	1:30-2:30pm	Tu

#### Meadowbrook Ath Comp / 5 wks / \$82

RP6710.113	Nov 4	9:30-10:30am	Th
RP6710.114	Nov 4	10:30-11:30am	Th
RP6710.115	Nov 4	1:30-2:30pm	Th

## Tee Ball

### Tiny Tykes Tee Ball

3-4 yrs / 6 wks, start dates below / \$77

Come out to the ball park! Experienced coaches will introduce throwing, catching, batting and base running skills to your "little slugger" using age appropriate activities within a nurturing environment. For more information, contact Pam Honaker at 410-313-1694.

#### Rockburn Pk Field 3

RP6053.101	Sep 17	9:30-10:15am	F
RP6053.102	Sep 17	10:30-11:15am	F
RP6053.103	Sep 17	11:30-12:15pm	F
RP6053.104	Sep 17	12:30-1:15pm	F

#### Western Regional Pk Field 3

RP6053.105	Sep 22	12:30-1:15pm	W
RP6053.106	Sep 22	1:30-2:15pm	W

#### Meadowbrook Ath Comp

RP6053.107	Nov 9	9:30-10:15am	Tu
RP6053.108	Nov 9	10:30-11:15am	Tu
RP6053.109	Nov 9	11:30am-12:15pm	Tu
RP6053.110	Nov 9	12:30-1:15pm	Tu

## Tennis

### Play Time Tennis with Shantha Chandra

3-5 yrs / 6 classes, start dates below / \$62

Come learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racquet (size 19", 21" or 23"). Rain makeup on Fridays. For more information, contact Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East - Tennis Courts

RP6847.101	9:30-10:15am	Sep 8	M & W
RP6847.111	9:30-10:15am	Sep 29	M & W

### Youth Tennis

4-6 yrs, See page 43

## SKATE PARK on WHEELS



**FREE  
ADMISSION!**

**For Fall 2010 Schedule Visit:**  
<http://www.hcrpsports.com/skatepark.htm>



## Get Active Package

Looking for a variety in your workout options?

Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. For more information, call Julija Sajauskas at 410-313-2765.

### September, October & November

Adults: \$79 Fall season

Youth: \$19 Fall season

### December, January & February

Adults: \$79 Winter season

Youth: \$19 Winter season

For Meadowbrook, 15 and under requires parental supervision; for RCRC swimming pool, 11 and under requires supervision; the RCRC fitness room is available for 18 + only.



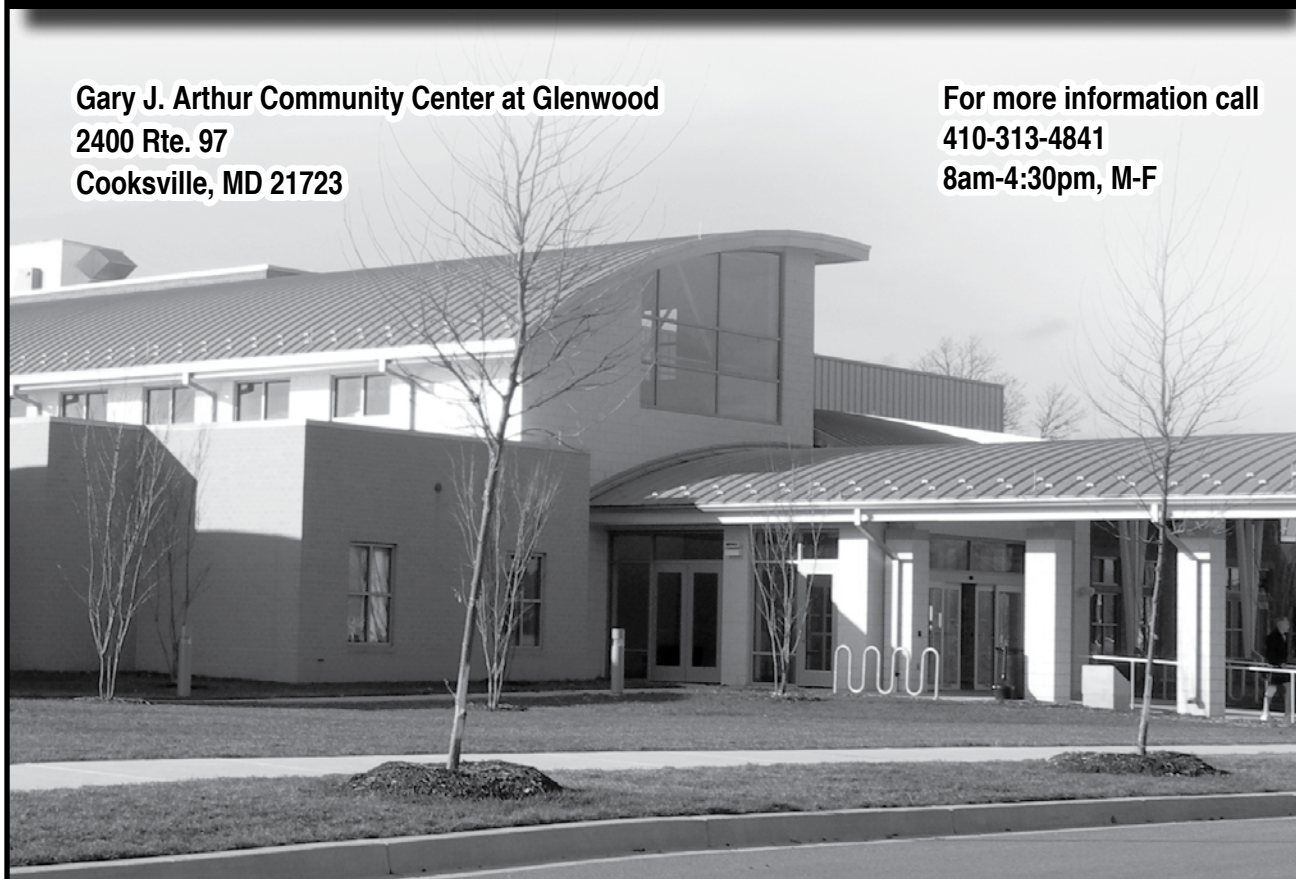
**Howard County**  
RECREATION & PARKS



# **The Glenwood Community Center has been rededicated to the late Recreation and Parks Director Gary J. Arthur.**

**Gary J. Arthur Community Center at Glenwood  
2400 Rte. 97  
Cooksville, MD 21723**

**For more information call  
410-313-4841  
8am-4:30pm, M-F**



## Youth (5-17 yrs) Classes & Activities



- *This section is for school-aged children in grades K-12, although we also have some programs specifically for older children listed in the "Teens & Tweens" section. You will also find that there are a number of programs in the Adults section that accept participants as young as 13.*
- *Accommodations may be provided at no additional cost, however they are not guaranteed. All accommodations and interpretive service requests must be made at the time of registration and require a minimum of two weeks advance notification.*
- *Classes are listed chronologically by age.*

## Aquatics

### Splashes

**6-12 yrs / 6 wks, start dates below / \$45**

Learn and improve swimming skills in this aquatics program for children with disabilities. Register for appropriate skill level. Siblings may register after 8/18. Level 1 (101) - Child fears water and has no swimming skills; parent must accompany child in water. Level 2 (102) - Child has no fear of water or pools and has basic skills, such as bubble blowing and ability to put face in water. Parent must accompany child in the water. Level 3 (103) - Child can independently propel through and under water for a minimum of 15 feet. **Goal:** Improve gross motor skills, ability to understand directions, and increase self-confidence. For more information, contact Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov)

#### New Cedar Lane School

RP4205.101	6:15-7pm	Oct 6	W
RP4205.102	7-7:45pm	Oct 6	W
RP4205.103	7:45-8:30pm	Oct 6	W

## Art & Music

### Art

#### **NEW! KidzArt Afterschool**

**Grades K-5 / 8 wks, start dates below / \$100 + \$35 materials fee**

From the Picassos-in-training to those who think they'll never "get it," art becomes approachable and much more fun than ever imagined with KidzArt! This class offers easy-to-learn drawing techniques that bring ideas to life in a nurturing and non-competitive environment. Children will experience creative activities that promote problem solving and get an introduction to contemporary and visual art that sets the stage for lifelong appreciation. Materials fee due at first class, payable to KidzArt. Bring a reusable water bottle. No class 11/2. For more information, contact Melissa Calleri at 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

RP3339.101	Lisbon ES	Sep 20	3:15-4:15pm	M
RP3339.102	Worthington ES	Sep 20	4-5pm	M
RP3339.103	Northfield ES	Sep 21	3:15-4:15pm	Tu
RP3339.104	Atholton ES	Sep 23	4-5pm	Th

#### **Dynamic Drawing with Edward Taylor**

**6-10 yrs / 6 wks, start dates below / \$59**

Have fun exploring the art of drawing with lines, shapes and shadows. Learn two-dimensional drawing techniques while creating unique works of art. Supplies are included but bring your own sketchbook, if preferred and a reusable water bottle. No class 11/27. For more information, contact Melissa Calleri at 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

RP0116.101	Fulton ES	Sep 25	10-11:30am	Sa
RP0116.102	Fulton ES	Nov 6	10-11:30am	Sa

#### **Art Adventures – Advanced Artists with Christina Kaputsos**

**7-10 yrs / 8 wks starting Sep 22 / \$89**

Art Adventures has been adapted for the older children – for all those veterans of this popular summer camp, or other artistically inclined kids! This class touches base on a variety of art mediums and techniques, as well as artists and art history. Explore the reigning principles of Art and Design with a specially trained artist! Learn the art of critique, draw the figure, explore abstractions, sculpture and much more. Sketchbooks/journals are required. For more information, contact Adam Wienckowski at 410-313-4714.

RP0108.111	St. John's Lane ES	5-6:30pm	W
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#### **For Art Adventures – Budding Artists with Christina Kaputsos**

See page 26

#### **Cartooning with Edward Taylor**

**7-11 yrs / 6 wks, start dates below / \$59**

Explore numerous aspects of cartoon drawing by combining basic shapes and forms to create unique characters. Study the art of drawing and have fun with lines, shapes, and shadows. Develop your own original characters and learn two-dimensional drawing techniques while creating unique works of art. Supplies are included but bring your own sketchbook, if preferred, and a reusable water bottle. No class 11/22. For more information, contact Melissa Calleri at 410-313-4721 or [mcalleri@howardcountymd.gov](mailto:mcalleri@howardcountymd.gov).

RP0115.101	Hollifield Station ES	Sep 27	5:30-7pm	M
RP0115.102	Hollifield Station ES	Nov 8	5:30-7pm	M

## Passport Art! with Christina Kaputsos

7-10 yrs / 8 wks, start dates below / \$89

No need to pack your bags! Discover art forms from all around the world right in your own neighborhood! Students will learn to create works of art native to cultures from all over the world. Projects range from the colorful figurines of Mexico, to Inuit Masks, to Russian egg decoration. Kids will travel to a new region each week and learn about the exciting and diverse world of art!

For more information, contact Adam Wienckowski at 410-313-4714.

RP0107.101	Fulton ES	Sep 21	4-5:30pm	Tu
RP0107.102	Elkridge ES	Sep 23	4-5:30pm	Th

## Studio Sketchers with Edward Taylor

7-11 yrs / 6 wks, start dates below / \$59

Expand your creative ability and explore your imagination through paint, charcoal, pastel, watercolor and other media. Use fundamental techniques in arts and crafts to create one-of-a-kind masterpieces. Learn about the influences of past and present artists using hands-on experiences in this class full of color and fun. Bring old shirt or smock and a reusable water bottle. No class 11/27. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP0114.101	Fulton ES	Sep 25	11:45am-1:15pm	Sa
RP0114.102	Fulton ES	Nov 6	11:45am-1:15pm	Sa

## Drawing Workshop with Edward Taylor

8-11 yrs / 6 wks, start dates below / \$59

Develop your technique and your own style as you increase your knowledge of drawing. Explore the art of drawing with lines, shapes, shadows and perspectives. Then use the techniques to create unique works of art. Supplies are included but bring your own sketchbook, and a reusable water bottle. No class 11/27. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP0116.111	Fulton ES	Sep 25	1:30-3pm	Sa
RP0116.112	Fulton ES	Nov 6	1:30-3pm	Sa

## **NEW!** Intergenerational Gingerbread House and Tea Party

See page 58

## Music

## **NEW!** Children's Chorus

4-7 yrs / 5 wks, start dates below / \$68 + \$20 materials fee

Learn to sing a variety of traditional and popular songs on pitch, as well as master basic music reading skills, expressive techniques, and beginning harmony through a variety of songs, games, and movement activities. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

Olenka School of Music – Columbia

RP0124.101	Sep 16	5:30-6:15pm	Th
RP0124.111	Oct 28	5:30-6:15pm	Th

## Guitar Studio

6-10 yrs / 5 wks, start dates below / \$115 + \$20 materials fee

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises plus how to apply basic chords to any song, in any style of music. Invite your friends and family to join the sing-along during the last class. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

Olenka School of Music – Columbia

RP0125.101	Sep 14	6-6:55pm	Tu
RP0125.111	Oct 26	6-6:55pm	Tu

Olenka School of Music – Ellicott City

RP0125.102	Sep 16	6:30-7:25pm	Th
RP0125.112	Oct 28	6:30-7:25pm	Th

## Voice Studio

6-10 yrs / 5 wks, start dates below / \$125 + \$20 materials fee

Find your vocal potential in this upbeat class designed to teach students how to properly warm-up vocal muscles, strengthen the voice, and increase range. Sing popular, age-appropriate songs. Sing with karaoke tracks or live piano back-up. Students will perform solo and in a group at the end of the session. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

Olenka School of Music – Columbia

RP0126.101	Sep 13	5:30-6:25pm	M
RP0126.111	Oct 25	5:30-6:25pm	M

Olenka School of Music – Ellicott City

RP0126.102	Sep 15	7-7:55pm	W
RP0126.112	Oct 27	7-7:55pm	W

## Introduction to the Piano

8-11 yrs / 8 wks starting Sep 25 / \$99 + \$10 materials fee

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Participants will learn and practice on their own keyboard. Students should have access to a keyboard to practice outside class. Materials fee due at first class. For more information, contact Adam Wienckowski at 410-313-4714.

RP0182.101	River Hill HS	1-2pm	Sa
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## Cooking

## Cannelloni Kids Cooking School

Grades K-5 / 4 wks, start dates below / \$80 + \$40 materials fee

CKCS, the mobile cooking program, is coming to a school near you! Classes taught by Nikki McGowan, co-host of Child Life TV Cooking Show and her staff of culinary experts. Chefs enjoy cultural explorations through the preparation of a wide range of cuisine. An emphasis on etiquette, nutrition, kitchen safety and the science behind cooking! Materials fee due at first class, payable to CKCS. Bring a reusable water bottle. For the Rockburn ES location, teacher will escort children to and from the nearby Pfeiffers Corner Schoolhouse for class. No class 11/22, 11/23, 11/24, 11/25, 10/15 and 11/26. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

### Session I

Taste of France! We will be creating vichyssoise, a velvety soup made of leek and potato, croque monsieur, and even crème brûlée.

RP0130.101	Dayton Oaks ES	Oct 4	3:35-5:05pm	M
RP0130.102	Bushy Park ES	Oct 5	4-5:30pm	Tu
RP0130.103	Elkridge ES	Oct 6	4-5:30pm	W
RP0130.104	Fulton ES	Oct 7	4-5:30pm	Th
RP0130.105	Triadelphia Ridge ES	Oct 7	3:30-5pm	Th
RP0130.106	Forest Ridge ES	Oct 1	4-5:30pm	F
RP0130.107	Rockburn ES	Oct 1	3:25-4:55pm	F

### Session II

Taste of New Orleans! Learn the difference between Cajun and Creole through some fantastic dishes including gumbo and étouffée. What's a crawfish? You'll see!

RP0130.121	Dayton Oaks ES	Nov 8	3:35-5:05pm	M
RP0130.122	Bushy Park ES	Nov 16	4-5:30pm	Tu
RP0130.123	Elkridge ES	Nov 10	4-5:30pm	W
RP0130.124	Fulton ES	Nov 11	4-5:30pm	Th
RP0130.125	Triadelphia Ridge ES	Nov 11	3:30-5pm	Th
RP0130.126	Forest Ridge ES	Nov 19	4-5:30pm	F
RP0130.127	Rockburn ES	Nov 19	3:25-4:55pm	F



## Junior Chefs

7-11 yrs / 4 wks, start dates below / \$69

Do you like cooking? Would you like to learn how to make some new dishes? Come cook in our extra large kitchen. The hands-on cooking activities are perfectly measured for aspiring young chefs. Each week features new tastes and techniques. Complete the course with a recipe book to share all your favorites. Each chef should bring a dish towel and a beverage in a reusable container. No class 9/30 and 11/25. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

### Ellicott Mills MS

RP3305.101	Sep 16	6:15-7:45pm	Th
RP3305.102	Oct 21	6:15-7:45pm	Th
RP3305.103	Nov 18	6:15-7:45pm	Th

## Kids' Night in the Kitchen

7-11 yrs / Start dates below / \$39

TGIF! Parents can enjoy a night out while it's Friday night fun for the kids! Make a special dinner, a treat and watch a movie. Bring a reusable water bottle. For each registered full-price participant, an additional sibling can sign up for only \$11! For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3307.101	Ellicott Mills MS	Oct 1	6-9pm	F
RP3307.102	Ellicott Mills MS	Nov 12	6-9pm	F

## Dance

Chris Thomas

## Back Beats I

7-10 yrs / 6 wks starting Oct 9 / \$79

A fast-paced high-energy hip-hop class that emphasizes body isolations, intricate rhythms and individual expression. Dancers will learn basic hip-hop, popping, and break dancing techniques. Each student will gain the skills to develop his or her own unique style. Wear comfortable clothes; sneakers are required. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1037.101	Ellicott Mills MS	2:30-3:30pm	Sa
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## Back Beats II

7-11 yrs / 6 wks starting Oct 9 / \$79

In this continuation class, students will focus more on choreography than basic skills learned in Level I. Wear comfortable clothes; sneakers are required. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1037.111	Ellicott Mills MS	3:45-4:45pm	Sa
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Cindee Velle

## Ballet/Jazz Level I

6-7 yrs / 12 wks starting Sep 15 / \$145

This beginning level dance class introduces basic barre exercises, leg, feet and arm positions, and first forms of classic center work. The jazz portion includes contemporary movement from a broad range of American dance styles such as Broadway, lyrical and funk. Girls wear pink ballet shoes, black leotard and pink tights and black jazz shoes. Boys wear black ballet shoes, black dance pants or sweat pants, a white tee shirt and black jazz shoes. Bring a reusable water bottle. No class 11/24. Instructor is Aimee Velle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1002.101	Worthington ES	4:10-5:40pm	W
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## Ballet/Jazz Level II

8-10 yrs / 12 wks starting Sep 10 / \$145

The continuation level dance class is for older and/or experienced dance students involving barre exercises, leg, feet and arm positions, and first forms of classic center work. The jazz portion includes contemporary movement from a broad range of American dance styles such as Broadway, lyrical and funk. Girls wear pink ballet shoes, black leotard and pink tights and black jazz shoes. Boys wear black ballet shoes, black dance pants or sweat pants, a white tee shirt and black jazz shoes. Bring a reusable water bottle. No class 10/15, 11/5, and 11/26. Instructor is Debbie Braun. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1002.102	Worthington ES	4:55-6:25pm	F
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## Drama

## School's Out Drama Workshops

Grades K-5 / Dates below / \$79 each, \$295 series

Why sit at home in front of the TV on your day off from school? Join Drama Learning Center for our School's Out Workshops. Each day will feature a different drama topic, arts & crafts, and fun! Register for the full series for a savings of \$100! Additional sibling only \$25 more per class, or \$100 for the series! Before & After Care available, call DLC at 410-997-9352. For more information, contact Adam Wienckowski at 410-313-4714.

### Drama Learning Center – Red Branch Road

RP0105.101	Sep 9	9am-4pm	Th
RP0105.102	Sep 14	9am-4pm	Tu
RP0105.103	Oct 15	9am-4pm	F
RP0105.104	Nov 2	9am-4pm	Tu
RP0105.105	Nov 5	9am-4pm	F

## The Music & Moves of High School Musical!

Grades K-5 / 6 wks, start dates below / \$99

Students will sing, dance, and act to their favorite songs from High School Musical 1, 2, and 3! Class will culminate in a showcase for family and friends of songs learned over the course of the session. Bring a folder, snack and reusable water bottle. No class 11/2, 11/23, and 11/25. **NOTE:** If enrollment reaches maximum, class will be split. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP1021.101	Dayton Oaks ES	Oct 19	3:40-5:10pm	Tu
(Final showcase will be Dec 7 at 6pm.)				

RP1021.102	Hollifield Station ES	Oct 28	3:25-4:50pm	Th
(Final showcase will be Dec 9 at 6pm.)				

## Fitness

## **NEW!** Fit Kids

8-13 yrs / 6 wks, start dates below / \$39

A fun total body workout that mixes cardio drills and strength training exercises to improve agility, coordination, balance and total health. Program led by certified trainers. Pre-registration required. For registration or additional information, please call 410-313-4840.

### Gary Arthur Comm Ctr @ Glenwood

RP4165.101	Sep 7	5:30-6:30pm	Tu
RP4165.102	Nov 2	5:30-6:30pm	Tu



## Language

**Beginning Chinese I with Yaping Wu****5-11 yrs / 6 wks starting Oct 16 / \$59**

Do you want to learn Chinese? This program will spark interest in learning Chinese language & expose students to the Chinese culture. Basic language will be used including greetings, conversation, written language, numbers, colors, animals, foods and family members. Have fun while learning a new and exciting language! Dialect: Mandarin. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3317.101 Centennial Lane ES 2-3:30pm Sa

**Beginning Chinese II with Yaping Wu****5-11 yrs / 6 wks starting Oct 16 / \$59**

Do you want to continue to improve your Chinese? This program will let students learn more of the Chinese language and expose them to Chinese culture. Basic language will be continued including greetings, conversation, and written language. Dialect: Mandarin. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3317.102 Centennial Lane ES 3:45-5:15pm Sa

**Oh la la French I****Grades K-5 / 6 wks starting Sep 25 / \$79**

Learn the basics of the French language and the wonders of French culture! Children will learn greetings, colors, numbers, days of the week, months of the year, the weather, family and pets through songs and fun activities! Books and stories are also used to enhance their exposure. Please bring a notebook, glue stick and crayons. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3319.101 Pointers Run ES 10:30-11:30am Sa

***NEW!* Hurray for Spanish with Cecilia Redmond****7-10 yrs / 5 wks starting Sep 18 / \$65**

Hurray for Spanish, Viva el Espanol! This class introduces students to vocabulary related to school (school supplies, rooms and staff). Old favorites like numbers, colors and days of the week will also be covered. All vocabulary is reinforced with songs, games and fun activities. Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3306.101 Veterans ES 11:15am-12:45pm Sa

## Life Skills

**Say 'Please', Say 'Thank You'****by The International School of Protocol****4-7 yrs / 4 wks starting Oct 12 / \$85**

A hands-on approach designed to build children's self-esteem and increase confidence in social situations. Topics include: greetings and good-byes, handshakes, including others, helping others and other kind things we say and do. Children receive workbooks for additional practice at home. No class 11/2. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3332.101 Manor Woods ES 5-5:50pm Tu

**How to Say it Best****by The International School of Protocol****4-7 yrs / 4 wks starting Nov 16 / \$85**

This interactive, hands-on program is designed to increase confidence & boost communication skills. Program includes the following topics: telephone manners, idea sharing, answering questions, school etiquette and more. Children receive workbooks for additional practice at home. No class 11/23. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3302.101 Manor Woods ES 5-5:50pm Tu

**Social Etiquette for Kids****by The International School of Protocol****8-11 yrs / 4 wks starting Oct 12 / \$85**

Build confidence and self-esteem by learning how to be appropriate and comfortable in social situations. Topics include: greetings and handshakes, common courtesies, public etiquette, acts of kindness and respect, host and guest behaviors, image and interviewing. Children receive workbooks for additional practice at home. No class 11/2. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3313.101 Manor Woods ES 4-4:50pm Tu

**Communication Skills for Kids****by The International School of Protocol****8-11 yrs / 4 wks starting Nov 16 / \$85**

Build confidence, develop character and increase self-esteem. Learn proper greetings and introductions, conversation, listening and public speaking skills, telephone etiquette and how to write thank-you notes. Children receive workbooks for additional practice at home. No class 11/23. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3309.101 Manor Woods ES 4-4:50pm Tu

**Modeling Workshop with Sean Gibson****8-11 yrs / 8 wks starting Oct 2 / \$119**

Join a former national modeling agency director, national modeling school instructor and current scout for this workshop to improve grooming habits, runway techniques, personality development, confidence building, interviewing skills, auditioning, goal setting, public speaking techniques and much more! Bring a reusable water bottle. For more information, contact Melissa Calleri at 410-313-4721 or mcalleri@howardcountymd.gov.

RP3320.101 Wilde Lake MS 10-11:30am Sa

## Sports Instruction

## Baseball

**After-School Coach-Pitch Baseball****6-7 yrs / 5 wks, start dates below / \$38**

Step up to the plate! Focus on baseball fundamentals such as batting, base running and fielding. Coaches will use a variety of exercises, drills and practice games to help you improve your skills. Bring a glove. Meet outside school office; coach will escort players to field (except for section 103). For more information, call staff at 410-313-4705.

RP6057.101	Bellows Spring ES	Sep 16 4-5pm	Th
RP6057.102	Hollifield Station ES	Sep 15 3:20-4:20pm	W
RP6057.103	Meadowbrook Ath Comp	Nov 9 4-5pm	Tu
RP6057.104	Pointers Run ES	Sep 21 4-5pm	Tu

**Winter Baseball Tune-Up with Mike Lerner****8-15 yrs / 4 wks starting Jan 9 / \$115**

While it's cold outside, move indoors to develop and improve hitting, pitching and fielding skills. This program focuses on positional breakdown and fundamentals of defensive fielding and hitting, with some base running. Instruction is led by a Howard County High School varsity coach. Players are divided into groups based on ability and age. For more information, contact Sandra Lambert at 410-313-4715.

RP6055.201    Hammond HS    10-noon    Su

**Badminton****HC Youth Badminton****9-14 yrs / 8 wks starting Sep 20 / \$60**

Boys and girls will learn the fun, fast-paced game of badminton. Each week players will learn skills and game concepts through games and activities and compete in matches. The program will meet at the Meadowbrook Athletic Complex and play on six badminton courts. Players must bring their own racquets; shuttlecocks will be provided. For more information, contact Will Dunmore at 410-313-1697.

RP6830.101    Meadowbrook Ath Comp    6-8pm    M

**Basketball****Kiddie Basketball****5-6 yrs / 5 wks, start dates below / \$38**

Children will learn and develop the fundamental skills of dribbling, passing, shooting, defense and overall team play, all in a fun and encouraging environment. Meet in the gym. For more information, call 410-313-4705.

RP6080.101	Atholton ES	Sep 21	5-6pm	Tu
RP6080.102	Bellows Spring ES	Sep 13	5-6pm	M
RP6080.103	Bushy Park ES	Sep 16	5-6pm	Th
RP6080.104	Centennial Lane ES	Nov 1	4:30-5:30pm	M
RP6080.105	Clemens Crossing ES	Sep 21	5-6pm	Tu
RP6080.106	Elkridge ES	Nov 1	5-6pm	M
RP6080.107	Forest Ridge ES	Sep 13	5-6pm	M
RP6080.108	Fulton ES	Sep 16	5-6pm	Th
RP6080.109	Gorman Crossing ES	Nov 3	5-6pm	W
RP6080.110	Meadowbrook Ath Comp	Sep 13	5-6pm	M
RP6080.111	Phelps Luck ES	Nov 1	4:30-5:30pm	M
RP6080.112	Pointers Run ES	Nov 9	5-6pm	Tu
RP6080.113	Rockburn ES	Sep 15	4:30-5:30pm	W
RP6080.114	Thunder Hill ES	Nov 4	5-6pm	Th
RP6080.115	Triadelphia Ridge ES	Nov 4	4:30-5:30pm	Th
RP6080.116	Veterans ES	Sep 15	5-6pm	W
RP6080.117	West Friendship ES	Nov 3	5-6pm	W
RP6080.118	Worthington ES	Nov 9	5-6pm	Tu

**After-School Basketball****7-8 yrs / 5 wks, start dates below / \$38**

First-time players or those wanting to improve skills can focus on the fundamentals of basketball, including dribbling, passing, shooting and defense. Coaches will use a variety of drills, games and scrimmages to help you develop your skills, all while having fun in a team-oriented environment. Meet in the gym. For more information, call 410-313-4705.

RP6081.101	Atholton ES	Sep 21	4-5pm	Tu
RP6081.102	Bellows Spring ES	Sep 13	4-5pm	M
RP6081.103	Bushy Park ES	Sep 16	4-5pm	Th
RP6081.104	Centennial Lane ES	Nov 1	3:20-4:20pm	M
RP6081.105	Clemens Crossing ES	Sep 21	4-5pm	Tu
RP6081.106	Elkridge ES	Nov 1	4-5pm	M
RP6081.107	Forest Ridge ES	Sep 13	4-5pm	M
RP6081.108	Fulton ES	Sep 16	4-5pm	Th
RP6081.109	Gorman Crossing ES	Nov 3	4-5pm	W
RP6081.110	Meadowbrook Ath Comp	Sep 13	4-5pm	M
RP6081.111	Phelps Luck ES	Nov 1	3:20-4:20pm	M
RP6081.112	Pointers Run ES	Nov 3	4-5pm	Tu
RP6081.113	Rockburn ES	Sep 15	3:25-4:25pm	W
RP6081.114	Thunder Hill ES	Nov 4	4-5pm	Th
RP6081.115	Triadelphia Ridge ES	Nov 4	3:30-4:30pm	Th
RP6081.116	Veterans ES	Sep 15	4-5pm	W
RP6081.117	West Friendship ES	Nov 3	4-5pm	W
RP6081.118	Worthington ES	Nov 9	4-5pm	Tu

**Go to the Hoop****Ages below / 6 wks starting Oct 3 / \$72**

Hoops anyone? Girls and boys will have fun while improving their overall game. Coaches will help children advance their basic skills and fundamentals through a variety of drills, exercises, games and scrimmages. Emphasis is on dribbling, passing, shooting, offensive and defensive positioning and the importance of teamwork. Basketball knowledge and playing experience are preferred. Fee includes tee shirt. For more information, call 410-313-4705.

RP6085.101	8-10 yrs	Hammond HS	1:30-3pm	Su
RP6085.111	11-13 yrs	Hammond HS	3:15-4:45pm	Su

**Meadowbrook After-School Basketball Club****9-10 yrs / 8 wks, start dates below / \$95**

Come and join the club! Players will have fun learning and applying what they know in this scrimmage-play program. Coaches will use a variety of skill drills and game play to help children elevate their game, all while focusing on teamwork and sportsmanship. Program leaders will serve as coaches and officials. Some basketball knowledge and playing experience are recommended. For more information, call 410-313-4705.

**Meadowbrook Ath Comp**

RP6088.101	Boys	Sep 22	4:30-6pm	W
RP6088.102	Girls	Sep 23	4:30-6pm	Th

**Cross Country****Cross Country Club****8-14 yrs / 5 wks starting Sep 16 / \$89**

Ready to run? Boys and girls will learn the basic fundamentals of distance running through the scenic trails of Rockburn Branch Park. Experienced instructors will introduce conditioning drills and cross country skills in an encouraging environment. This is a great opportunity to have fun and get in shape while being outdoors. For more information, call 410-313-4705.

RP6100.101    Rockburn Pk (Montgomery Rd Entrance)    5-6:30pm    Tu & Th

## Field Hockey



Field Hockey

### **NEW!** Introduction to Field Hockey with Kelly Snyder

**6-10 yrs / 6 wks starting Sep 12 / \$87**

Parents! Tired of the same traditional sports and want your child to experience a new challenge? Field hockey is the hottest craze and is becoming more and more popular! This introductory program will provide young athletes with the foundation of solid skills to lead them into a lifetime of field hockey through fun and fitness. The program will focus on a fun method of teaching skills through small games. The goal is to start young, have fun and LOVE THE GAME! Sticks will be provided. Mouth guards and shin guards are required. Please bring a re-usable water bottle. Fee includes t-shirt, supplies and administration. For more information, contact Susan Markovitz at 410-313-4674.

RP5266.101	Dayton Oaks ES	4-5:30pm	Su
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## Flag Football

### Kiddie Flag Football

**6-7 yrs / 5 wks, start dates below / \$38**

Children will learn and develop the fundamental skills of passing, catching, running routes, defense and overall team play, all in a fun and encouraging environment. Bring a reusable water bottle. Meet on field. For more information, call 410-313-4705.

RP6030.101	Clarksville ES	Sep 21	5-6pm	Tu
RP6030.102	Cradlerock ES	Sep 16	4-5pm	Th
RP6030.103	Northfield ES	Sep 13	4:15-5:15pm	M
RP6030.104	Worthington ES	Sep 15	5-6pm	W

### After-School Flag Football

**8-10 yrs / 5 wks, start dates below / \$38**

First-time players or those wanting to improve skills can focus on the fundamentals of passing, catching, running routes, defense and overall team play, all in a fun and exciting environment. Bring a reusable water bottle. Meet outside school office; coach will escort players to field. For more information, call 410-313-4705.

RP6031.101	Clarksville ES	Sep 21	4-5pm	Tu
RP6031.102	Cradlerock ES	Sep 16	2:45-3:45pm	Th
RP6031.103	Northfield ES	Sep 13	3:15-4:15pm	M
RP6031.104	Worthington ES	Sep 15	4-5pm	W

## Floor Hockey

### Kiddie Floor Hockey

**5-7 yrs / 5 wks, start dates below / \$38**

This class is designed for first-time or beginner level players and involves no checking. Players can learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. For more information, call 410-313-4705.

RP6265.101	Jeffers Hill ES	Nov 1	4:45-5:45pm	M
RP6265.102	Lisbon ES	Nov 10	4:30-5:30pm	W
RP6265.103	Meadowbrook Ath Comp	Sep 21	5-6pm	Tu

### After School Floor Hockey

**8-10 yrs / 5 wks, start dates below / \$38**

This class is designed for beginner level players and involves no checking. Players can learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. For more information, call 410-313-4705.

RP6263.101	Jeffers Hill ES	Nov 1	3:35-4:35pm	M
RP6263.102	Lisbon ES	Nov 10	3:15-4:15pm	W
RP6263.103	Meadowbrook Ath Comp	Sep 21	4-5pm	Tu

## Golf

### **NEW!** Backyard Golf

**4-8 yrs / 5 wks, start dates & locations below / \$73**

Join us for an exciting introduction into the world of golf. Learn basic swings, rules of the sport and proper etiquette. All equipment will be provided. Parent volunteers are encouraged to participate. For more information, contact Tessa Hurd at 410-313-4637.

**4-5 yrs**

RP6319.101	Patapsco MS	Sep 14	5:30-6:30pm	Tu
RP6319.102	Burleigh Manor MS	Sep 15	5:30-6:30pm	W
RP6319.103	Mayfield Woods MS	Sep 16	5:30-6:30pm	Th

**6-8 yrs**

RP6319.111	Patapsco MS	Sep 14	6:30-7:30pm	Tu
RP6319.112	Burleigh Manor MS	Sep 15	6:30-7:30pm	W
RP6319.113	Mayfield Woods MS	Sep 16	6:30-7:30pm	Th

### Taking Golf After School

**5-9 yrs / 5 wks, start dates below / \$142**

Taking Golf After School (TGAS) is a national after-school junior golf enrichment program. Instructors use props, contests and team skill challenges to introduce golf to students in a safe and rewarding environment that includes a lot of fun. TGAS creates an energetic, supervised and safe atmosphere, conducive to the advancement of student life and golf skills. The program is appropriate for beginners and advanced beginners. Students will learn the set-up routine, basic swing fundamentals for most golf swings, golf etiquette, rules, skills and drills and life lessons in every class. Most important, pure excitement in the class will begin to develop a child's passion for the sport of golf. For more information, contact Tessa Hurd at 410-313-4637.

RP6318.101	Clemens Crossing ES	Sep 13	4-5pm	M
RP6318.102	West Friendship ES	Sep 14	3:55-4:55pm	Tu
RP6318.103	Elkridge ES	Sep 15	4-5pm	W
RP6318.104	Fulton ES	Sep 16	4-5pm	Th

## Junior Golf

**8-17 yrs / Start dates & locations below / \$82 + ball fee**

This introduction to the game includes swing fundamentals, rules and etiquette. No equipment or experience necessary. HCRP and the Maryland Recreation & Parks Association Jr. Golf Program have added a new location: Hobbit's Glen Golf Course! Ball fee: \$15 at first class for Timbers, Waverly Woods, Fairway Hills and Hobbit's Glen; \$6 per week for Rocky Gorge. For more information, contact Tessa Hurd at 410-313-4637.

### Timbers at Troy Golf Course / 5 wks

RP6320.101	Sep 13	4:30-5:15pm	M
RP6320.102	Sep 15	4:30-5:15pm	W
RP6320.103	Sep 17	4:30-5:15pm	F
RP6320.104	Sep 18	9-9:45am	Sa
RP6320.105	Sep 18	12-12:45pm	Sa

### Waverly Woods Golf Course / 5 wks

RP6320.106	Sep 15	4-4:45pm	W
RP6320.107	Sep 17	4-4:45pm	F

### Rocky Gorge Golf Fairway / 5 wks

RP6320.110	Sep 18	10-11am	Sa
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### Fairway Hills Golf Course / 4 Wks

RP6320.111	Sep 18	1-2pm	Sa
RP6320.112	Sep 19	1-2pm	Su

### Hobbit's Glen Golf Course / 4 wks

RP6320.113	Sep 14	4-5pm	Tu
RP6320.114	Sep 16	4-5pm	Th

## Gymnastics

### Cartwheels and Crafts

**3-6 yrs / 6 wks starting dates below / \$154**

Does your child have lots of physical and creative energy? This 2-hour class combines the fun of gymnastics with creative craft time. Come bounce on the trampolines, climb in the foam pit and create wonderful arts and crafts. All materials are provided. For more information, contact Megan Freer at 410-313-4720.

RP6354.101	Columbia Gymnastics	Sep 15	1:30-3:30pm	W
RP6354.102	Columbia Gymnastics	Nov 3	1:30-3:30pm	W

### Beginning Gymnastics

**Ages, start dates & prices below / 6 wks**

Taught according to the progression standards set by the US Gymnastics Federation, participants are introduced to apparatus for gymnastic rotations and to the US Gymnastics Federation levels of skill development. Participants will begin to develop the confidence, fitness, strength and flexibility needed for the intermediate level. No class, 11/25, 11/26 & 11/27. For more information, contact Megan Freer at 410-313-4720.

#### Columbia Gymnastics

##### Boys / 6 yrs + / \$82

RP6353.101	Sep 16	6:30-7:30pm	Th
RP6353.102	Nov 4	6:30-7:30pm	Th

##### Girls / 6-8 yrs / \$82

RP6353.111	Sep 14	4:30-5:30pm	Tu
RP6353.112	Sep 16	6:30-7:30pm	Th
RP6353.113	Sep 17	6:30-7:30pm	F
RP6353.114	Sep 18	11:45am-12:45pm	Sa
RP6353.115	Nov 2	4:30-5:30pm	Tu
RP6353.116	Nov 4	6:30-7:30pm	Th
RP6353.117	Nov 5	6:30-7:30pm	F
RP6353.118	Nov 6	11:45am-12:45pm	Sa

## Jump Rope

### Jump Rope & Double Dutch FUN!

See page 51

### Jump Rope Fit for Adults & Teens

See page 67

### Joey Jumpers with Kangaroo Kids

**6-8 yrs / 12 wks starting Sep 14 / \$172**

This introductory jump rope class is all about having fun and getting fit in a safe and non-competitive environment. Jumpers will learn basic single rope and some long rope skills. Jump rope fee: \$6 for first time participants due at first class. Returning jumpers should bring their beaded jump ropes. For more information, contact Tessa Hurd at 410-313-4637.

RP6361.101	Meadowbrook Ath Comp	4:30-5:30pm	Tu
RP6361.102	Meadowbrook Ath Comp	5:45-6:45pm	Tu

### Junior Jumpers with Kangaroo Kids

**8-16 yrs / 12 wks starting Sep 14 / \$172**

This is a beginning jump rope class that is all about fun and fitness. Jumpers will learn basic single rope, Double Dutch and long rope skills. Jump rope fee: \$6 for first time participants due at first class. Returning jumpers should bring their beaded jump ropes. For more information, contact Tessa Hurd at 410-313-4637.

RP6362.101	Meadowbrook Ath Comp	4:30-5:30pm	Tu
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### Intermediate Jumpers with Kangaroo Kids

**6-16 yrs / 12 wks starting Sep 14 / \$172**

Jumpers will build on basic single and long rope skills and be introduced to precision group routines. Prerequisite: Minimum 2 sessions of Joey Jumpers or Junior Jumpers and/or coach's approval. For more information, contact Tessa Hurd at 410-313-4637.

RP6363.101	Meadowbrook Ath Comp	5:45-6:45pm	Tu
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### Preparation to Perform with Kangaroo Kids

**8-16 yrs / 12 wks starting Sep 15 / \$172**

Jumpers with a desire to ultimately perform at public events will build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum 2 sessions of Intermediate Jumpers and/or coach's approval. For more information, contact Tessa Hurd at 410-313-4637.

RP6364.101	Meadowbrook Ath Comp	4:30-5:30pm	W
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### Jump Rope Day with Kangaroo Kids

**6-16 yrs / Start dates below / \$43**

No school today? Join the Kangaroo Kids for a one-day class! Beginner through intermediate level jumpers will focus on single rope and long rope skills. This is a great opportunity for kids to try jump rope, have fun, get fit and learn new skills! More experienced jumpers will learn new skills and work on mastering their current skills. The class is taught by experienced Kangaroo Kids coaches. Jump ropes will be available for use in the class or jumpers may bring their own rope. The instructor will have jump ropes available for purchase at the class. For more information, contact Tessa Hurd at 410-313-4637.

#### Meadowbrook Ath Comp

RP6366.101	Sep 9	9am-noon	Th
RP6366.102	Oct 15	9am-noon	F
RP6366.103	Nov 2	9am-noon	Tu



## Lacrosse

### Lacrosse-Introduction-Boy's

**Ages below / 6 wks, start dates below / \$80**

First-time players or those wanting to improve skills can focus on lacrosse fundamentals. Curriculum includes: stick work, shooting, ground balls and basic lacrosse concepts. Equipment provided. Bring mandatory mouth guard. Fee includes t-shirt. For more information, contact Patrick McGinnis at 410-313-1689.

#### Cedar Lane Pk West Field 5

RP6505.101	5-6 yrs	Sep 12	2-3pm	Su
RP6505.111	7-8 yrs	Sep 12	3:15-4:15pm	Su
RP6505.121	9-10 yrs	Sep 12	4:30-5:30pm	Su

#### Meadowbrook Ath Comp

RP6505.201	5-6 yrs	Jan 9	9-10am	Su
RP6505.211	7-8 yrs	Jan 9	10:15-11:15am	Su
RP6505.221	9-10 yrs	Jan 9	11:30am-12:30pm	Su

### Lacrosse-Introduction-Girl's

**Ages below / 6 wks, start dates below / \$80**

First-time players or those wanting to improve skills can focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse stick and protective eyewear (mandated by U.S. Lacrosse). Bring mandatory mouth guard. For more information, contact Patrick McGinnis at 410-313-1689.

#### Cedar Lane Pk West Field 5

RP6505.101	5-6 yrs	Sep 12	2-3pm	Su
RP6505.111	7-8 yrs	Sep 12	3:15-4:15pm	Su
RP6505.121	9-10 yrs	Sep 12	4:30-5:30pm	Su

#### Meadowbrook Ath Comp

RP6505.201	5-6 yrs	Jan 9	9-10am	Su
RP6505.211	7-8 yrs	Jan 9	10:15-11:15am	Su
RP6505.221	9-10 yrs	Jan 9	11:30am-12:30pm	Su

## Martial Arts

### After-School Karate Program by Klotz Institute of Karate

**5-11 yrs / 6 wks, start dates below / \$37**

This after-school karate program will allow your child to get some exercise while working on following directions, listening, patience and building confidence. Your child will learn basic motion, forms, jujitsu, one step and sparring. Students at all levels are welcome. For more information, contact Pam Honaker at 410-313-1694.

RP8700.101	Belhows Spring ES	Oct 13	3:55-4:40pm	W
RP8700.102	Clemens Crossing ES	Oct 14	3:55-4:40pm	Th

### D & S Karate with Seth Ismart

**6-13 yrs / 12 or 13 wks, start dates & prices below**

Improve coordination, confidence, flexibility, balance, agility and focus while having fun learning the art of karate and jiu-jitsu. Our certified black belt instructors are nationally ranked experts in martial arts and have years of classroom experience instructing children in the art of self-defense and personal accomplishment. For more information, contact Pam Honaker at 410-313-1694.

#### 13 wks / \$66

RP8710.101	Phelps Luck ES	Sep 20	7-8pm	M
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#### 12 wks / \$61

RP8710.102	Hammond ES	Sep 22	7-8pm	W
RP8710.103	Dayton Oaks ES	Sep 22	7-8pm	W
RP8710.104	Centennial Lane ES	Sep 23	7-8pm	Th



### TKA Self-defense

**14 yrs + / 4 wks, start dates below / \$49**

See page 71

### TKA Karate

**5-12 yrs / 12 or 13 wks, start dates & prices below**

Boys and girls at all skill levels can learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week will be spent taking or viewing the test or participating in a refresher class. For more information, contact Pam Honaker at 410-313-1694.

#### 13 wks / \$68

RP8730.101	Gary Arthur Comm Ctr @ Glenwood	Sep 20	7-8pm	M
RP8730.102	Oakland Mills MS	Sep 20	7-8pm	M
RP8730.103	Worthington ES	Sep 21	7-8pm	Tu

#### 12 wks / \$62

RP8730.111	Cradlerock ES	Sep 21	7-8pm	Tu
RP8730.112	Forest Ridge ES	Sep 23	7-8pm	Th
RP8730.113	Fulton ES	Sep 22	7-8pm	W
RP8730.114	Longfellow ES	Sep 21	7-8pm	Tu
RP8730.115	Manor Woods ES	Sep 23	7-8pm	Th
RP8730.116	Northfield ES	Sep 22	7-8pm	W
RP8730.117 (Beg)	Pointers Run ES	Sep 23	6-7pm	Th
RP8730.121 (Int)	Pointers Run ES	Sep 23	7-8pm	Th
RP8730.118 (Beg)	Rockburn ES	Sep 22	6-7pm	W
RP8730.122 (Int)	Rockburn ES	Sep 22	7-8pm	W

### Fencing with Barbara Spangler

**7-14 yrs / 10 wks, start dates below / \$104**

En garde! Experience the thrill of competitive fencing – a unique combination of quick thinking and elegant athletic movements. Beginning and intermediate girls and boys can learn the footwork, sword skills, rules and code of conduct necessary for a successful fencing bout. Fee includes use of equipment shared by all classes. Children who have fencing experience or have taken numerous fencing classes with HCRP should register in the intermediate section. For more information, contact Pam Honaker at 410-313-1694.

#### Beginner

RP8830.101	Schooley Mill Pk	Sep 28	6-7:15pm	Tu
RP8830.102	Schooley Mill Pk	Sep 29	6-7:15pm	W

#### Intermediate

RP8830.103	Schooley Mill Pk	Sep 28	7:30-8:45pm	Tu
RP8830.104	Schooley Mill Pk	Sep 29	7:30-8:45pm	W

## Multi-Sport



### School's Out Junior Sports Camp

**5-7 yrs / 1 day, dates below / \$31**

School is out and we're open for play! Young athletes will develop their skills in three of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or court hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities will take place indoors and outdoors. For more information, call 410-313-4705.

#### Meadowbrook Ath Comp

RP7008.101	Sep 9	8:30am-12:30pm	Th
RP7008.102	Sep 14	8:30am-12:30pm	Tu
RP7008.103	Oct 15	8:30am-12:30pm	F
RP7008.104	Nov 2	8:30am-12:30pm	Tu
RP7008.105	Nov 5	8:30am-12:30pm	F

**NEW! School's Out Sports Camp****8-13 yrs / 1 day, dates below / \$57**

School is out and we're open for play! You will develop your skills in five of the following sports: basketball, soccer, tennis, court hockey, flag football, touch rugby, lacrosse or volleyball. An emphasis will be placed on game play, teamwork and sportsmanship. The Meadowbrook Athletic Complex is a fantastic new facility offering the finest playing conditions around. Activities will take place indoors and outdoors. For more information, call 410-313-4705.

**Meadowbrook Ath Comp**

RP7007.101	Sep 9	8:30am-6pm	Th
RP7007.102	Sep 14	8:30am-6pm	Tu
RP7007.103	Oct 15	8:30am-6pm	F
RP7007.104	Nov 2	8:30am-6pm	Tu
RP7007.105	Nov 5	8:30am-6pm	F

**NEW! Fall Five-Sport Sampler****9-10 yrs / 6 wks starting Sep 17 / \$72**

Ready for a variety of fall sports? Each class, you will be introduced to a sport and have the opportunity to play. Sports include: soccer, flag football, volleyball, cross country and field hockey. The final class will include a combination of all five sports in an Olympic style team competition. The Meadowbrook Athletic Complex is a fantastic new facility offering the finest playing conditions around. Activities will take place indoors and outdoors. For more information, call 410-313-4705.

RP6010.101	Meadowbrook Ath Comp	4:30-6pm	F
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**Rugby****Instructional High School Rugby Clinic****14-18 yrs / 6 wks starting Sep 13 / \$70**

This program is designed for beginners thru advanced players. Learn and improve skills needed to be successful at the game. Each session consists of instructions and drills on fundamentals including contact and tackling, running, passing and kicking. Sessions may lead towards participation in the Sevens Tournament on Thanksgiving weekend with sufficient registration and participation. Practice schedule and location may change subject to site approval. For more information, contact Sandra Lambert at 410-313-4715.

RP6056.101	Girls	Wilde Lake MS	6-8pm	M, Th
RP6056.102	Boys	Wilde Lake MS	6-8pm	M, Th

**Soccer****UK Elite Soccer Program****Ages & start dates below / 6 wks / \$97**

Do you want to take your skills to the next level by learning from some of the finest British soccer coaches? Girls and boys can learn from one of the best professional youth soccer coaching companies in the USA. This fantastic learning experience uses age-appropriate curricula and expert instruction. Emphasis is on sound fundamental techniques and skills, along with a firm understanding of the game. For more information, call 410-313-4705.

**Cedar Lane Pk West Field 5****5-6 yrs**

RP6706.101	Sep 16	5:45-6:45pm	Th
RP6706.102	Sep 17	5:45-6:45pm	F

**7-10 yrs**

RP6706.111	Sep 16	5:45-6:45pm	Th
RP6706.112	Sep 17	5:45-6:45pm	F

**11-14 yrs**

RP6706.121	Sep 16	5:45-6:45pm	Th
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**UK Elite Soccer Program****Kiddie Soccer****5-6 yrs / 5 wks, start dates below / \$38**

Ready to play? Children will learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Bring a reusable water bottle and shin guards. Meet on field. Sections starting November 1st or later will be held in the school gym. For more information, call 410-313-4705.

RP6700.101	Bollman Bridge ES	Nov 10	4:10-5:10pm	W
RP6700.102	Centennial Lane ES	Sep 21	4:30-5:30pm	Tu
RP6700.103	Deep Run ES	Nov 9	5-6pm	Tu
RP6700.104	Fulton ES	Sep 13	5-6pm	M
RP6700.105	Hollifield Station ES	Nov 4	4:30-5:30pm	Th
RP6700.106	Lisbon ES	Sep 15	4:20-5:20pm	W
RP6700.107	Manor Woods ES	Nov 1	4:20-5:20pm	M
RP6700.108	Northfield ES	Nov 3	4:15-5:15pm	W
RP6700.109	Phelps Luck ES	Sep 13	4:30-5:30pm	M
RP6700.110	Rockburn ES	Sep 16	4:30-5:30pm	Th
RP6700.111	St. John's Lane ES	Sep 16	4:30-5:30pm	Th
RP6700.112	Swansfield ES	Sep 21	4:30-5:30pm	Tu
RP6700.113	Triadelphia Ridge ES	Nov 9	4:30-5:30pm	Tu
RP6700.114	Waterloo ES	Nov 11	5-6pm	Th
RP6700.115	Waverly ES	Sep 15	5-6pm	W

*"My daughter loved it. It was fun and she learned skills. The time was great and the instructor was good at keeping the kids active and motivated through fun drills."*

*~ Happy Parent  
After-school Soccer*

## After-School Soccer

### 7-8 yrs / 5 wks, start dates below / \$38

Boys and girls will learn and improve skills such as dribbling, trapping, shooting, passing and defense. Coaches will use a variety of drills, games and scrimmages to help you develop your skills, all while having fun in a team-oriented environment. Bring a reusable water bottle and shin guards. Meet outside school office; coaches will escort players to field. Sections starting November 1st or later will be held in the school gym. For more information, call 410-313-4705.

RP6701.101	Bollman Bridge ES	Nov 10	3:10-4:10pm	W
RP6701.102	Centennial Lane ES	Sep 21	3:20-4:20pm	Tu
RP6701.103	Deep Run ES	Nov 9	4-5pm	Tu
RP6701.104	Fulton ES	Sep 13	4-5pm	M
RP6701.105	Hollifield ES	Nov 4	3:20-4:20pm	Th
RP6701.106	Lisbon ES	Sep 15	3:15-4:15pm	W
RP6701.107	Manor Woods ES	Nov 1	3:20-4:20pm	M
RP6701.108	Northfield ES	Nov 3	3:15-4:15pm	W
RP6701.109	Phelps Luck ES	Sep 13	3:20-4:20pm	M
RP6701.110	Rockburn ES	Sep 16	3:20-4:20pm	Th
RP6701.111	St. John's Lane ES	Sep 16	3:20-4:20pm	Th
RP6701.112	Swansfield ES	Sep 21	3:20-4:20pm	Tu
RP6701.113	Triadelphia Ridge ES	Nov 9	3:30-4:30pm	Tu
RP6701.114	Waterloo ES	Nov 11	4-5pm	Th
RP6701.115	Waverly ES	Sep 15	4-5pm	W

## Tee Ball

## Kiddie Tee Ball

### 4½ yrs - 6½ yrs / 5 wks, start dates below / \$38

Have fun while focusing on tee ball fundamentals such as batting, base running, catching, throwing and team play. Enjoy drills and small-sided practice games. Bring a glove and reusable water bottle. Meet on field. Parents are encouraged to participate. For more information, contact call 410-313-4705.

RP6054.101	Bellows Spring ES	Sep 16	5-6pm	Th
RP6054.102	Hollifield Station ES	Sep 15	4:30-5:30pm	W
RP6054.103	Meadowbrook Ath Comp	Nov 9	5-6pm	Tu
RP6054.104	Pointers Run ES	Sep 21	5-6pm	Tu

## Tennis

## Kiddie Tennis

### 5-7 yrs / 5 wks, start dates below / \$38

Have fun while you learn and practice basic tennis skills in this program taught by USTA-trained coaches. Classes include a variety of drills and games. Bring a reusable water bottle. Meet at tennis courts. Sections starting Nov 1st or later will be held in the gym. For more information, call 410-313-4705.

RP6870.101	Atholton ES	Sep 15	5:15-6:15pm	W
RP6870.102	Dayton Oaks ES	Sep 13	4:45-5:45pm	M
RP6870.103	Deep Run ES / Waterloo Pk	Sep 21	5:15-6:15pm	Tu
RP6870.104	Meadowbrook Ath Comp	Nov 1	5-6pm	M
RP6870.105	Rockburn ES	Nov 4	4:30-5:30pm	Th
RP6870.106	Swansfield ES	Nov 9	4:30-5:30pm	Tu
RP6870.107	Thunder Hill ES	Sep 16	5:15-6:15pm	Th

## After-School Tennis

### 8-10 yrs / 5 wks, start dates below / \$38

Have fun while you learn the basics or fine-tune your tennis skills in this program. Classes include a variety of drills and games, as well as an introduction to match play. Bring a reusable water bottle. Meet in front of school office; coaches will escort players to tennis courts. Sections starting Nov 1st or later will be held in the gym. For more information, call 410-313-4705.

RP6871.101	Atholton ES	Sep 15	4:05-5:05pm	W
RP6871.102	Dayton Oaks ES	Sep 13	3:35-4:35pm	M
RP6871.103	Deep Run ES / Waterloo Pk	Sep 21	4:05-5:05pm	Tu
RP6871.104	Meadowbrook Ath Comp	Nov 1	4-5pm	M
RP6871.105	Rockburn ES	Nov 4	3:25-4:25pm	Th
RP6871.106	Swansfield ES	Nov 9	3:20-4:20pm	Tu
RP6871.107	Thunder Hill ES	Sep 16	4:05-5:05pm	Th

## Play Time Tennis with Shantha Chandra

### 3-6 yrs / 6 classes, start dates below / \$62

Come, learn tennis and have fun with others while working on balance, agility and reaction time. Bring a junior-sized racquet (size 19", 21" or 23"). Rain make up on Fridays. For more information, contact Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East -Tennis Ct

#### 4-6 yrs

RP6847.102	10:15-11am	Sep 8	M & W
RP6847.112	10:15-11am	Sep 29	M & W
RP6847.103	1-1:45pm	Sep 7	Tu & Th
RP6847.113	1-1:45pm	Sep 30	Tu & Th
RP6847.104	6-6:45pm	Sep 7	Tu & Th
RP6847.105	4:45-5:30pm	Sep 10	F
RP6847.106	8:15-9am	Sep 11	Sa

## Quick Start Tennis with Shantha Chandra

### 6-8 yrs / 6 classes, start dates & prices below

Originally called Mini Tennis. Drills, games, instruction and quick start tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. Bring a junior-size racquet (size 23" to 25"). For more information, contact Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East -Tennis Ct

RP6840.101	Sep 8	5:45-7pm	M & W	\$73
RP6840.111	Oct 4	5:45-7pm	M & W	\$73
RP6840.102	Sep 11	9-10am	Sa	\$57
RP6840.103	Sep 11	10-11am	Sa	\$57

## Parent-Child Tennis with Shantha Chandra

### 7-12 yrs / 6 classes, start dates below / \$85 per pair

Parents and children can learn how to work together to develop and improve tennis skills. Same parent should attend with the child each week for consistency in learning. For more information, contact Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East -Tennis Ct

RP6842.101	Sep 11	12:15-1:15pm	Sa
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## Tennis Lessons with Shantha Chandra

### 8-14 yrs / 6 classes, start dates & prices below

Students will learn and improve basic skills in a group and with match play. Advanced beginners will learn consistent stroke production, base line serving and volleys. For more information, contact Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East -Tennis Ct

#### 8½-10 yrs / Beginner

RP6841.101	Sep 8	4:30-5:45pm	M & W	\$73
RP6841.111	Oct 4	4:30-5:45pm	M & W	\$73

#### 10-14 yrs / Advanced Beginner

RP6841.102	Sep 8	7-8pm	M & W	\$57
RP6841.112	Oct 5	6-7pm	Tu & Th	\$57
RP6841.103	Sep 11	11am-noon	Sa	\$57

## Tennis Excellence

### 8-10 yrs / 8 wks / Start dates & prices below

Interested in a fun-filled tennis experience? This introductory tennis class will use Quick Start tennis nets to minimize the court size to help make the learning process easier and a lot more enjoyable. Learn the forehand, the backhand, serving and scoring. Participate in exciting drills and games each week. Parent volunteers are encouraged to participate. For more information, contact Tessa Hurd at 410-313-4637.

RP6859.101	Hammond Pk	Sep 14	5-6pm	Tu & Th	\$101
RP6859.102	Centennial Pk West	Sep 18	11:30am-1pm	Sa	\$76

## Tennis Elite

### 10-13 yrs / 8 wks starting Sep 14 / \$101

Designed for advanced beginners already able to consistently hit the ball over the net and serve from the service line. Includes refresher drills to help improve all facets of your child's game. Incorporates match play (singles and doubles) against the other site during the final 2 weeks of class. Wednesday will be rain makeup date. For more information, contact Tessa Hurd at 410-313-4637.

RP6860.101	Hammond Pk	6-7pm	Tu & Th
RP6860.102	Centennial Pk West	6-7pm	Tu & Th

## Junior USA Team Tennis with Shantha Chandra

### 9-14 yrs / 6 classes, start dates below / \$81

Advanced beginner and intermediate players can refresh basic ground strokes, volleys, serving and scoring; then enjoy match play tennis. For more information, contact, Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East -Tennis Ct

RP6849.101	Sep 11	1:15-2:45pm	Sa
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## Friday Team Tennis/Match Play

### 11 yrs + / 6 classes starting Sep 10 / \$81

Players should have fairly consistent strokes with medium pace shots, be able to rally and serve from baseline, as well as keep score. Players must have some knowledge of volleys and lobs. Teams will be decided and each team will play matches against other teams. For more information, contact Tessa Hurd at 410-313-4637.

RP6858.101	Cedar Lane Pk East - Tennis Ct	5:30-7pm	F
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## High School Development Team Tennis with Shantha Chandra

### 13-18 yrs / 6 classes, start dates below / \$81

Advanced beginners and intermediate players can improve basic skills, including volleys, serving, scoring and groundstrokes. Participate in match play against players of similar ability. For more information, contact Tessa Hurd at 410-313-4637.

#### Cedar Lane Pk East -Tennis Ct

RP6855.101	Sep 7	4:30-6pm	Tu & Th
RP6855.111	Oct 5	4:30-6pm	Tu & Th

## Volleyball

## Volleyball Skills Development

### Ages & start dates below / 6 wks / \$90

Practice makes perfect! This program is designed for beginner/intermediate players who enjoy this exciting sport and want to learn more. Individual players will improve existing skills and develop new ones. The lessons will emphasize sportsmanship, skill technique, hard work, and fun in a team atmosphere. Learn skills such as passing, hitting, setting, and serving. For more information, contact Julija Sajauskas at 410-313-2765.

#### Grades 4-5 / 6-7:30pm

RP5892.101	Gary Arthur Comm Ctr @ Glenwood	Oct 6	W
RP5892.102	Meadowbrook Ath Comp	Oct 7	Th
RP5892.201	Gary Arthur Comm Ctr @ Glenwood	Feb 2	W
RP5892.202	Meadowbrook Ath Comp	Feb 3	Th

#### Grades 6-8 / 7:30-9pm

RP5892.103	Gary Arthur Comm Ctr @ Glenwood	Oct 6	W
RP5892.104	Meadowbrook Ath Comp	Oct 7	Th
RP5892.203	Gary Arthur Comm Ctr @ Glenwood	Feb 2	W
RP5892.204	Meadowbrook Ath Comp	Feb 3	Th

#### Grades 9-12

RP5892.105	Meadowbrook Ath Comp	Oct 5	6:30-8pm	Tu
RP5892.205	Meadowbrook Ath Comp	Feb 1	7:30-9pm	Tu

## Advanced Volleyball Clinic

### 10-14 yrs / 14 classes / Sep 20 / \$200

Join the elite coaches from the CVC (Columbia Volleyball Club) for this advanced clinic. This elite clinic is for girls who are interested in fine tuning their skills to assist in playing in their future club volleyball and high school seasons. You will learn from the top coaches in Howard County, don't miss out! For more information contact Julija Sajauskas at 410-313-2765.

RP5892.111	Meadowbrook Ath Comp	7-9pm	M & W
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## Sports Leagues & Tournaments

*Youth League Refund Policy: Unless otherwise noted, a 20% administrative fee is deducted for all refund requests made prior to team formation, 50% refund if withdrawal is requested prior to 1st practice. No refunds will be given within 2 weeks prior to league starting. Contact your league commissioner for specific regarding team registrations and instructional leagues.*

## Baseball

## Western HC Youth Fall Baseball League

### 7-18 yrs / 8 wks starting wk of Sep 12 / \$75; \$70 second child

18-year-olds must be in high school to participate in this organized baseball league. Games are played on school and park fields in Columbia/Clarksville/Western Howard County. Opening day is Sep 12, 2010; the season is scheduled to end Nov. 7. Age determination date is April 30, 2011. Gray uniform pants are required. Western Howard County Youth Baseball-Softball League (WHCYBSL) will accept no refund requests. For more information, visit [www.whcsports.com](http://www.whcsports.com) or contact Derek Ludlow at 410-313-4716.

RP5981.101	7-8 yrs	Western HC parks and schools
RP5981.111	9-10 yrs	Western HC parks and schools
RP5981.121	11-12 yrs	Western HC parks and schools
RP5981.131	13-14 yrs	Western HC parks and schools
RP5981.141	15-18 yrs	Western HC parks and schools



# Basketball

If you are interested in coaching, contact Derek Ludlow at 410-313-4716. Children of volunteer head coaches receive a discount.



Instructional Basketball

## Meadowbrook Basketball Leagues

### Fall & Winter Registration

An "athletes first, winning second" basketball league for boys and girls ages 9-14. Basketball in the Meadowbrook Basketball League (MBL) provides a "Good Sports" atmosphere bringing together families and aspiring basketball players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-certified Parent Coaches provide a quality recreation environment for our players, parents, coaches and spectators. Players will be placed on teams after a skills assessment (date TBA) and play a single game per week while practicing one weeknight in addition to league games.

Weekly practices held Tuesdays or Wednesdays will build the skills base for your son or daughter to grow in the sport of basketball. Practices are 1 hour between 6pm-9pm, games are 1 hour between 6pm-10pm (Fall 2010) or 8am-4pm (Winter 2011). Practice schedule announced after teams are formed. Program is for novice to experienced players who wish to learn while playing. Specific details on 1-hour game/ practice times will be communicated after registration. Have a team of friends that want to play together? Recreational teams can be registered together, up to 12 players, for any age-group (please specify at time of registration). For more information or to volunteer as a coach, contact Derek Ludlow at 410-313-4716.

### Fall 2010 Season

8 wks / Sep 17- Nov / Meadowbrook Ath Comp

Games will be played on Friday nights

9-14 yrs / prices below

#### Boys

RP6184.101	9-10	\$99
RP6184.102	9-10	(Head coach's child) \$55
RP6184.111	11-12	\$99
RP6184.112	11-12	(Head coach's child) \$55
RP6184.121	13-14	\$99
RP6184.122	13-14	(Head coach's child) \$55
RP6184.131	(Team Registration)	\$550 per team of 12

#### Girls

RP6185.101	9-10	\$99
RP6185.102	9-10	(Head coach's child) \$55
RP6185.111	11-12	\$99
RP6185.112	11-12	(Head coach's child) \$55
RP6185.121	13-14	\$99
RP6185.122	13-14	(Head coach's child) \$55
RP6185.131	(Team Registration)	\$550 per team of 12

**\*NEW\* extended winter season. Finishing up your fall sport?**

Get a head start on winter basketball registration in the MBL featuring an extended season with practices held in November and league games running December - February!

### Winter 2011 Season

Nov - Feb / Meadowbrook Ath Comp

Games will be played on Saturdays

9-14 yrs / prices below

#### Boys

RP6184.201	9-10	\$120
RP6184.202	9-10	(Head coach's child) \$90
RP6184.211	11-12	\$120
RP6184.212	11-12	(Head coach's child) \$90
RP6184.221	13-14	\$120
RP6184.222	13-14	(Head coach's child) \$90

#### Girls

RP6185.201	9-10	\$120
RP6185.202	9-10	(Head coach's child) \$90
RP6185.211	11-12	\$120
RP6185.212	11-12	(Head coach's child) \$90
RP6185.221	13-14	\$120
RP6185.222	13-14	(Head coach's child) \$90

## Instructional Basketball League

Ages below / 8 wks starting Sep 18 / \$72

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes tee shirt. Register by location. Meet in the gym. For more information, call 410-313-4705.

### 6-7 yrs / Beginners

RP6082.101	Dayton Oaks ES	9-10am	Sa
RP6082.102	Elkridge ES	9-10am	Sa
RP6082.103	Forest Ridge ES	9-10am	Sa
RP6082.104	Running Brook ES	9-10am	Sa
RP6082.105	Waverly ES	9-10am	Sa

### 7 yrs / Advanced - 9 yrs / Beginners

RP6083.101	Dayton Oaks ES	10:15-11:15am	Sa
RP6083.102	Elkridge ES	10:15-11:15am	Sa
RP6083.103	Forest Ridge ES	10:15-11:15am	Sa
RP6083.104	Running Brook ES	10:15-11:15am	Sa
RP6083.105	Waverly ES	10:15-11:15am	Sa

### 8½ yrs / Advanced - 10 yrs

RP6084.101	Dayton Oaks ES	11:30am-12:30pm	Sa
RP6084.102	Elkridge ES	11:30am-12:30pm	Sa
RP6084.103	Forest Ridge ES	11:30am-12:30pm	Sa
RP6084.104	Running Brook ES	11:30am-12:30pm	Sa
RP6084.105	Waverly ES	11:30am-12:30pm	Sa

## High School Basketball League

**Grades 9-12 / 8 wks starting Sep 17 / \$80 Individual, \$500 Team**

Join us at the Meadowbrook Athletic Complex for a league created to provide high school students who enjoy the sport of basketball an intramural approach to the game. A neighborhood "pick-up" atmosphere will provide players with physical activity and a way to play with their peers. Players will be placed on teams and play one game a week on Friday. This program is for players who love the game and wish to continue playing hoops outside of competitive high school athletics. Bring your friends! Sign up as a team of 5-10 players with an adult Coach or register individually and HCRP staff will form teams. Games officiated by certified high school officials. Specific details on game times will be communicated prior to the program start date. Fee includes a team shirt. For more information or to volunteer as a coach, contact Derek Ludlow at 410-313-4716.

### Meadowbrook Ath Comp

RP6186.101	Boys	Individual	6-8pm	F
RP6186.111	Boys	Team	6-8pm	F
RP6186.102	Girls	Individual	6-8pm	F
RP6186.112	Girls	Team	6-8pm	F

## Field Hockey

### Middle School Instructional Field Hockey League with Kelly Snyder

**10-14 yrs / 6 wks starting Sep 15 / \$87**

Novice to experienced players may compete in this instructional recreational league. Program will consist of fundamental instruction through drills and skill work on Wednesdays, league games on Sunday afternoons (times TBA) and culminate with an end-of-season tournament. Participants will be placed on teams by the program director. Instructors are varsity field hockey coaches and players. Please bring a re-usable water bottle. Mouth guard, stick and shin guards are required. Fee includes t-shirt, officials, supplies and administration. For more information, contact Susan Markovitz at 410-313-4674.

RP5260.101 Dayton Oaks ES 5:30-6:30pm W & Su

### Winter Indoor Field Hockey League

**Ages below / 8 wks starting wk of Dec 12 / \$800**

Join this fast-paced league for a season of competitive indoor play! Teams will play on regulation size courts with an optimal indoor playing surface at the Meadowbrook Athletic Complex. Teams will compete in two 25-minute, 6 v 6 games per night. Indoor stick, mouth guard and shin guards required. Outdoor sticks will not be permitted. All teams must have a goalie; Goalies must provide own equipment. Registration includes team shirt, facilities, and paid officials. Games will be played on Sunday afternoons/evenings. Team registrations only. Rosters set at 14. Individuals interested in playing or forming a team may contact the league coordinator. All registered teams must have a manager or coach over the age of 18 in order to participate in the league. For more information, contact Susan Markovitz at 410-313-4674.

RP5268.201	10½-14 yrs	Meadowbrook Ath Comp	5-8pm	Su
RP5269.201	15-17 yrs	Meadowbrook Ath Comp	7-10pm	Su

## Flag Football

### HC Fall Flag Football League

**5-14 yrs / 11 wks starting Aug 23 / \$89, \$55 Head Coach's Child**

Boys and girls can play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games are Saturdays, at Hollifield ES beginning September 11. \*NEW Girls only 7-8 and 9-11 sections. Join the Play 60 phenomena and play with other girls in the county in flag football! Practices are one hour, once a week on a weeknight, beginning week of August 23. Players practice location (Dayton Oaks, Columbia, or Ellicott City) is determined by team placement not geographical location. Teams are formed by the Department. Only head coach's child and one assistant's child are guaranteed a spot on team. Fee includes team shirt and participation award. Volunteer coaches are needed and receive a discount. Age determination date is Sept 1, 2010. For more information, contact Sandra Lambert at 410-313-4715.

### Dayton Oaks/Ellicott City

RP6300.101	Coed 5-6 yrs		9am-11am	Sa
RP6300.102	Coed 5-6 yrs	(Head Coach's child)	9am-11am	Sa
RP6300.111	Coed 7-8 yrs		10am-1pm	Sa
RP6300.112	Coed 7-8 yrs	(Head Coach's child)	10am-1pm	Sa
RP6300.113	Girls 7-8		10am-1pm	Sa
RP6300.114	Girls 7-8	(Head Coach's child)	10am-1pm	Sa
RP6300.121	Coed 9-11 yrs		11am-4pm	Sa
RP6300.122	Coed 9-11 yrs	(Head Coach's child)	11am-4pm	Sa
RP6300.123	Girls 9-11 yrs		11am-4pm	Sa
RP6300.124	Girls 9-11 yrs	(Head Coach's child)	11am-4pm	Sa
RP6300.131	Coed 12-14 yrs		9am-11am	Sa
RP6300.132	Coed 12-14 yrs	(Head Coach's child)	9am-11am	Sa

If you are interested in coaching, call Sandra Lambert at 410-313-4715.

*"We found the Howard County flag football program to be very well organized with supportive, high quality coaches. This was a great introduction to organized football for our son."*

~ P. Howard

HC Flag Football League

## Football

For information or a detailed flier about the Fall 2010 Youth Football and Cheer programs, call 410-313-4711.

Elkridge Hurricanes	Howard County Terps
Ellicott City Patriots	Howard County Bruins
Laurel Steelers	West Howard Warhawks



Football

## Lacrosse

### Howard County Lacrosse Program

#### 5-14 yrs / COBRA tryouts Sep

Howard County Lacrosse Program offers instructional and competitive league-based lacrosse for the first-time player and seasoned youth athlete. COBRA (travel) and HC Lax (recreational) programs participate in the Spring 2011 season, but tryouts for COBRA will be held in September 2010. Age determination dates vary by age group; please see [www.hclacrosse.com](http://www.hclacrosse.com) for upcoming dates, program policies and registration information. For more information, contact Jake Chesnutt at 410-313-4736.

### Fall Boys Lacrosse

#### Ages below / 6 wks starting Sep 8 / \$80

Fastest game on two feet! Get excited for Howard County Lacrosse! Games will be played Wed. evenings beginning Sep. 9. Full equipment required. For more information, contact Patrick McGinnis at 410-313-1689.

RP5502.101	7-8 yrs	Cedar Lane Pk West Field 5	6-7pm	W
RP5502.111	9-10 yrs	Cedar Lane Pk West Field 6	6-7pm	W
RP5502.121	11-13 yrs	Cedar Lane Pk West Field 5	7:15-8:15pm	W

### Middle School Lacrosse

#### Grades 6-8 / 6 wks starting Jan 10 / \$80

Fast paced, fun-filled indoor lacrosse designed to fine-tune players' skills for the upcoming Spring Season!! Sessions will include instruction followed by games. Players must provide equipment. For more information, contact Patrick McGinnis at 410-313-1689.

#### Gary Arthur Comm Ctr @ Glenwood

RP6501.201	Boys	7:30-8:45pm	M
RP6501.211	Girls	6-7:15pm	M

### Fall High School Boys Lacrosse League

#### Ages below / 6 wks starting Sep 13 / \$80 Individual, \$1000 Team

Get in on this high-scoring, fast-action league designed for high school players. Instruction is limited; basic lacrosse skills are required. Instructor will organize teams. Bring stick, mouth guard, helmet, arm pads, gloves and water bottle. Games will be played between 6pm and 10pm. For more information, contact Patrick McGinnis at 410-313-1689.

#### Individual

RP5501.101	13-15 yrs	Cedar Lane Pk West	6-10pm	M
RP5501.111	15-18 yrs	Cedar Lane Pk West	6-10pm	M

#### Team

RP5520.101	13-15 yrs	Cedar Lane Pk West	6-10pm	M
RP5520.111	15-18 yrs	Cedar Lane Pk West	6-10pm	M

### Fall High School Girls Lacrosse League

#### Ages below / 6 wks starting Sep 15 / \$80

Get in on this high-scoring, fast-action league designed for high school players. Instruction is limited; basic lacrosse skills are required. Instructor will organize teams. Bring stick, eye protection (mandated by US Lacrosse), mouth guard and water bottle. For more information, contact Patrick McGinnis at 410-313-1689.

RP5505.101	13-15 yrs	Cedar Lane Pk West	8:30-9:30pm	W
RP5505.111	15-18 yrs	Cedar Lane Pk West	8:30-9:30pm	W

## Soccer

### Fall Youth Soccer League

#### 4-8 yrs / 10 wks starting Aug 30

This coed league allows boys and girls to have fun playing soccer while learning the fundamentals of the world's most popular sport. Teams will be formed by the Department and will practice once per week on a weeknight beginning the week of Aug 30. One-hour games will be scheduled Saturdays between 9am and 6pm starting Sept. 18th. Coaches will contact participants regarding practice days/times/locations one week prior to program start. Shin guards are required. Fee includes participation award, soccer jersey/socks, and soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and receive a discount. Individual registration only, no team entries. Registration deadline August 16, 2010. For more information, contact Susan Markovitz at 410-313-4674.

#### 4 yrs

RP5701.101	Meadowbrook Pk	9-6pm	Sa	\$82
RP5701.102	Meadowbrook Pk	9-6pm	Sa	(Head coach's child) \$52

#### 5-6 yrs

RP5701.111	Meadowbrook Pk	9-6pm	Sa	\$82
RP5701.112	Meadowbrook Pk	9-6pm	Sa	(Head coach's child) \$52

#### 7-8 yrs

RP5701.121	HC Ctr for the Arts	9-6pm	Sa	\$82
RP5701.122	HC Ctr for the Arts	9-6pm	Sa	(Head coach's child) \$52

### HC Winter Indoor Soccer League

#### Ages below / 8 wks starting Jan 9

Boys and girls aged 4-8 will have fun playing co-rec soccer indoors while learning basic the basic skills of the sport. While it is cold outside, practice your skills indoors. The Department will form teams. Fee includes soccer jersey, socks and participation trophy. No team entries. Sneakers and shin guards required. This is a Sunday afternoon only program. No weeknight practices. Volunteer coaches are needed. Head coaches receive a discount. For more information, contact Susan Markovitz at 410-313-4674.

#### County Schools

#### 4 yrs

RP5702.201	1-6pm	Su	\$77
RP5702.202	1-6pm	Su	(Head coach's child) \$47

#### 5-6 yrs

RP5702.211	1-6pm	Su	\$77
RP5702.212	1-6pm	Su	(Head coach's child) \$47

#### 7-8 yrs

RP5702.221	1-6pm	Su	\$77
RP5702.222	1-6pm	Su	(Head coach's child) \$47

## Instructional Soccer League

**Ages below / 8 wks starting Sep 11 / \$72**

First-time players or those wanting to improve fundamental skills can play small-sided games in this instructional league. Focus on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes tee shirt. Shin guards are required. Bring a reusable water bottle. For more information, call 410-313-4705.

### 5-6 yrs

RP6702.101	Dayton Oaks ES	9-10am	Sa
RP6702.102	Deep Run ES / Waterloo Pk	9-10am	Sa
RP6702.103	Forest Ridge ES	9-10am	Sa
RP6702.104	Hollifield Station ES	9-10am	Sa

### 6½ yrs- 8½ yrs

RP6703.101	Dayton Oaks ES	10:15-11:15am	Sa
RP6703.102	Deep Run ES / Waterloo Pk	10:15-11:15am	Sa
RP6703.103	Forest Ridge ES	10:15-11:15am	Sa
RP6703.104	Hollifield Station ES	10:15-11:15am	Sa

### 8-10 yrs

RP6704.101	Dayton Oaks ES	11:30am-12:30pm	Sa
RP6704.102	Deep Run ES / Waterloo Pk	11:30am-12:30pm	Sa
RP6704.103	Forest Ridge ES	11:30am-12:30pm	Sa
RP6704.104	Hollifield Station ES	11:30am-12:30pm	Sa

## Tee Ball



Tee Ball

## Fall Youth Tee Ball League

**4-6 yrs / 10 wks starting Aug 30**

This coed league allows boys and girls to have fun while learning the basic fundamentals of baseball and softball. Teams will be formed by the Department and will practice once per week on a weeknight, beginning the week of August 30. One-hour games will be scheduled on Sundays between 1-6 pm starting Sep19th. Coaches will contact participants regarding practice days/times/ locations one week prior to program start. Fee includes participation award, MLB shirt and MLB hat. Volunteer coaches are needed; Head coaches' children receive a discount. Individual registration only; no team entries. Registration deadline August 16, 2010. For more information, contact Susan Markovitz at 410-313-4674.

### Meadowbrook Pk

#### 4 yrs

RP5051.101	1-6pm	Su	\$82
RP5051.102	1-6pm	Su	(Head coach's child) \$52

#### 5-6 yrs

RP5051.111	1-6pm	Su	\$82
RP5051.112	1-6pm	Su	(Head coach's child) \$52

## Volleyball

## Meadowbrook Volleyball League

**Grades 6-8 / 8 wks, start dates below / Prices below**

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. Players will be placed on teams formed by the League Coordinator and will practice once per week on a weeknight and play 1 hour matches on Sundays. This program is designed for intermediate/advanced players to enhance existing skills and develop new ones. Fee includes a team shirt. Children of volunteer head coaches receive a discount; register in section 102/202. For more information, contact Julija Sajauskas at 410-313-2765.

### Meadowbrook Ath Comp

#### Fall – Register by Sep 17th

RP5891.101	Sep 26	1-4pm	Su	\$129
RP5891.102	Sep 26	1-4pm	Su	(Head coach's child) \$60

#### Winter – Register by Jan 14th

RP5891.201	Jan 23	1-4pm	Su	\$129
RP5891.202	Jan 23	1-4pm	Su	(Head coach's child) \$60

## Wrestling

## HC Wrestling

**5-16 yrs / Mid-Nov - Feb / Prices below**

Learn valuable skills and techniques while participating in a county wide wrestling league and/or clinic. Boys and girls ages 5-16 have an opportunity to compete at a level that best fits their needs. Travel teams are available for mature or experienced youth. For more information, contact Jean Shea at 410-313-4626 or visit [www.howardcountywrestling.com](http://www.howardcountywrestling.com).

### County Schools

RP5950.101	5-7 yrs	Clinic	\$50
RP5950.111	6-15 yrs	Recreational	\$150
RP5950.121	7-16 yrs	Travel Vipers	\$175

## Warhawk Wrestling

**7-16 yrs / Nov - Feb / Prices below**

Boys and girls, age 7-16, can learn valuable skills and techniques while participating in recreational or travel wrestling league. Boys and girls ages 7-16 have an opportunity to compete at a level that best fits their needs. Travel teams are available for mature or experienced youth. For more information, contact Jean Shea at 410-313-4626.

RP5956.101	Recreational	Western HC Schools	\$150
RP5956.111	Travel	Western HC School	\$175



## Teens & Tweens Classes & Activities

- The following programs have been designed specifically to be of interest to high school and middle school students. There are other programs available for this group in both the Youth and Adult sections, so if you don't see what you're looking for here, please check out those sections as well.
- Special accommodations are available but not guaranteed. Requests must be made at least two weeks in advance.

### Aquatics

#### Wave Runners

13-21 yrs / 6 wks starting Oct 5 / \$45

This program will sharpen swimming skills and improve fitness for teens with disabilities. Participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register after 8/18.

**Goal:** Increase range of motion and self confidence, and improve ability to understand directions. For more information, contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

RP4213.101 New Cedar Lane School 7-7:45pm Tu

### Art & Music

#### Art

#### **NEW!** Portfolio Development

12-18 yrs / 6 wks starting Oct 4 / \$85 + \$10 materials fee

For students who wish to apply for GT art or college art programs or to develop a body of work for their own satisfaction. Professional artist and instructor Cher Compton will guide you through this process. Class will focus on drawing from life using charcoal and other mediums. Materials fee due to instructor at first class. For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4701.101 River Hill HS 7-9pm M

#### **NEW!** Visual Art Workshop

11-17 yrs / 1 session Oct 9 / \$36

Students will learn how to develop a theme visually, and learn about techniques and materials. Students interested in submitting work for the PTA Reflections can to create art inspired by this year's theme, "Together We Can." Students who have already done work related to the theme are encouraged to bring it with them to class for a critique. For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4702.101 River Hill HS 12:30-4:30pm Sa

*"Ms. Compton was exponentially helpful to me as an aspiring architect and helped me in developing my portfolio of college."*

*~ Olu Olujobi*

*Art class with Cher Compton*

#### Exploring Art

13-21 yrs / 6 wks starting Oct 9 / \$70

Express yourself! Teens with developmental disabilities will expand your creativity using a variety of art materials. You will make several projects to take home and some projects will be displayed in the No Boundaries Art Exhibit.

**Goal:** Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions. Additional fee for supplies will be discussed at class. For more information contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

RP4207.101 Bain Center 9:30-11am Sa

### Music

#### Intro to Piano

11-17 yrs / 8 wks starting Sep 25 / \$99 + \$15 materials fee at class

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Participants will learn and practice on their own keyboard. Students should have access to a keyboard to practice outside class. Materials fee due at first class. For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4751.101 River Hill HS noon-1pm Sa

### Cooking

#### **NEW!** Cooking Techniques for Teens

11-17 yrs / 2 wks starting Oct 18 / \$49 + \$10 materials fee at class

Be familiar with some of the basic cooking techniques that make all tasks a little easier. We'll learn some knife skills (slicing, dicing, mincing, etc.), and difference between cooking techniques (saute, braising, roasting, etc.). We will fix a first class dinner in the process. Classes include take home recipes. \$10 material fee due at first class. For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4711.101 River Hill HS 6-8pm M

### Dance

#### **NEW!** Teen Bollywood Dance

11-17 yrs / 6 wks starting Sep 29 / \$65

Trained in Indian classical dance, instructor Jaya Mathur will introduce you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water! For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4722.101 Swansfield ES 6:30-7:30pm W

**Teen Jazz Dance****11-17 yrs / 8 wks starting Sep 30 / \$85**

Dancers will work on flexibility, strength, and performance quality while developing and improving jazz dance technique. Class will cover a range of jazz dance styles, including Broadway, lyrical, hip hop, and contemporary. Wear form-fitting clothes that are easy to move in, such as a leotard or tank top with black jazz pants or black tights. Black jazz shoes or black pedinis required. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4723.101 Misako Ballet Studio 7-8pm Th

***NEW!* Choreography Workshop with Jessica McElvaney****11-17 yrs / 6 wks starting Sep 27 / \$65**

Aimed at students with at least 1 year of dance experience. Students will learn techniques to generate movement as well as how to structure a dance in a friendly, encouraging atmosphere. Each participant will be guided towards creating an original solo that will be incorporated into an informal concert at the end of the workshop. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4724.101 Misako Ballet Studio 7-8pm M

***NEW!* Musical Theatre Dance****Ages below / 8 wks starting Oct 4 / \$150**

Looking to improve your dancing? Want to try out different styles like tap, jazz, and modern? This class can take your skills to the next level! Classes will culminate in a final showcase at the end of the class session. Parents are welcome to take class too. Final Showcase Monday Dec. 13th, 7pm (Students arrive at 5pm). For more information, contact Holly Harden at 410-313-4625 or email [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

**Drama Learning Center**

RP4735.101	Beg	Grades 3-8	5:30-6:45pm	M
RP4735.111	Intermed/Adv	Grades 5-10	7-8:15pm	M

**Therapeutic Dances****13 yrs + / Dances and dates below / \$15**

Teens and Adults with developmental disabilities can enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments will be provided. Food donations appreciated. For more information contact Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov).

**Halloween Costume Dance**

RP 4301.101 Kiwanis-Wallas Rec Ctr Oct 30 7-10pm Sa

**Holiday Hop**

RP 4301.102 Kiwanis-Wallas Rec Dec 11 7-10pm Sa

**Drama & Filmmaking****Middle School / High School Musical Theatre: Oliver****Grades 6-12 / 8 wks starting Sep 20 / \$300**

Learn acting, singing, and dancing as they work together as part of a theatrical team to put on a performance of Peter Pan! In addition to rehearsing for the show, students will also develop skills in improvisation, pantomime, character, emotion, and more! Dress rehearsals Nov. 15-19, 5-8:30pm. Performances Sat Nov. 20 at 7pm, Sun Nov. 21 at 3pm. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4733.101 Drama Learning Center

***NEW!* Musical Theatre Workshop****12-18 yrs / 10 wks starting Oct 5 / \$175**

This class is designed for teens interested in strengthening their musical theatre skills. Students receive both group and individual coaching in acting, singing and dance...all culminating in a performance event. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4734.101 Gary Arthur Comm Ctr @ Glenwood 6:30-8pm Tu

***NEW!* Express Yourself****11-17 yrs / 6 wks starting Oct 6 / \$150**

Explore a range of emotions through still photography and video. Learn techniques to help during performances on stage, on camera or when taking pictures. Emotions studied through music, poetry, theatrical scenes, commercial scripts and/or nonverbal expression. This is a great class for students interested in acting, photography, modeling or videography. Students receive selected prints or a DVD of on camera work during class. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4736.101 Hammond MS 6-7:30pm W

**LIGHTS, CAMERA... ACTION!****11-17 yrs / 6 wks starting Oct 7th / \$175**

Students tap into their creativity as they are charged with the task to develop an idea and create a movie trailer, 30 second commercial or PSA. Participants explore aspects of video production such as industry terms & definition, camera angles and storyboarding. Career options are also discussed. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4731.101 Hammond MS 6-7:30pm Th

**Job Skills & More****Babysitting Fundamentals with Carolyn Fleming****11-14 yrs / 3 wks, start dates below / \$49**

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience and other necessary skills (class does not include CPR training). Registrants must be at least 11 years of age by the first class. Receive a certificate upon course completion. For more information, contact Holly Harden at 410-313-4625 or [harden@howardcountymd.gov](mailto:harden@howardcountymd.gov).

RP4741.101 Cradlerock MS Oct 12 5:30-7:30pm Tu

RP4741.102 Clarksville MS Oct 13 5:30-7:30pm W

***NEW!* CALL: Character Awareness & Learning Leadership****11-17 yrs / Oct 15 / \$45**

School's Out! Take advantage of this one-day, high-energy workshop, where participants will learn techniques for turbo-charging leadership skills and building character traits that will set them apart from their peers. With interactive and challenging activities and games such as "The Scrambler" and "The Fall," your confidence will soar and your leadership ability will emerge! Participants successfully completing the workshop will receive a certificate. Please bring a non-perishable lunch (no nut products). For more information, contact Jennene Lausier at 410-313-1693 or [jlausier@howardcountymd.gov](mailto:jlausier@howardcountymd.gov).

RP4744.101 Hammond MS 9am-3pm F

## **NEW!** Get Styled with Shawnté: Hairstyle How-to's

11-17 yrs / 2 wks starting Oct 19 / \$60 + \$35 materials fee

Consult with a professional cosmetologist to learn about the latest styles and hair trends for teens. Get hands-on experience using mannequins learning proper techniques and simple styles such as blow-drying, flat ironing, up-dos and braiding. Show off your new skills and creative abilities in a mini hair show during the final class. Students will also gain beneficial tips on confidence and positive self image. Material fee includes your own mannequin to keep for continued practice at home. No class Nov 2. For more information, contact Shawnte Berry at 410-313-4704 or sberry@howardcountymd.gov.

RP4745.101 Harper's Choice MS 6:30-8:30pm Tu

## **Modeling Workshop with Sean Gibson**

11-17 yrs / 8 wks starting Oct 2 / \$119

Join a former National Modeling Agency Director, National Modeling School Instructor and current scout for this workshop to improve grooming habits, runway techniques, personality development, confidence building, mastering interviewing skills, auditioning, goal-setting, public speaking techniques and much more! For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4743.101 Wilde Lake MS 11:30am-1pm Sa

## **Social Etiquette & Communication Skills**

**Express by The International School of Protocol**

12-16 yrs / 1 session / Nov 1 / \$55

Designed for the student with a busy schedule, this 2-hour class emphasizes the importance of having good manners in all aspects of life. Topics include: initial impressions, dress for success, conversation and listening, etiquette in public, phone and email etiquette. Don't miss this opportunity to discover what makes someone shine! This is a great class as an introduction or a refresher. For more information, contact Holly Harden at 410-313-4625 or hharden@howardcountymd.gov.

RP4742.101 Centennial HS 6-8pm M

## Socials

## **Teen Venture (Old – Adventure Seekers)**

13-21 yrs / 6 wks starting Oct 8 / \$105

Teens with mild to moderate developmental disabilities will spend time with their peers at various community outings. Teens must have moderate to high functioning level of independence but require minimal assistance with personal skills to be functionally independent. Staff to participant ratio is 1:4. Fee is inclusive of all activities other than dining. **Goal:** Increase awareness of others in social situations, and of leisure activities and skills. For more information contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

RP4206.101 Locations Vary 7-9:30pm F

## Sports & Fitness

## **Teen Weight Training with Leo Conlon**

13-15 yrs / 3 wks or 4 wks / Start dates & prices below

The course teaches fitness room etiquette, proper stretching, cardiovascular equipment, and proper techniques of circuit training combining weight machines and free weights. A Medical Clearance form is required prior to the program. Completion of this program allows you to purchase a fitness pass. You must have adult supervision when you work out. Dec session will be completed in three weeks. For registration or additional information, please call 410-313-4840.

**Gary Arthur Comm Ctr @ Glenwood**

RP4153.101 4 wks Sep 2 7-8pm Th \$54

RP4153.102 4 wks Oct 7 7-8pm Th \$54

RP4153.103 3 wks Dec 2 7-8pm Th \$42

## **NEW!** Strength Training with Dan Gilbert

13 yrs+ / 3 wks or 4 wks / Start dates and prices below

This small group fitness program will familiarize and educate you on safe and effective weight training techniques. Program focus will include warm up and cool down exercise, core stabilization, introduction to machine resistance training and free weights, and progression education. Class will be limited to 10 participants to ensure individual attention. Teens 13-15 years old must have completed Teen Weight Training class prior to enrolling in this program. A medical clearance form is required. Nov and Dec sessions will be completed in three weeks. For registration or additional information call 410-313-4840.

**Gary Arthur Comm Ctr @ Glenwood**

RP4124.101 4 wks Sep 8 7-8pm W \$54

RP4124.102 4 wks Oct 6 7-8pm W \$54

RP4124.103 3 wks Nov 3 7-8pm W \$42

RP4124.104 3 wks Dec 1 7-8pm W \$42

## **NEW!** Yoga Kids with Gina Bates-Brown

10-13 yrs / 6 classes starting Sep 14 / \$54

Children will learn yoga in a fun, creative and caring environment. We will build strength, flexibility, concentration and focus, self-worth, relationships, integrity, respect for oneself and others. Release stress, anxiety and excess energy doing yoga. Yoga mats are provided but bring your own if you have one. For more information, contact Nicola Morgal at 410-313-4718.

RP8242.101 Kinetics Dance Theatre 5:45-6:45pm Th

## **Savate Kickboxing for Kids**

**with Steve Savoie**

9-13 yrs / 8 wks starting Sep 18 / \$66

Get a great workout with the sport of French kickboxing (Savate). Learn punches, kicks, blocks, and parries in a safe controlled environment. Increase your flexibility, coordination, control, strength, concentration, discipline and self-confidence! All equipment is provided. Enjoy this unusual style of kickboxing and work towards your first "glove." For more information, contact Nicola Morgal at 410-313-4718.

RP8502.101 Cedar Lane Rec Ctr 10:30-11:30am Sa

## **NEW!** Jump Rope & Double Dutch FUN!

12 yrs + / 12 wks, starting Sep 15 / \$172

Middle school and high school students are invited to jump into FUN with the Kangaroo Kids. In this program you will be introduced to Double Dutch and other exciting jump rope skills. Jump rope fee: \$6 for first time participants due at first class. Returning jumpers should bring their beaded jump ropes. For information contact, Tessa Hurd at 410-313-4637.

RP6367.101 Meadowbrook Ath Comp 5:30-6:30pm W

## **"Spare Me" Teen Bowling**

13-18 yrs / 6 wks starting Oct 9 / \$75

Teens with developmental disabilities will enjoy socializing with your peers. You will bowl one-two games per week in this program. Fee includes shoe rental, and bowling fee. Register early, space is limited! **Goal:** Increase self awareness through environmental orientation, increase ability to listen and interact with others. For more information contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

RP4208.101 Columbia Brunswick Ctr noon-1:30pm Sa

## Adults (18 yrs +) Classes & Activities

*Accommodations may be provided at no additional cost, however they are not guaranteed. All accommodations and interpretive service request must be made at the time of registration and require a minimum of two weeks advance notification.*

### Aquatics

#### Water Fitness

**18 yrs + / 6 wks starting Oct 7 / \$47**

Adults with developmental disabilities can enjoy exercise in a warm aquatic tank. Exercise at your own pace. Instructor will provide guidance and exercises. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self confidence and enhance fitness level. For more information, contact Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov).

RP4309.101 New Cedar Lane School 7-8pm Th

### Arts & Music

#### Art

#### No Boundaries

**17 yrs + / 10 wks starting Sept 14 / \$65**

In this musical theater class, young adults with mild to moderate disabilities can sing, dance and act while performing segments from a famous Broadway musical. The class will end with a public performance. Presented in cooperation with the Howard County Arts Council. For more information, contact Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov)

RP4303.101 Howard County Ctr for the Arts 5-7pm Tu

#### Focus on Art

**22 yrs + / 6 wks starting Oct 9 / \$70**

Express yourself! Adults with developmental disabilities will expand your creativity using a variety of art materials. You will make several projects to take home and some projects will be displayed in the No Boundaries Art Exhibit.

**Goal:** Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions. For more information, contact Susan Potts at 410-313-4628 or [spotts@howardcountymd.gov](mailto:spotts@howardcountymd.gov).

RP4302.101 Bain Center 9:30-11am Sa

### Art with Tracy Feld

#### Creative Journaling

##### with Mandala Art with Tracy Feld

**18 yrs + / 6 wks starting Sep 30 / \$83 + \$20 materials fee**

The mandala, a circular design radiating out from the center, is one of the oldest forms found in art across all cultures. A reflection of the most basic of structures in nature (atoms, tree rings, nautilus seashells, solar systems, cells, etc.), the mandala can be drawn by anyone, and holds a terrific amount of creative energy. Participants will make journal books from scratch using beautiful papers and top-notch materials. Materials fee due at first class. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

RP0202.101 Glenelg HS 7-9pm Th

### Visual Artists' Alliance of Maryland

*These VAMM (Visual Artist's Alliance of Maryland) Workshops are free and require no preregistration.*

#### **NEW!** Watercolor Painting Demonstration

**18 yrs + / 1 session / Sep 27**

Watch a master watercolorist at work and ask your questions about methods and materials. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

Gary Arthur Comm Ctr @ Glenwood 7-9pm M

#### **NEW!** Mini Workshop Acrylics

**18 yrs + / 1 session / Oct 23**

This hands-on workshop will feature basic acrylics techniques and a few surprises. Participants should bring 140-lb cold press watercolor paper (any size over 11x14 will do), a few acrylic brushes, a container for water and a pencil and sketch book. Other materials will be provided. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

Gary Arthur Comm Ctr @ Glenwood 2-4pm Sa

#### **NEW!** The Human Figure as Subject in Painting and Drawing

**18 yrs + / 1 Session / Nov 22**

Join us for an evening with Paul Moscatt, ([www.moscatt.com](http://www.moscatt.com)) acclaimed figure painter and teacher (chair of the painting Dept. at Maryland Institute College of Art). Mr Moscatt will discuss the rewards and challenges of choosing the human figure as the artist's subject. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

Gary Arthur Comm Ctr @ Glenwood 7-9pm M

### Watercolor Painting with Brenda Kidera

#### Introduction to Watercolor

**18 yrs + / 4 wks starting Oct 4 / \$89 + \$5 materials fee**

Always wanted to try watercolor painting but never picked up a brush? This class will walk you through basic watercolor techniques using step-by-step instruction and demonstrations. Class discussion includes materials, color mixing & more. Materials fee for reference material due at class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

RP0210.101 Gary Arthur Comm Ctr @ Glenwood 6:30-9pm M



## Watercolor Techniques

**18 yrs + / 4 wks starting Oct 5 / \$89 + \$5 materials fee**

This class is all about technique and explores the versatility of watercolor. Learn to use a variety of materials and tools to achieve many effects. How to use these when painting different subject matter will be discussed. Step-by-step instruction and demonstrations. Knowledge of basic watercolor techniques is necessary. Materials fee for reference materials is due at first class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0212.101 Gary Arthur Comm Ctr @ Glenwood 10am-12:30pm Tu**

## The Iris in Watercolor

**18 yrs + / 4 wks starting Nov 1 / \$89 + \$5 materials fee**

Using a variety of techniques, learn how to paint this complex flower. Elements of design, how to keep your colors luminous, mastering textures and more will be discussed. Knowledge of basic watercolor techniques is necessary. Materials fee for reference material due at class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0211.101 Gary Arthur Comm Ctr @ Glenwood 6:30-9pm M**

## Magnolias in Watercolor

**18 yrs + / 6 wks starting Nov 2 / \$135 + \$20 materials fee**

Using a variety of techniques, learn how to control this transparent medium while working large. Elements of design, how to keep your colors luminous, mastering various textures, and more will be discussed. Knowledge of basic watercolor techniques is necessary. Materials fee covers 22" x 30" Arches 300# Cold Press Watercolor Paper and reference materials is due at first class. Supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/Kidera.pdf>. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0223.101 Gary Arthur Comm Ctr @ Glenwood 10am-12:30pm Tu**

## Art Classes with Cher Compton



Pastels

## Pastels

**18 yrs + / 6 wks starting Oct 5 / \$89**

Learn to use soft pastels to draw and paint. The class will focus on technique, color theory/mixing and composition. This class is suitable for all levels. Materials list provided at first class. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0204.101 River Hill HS 7:30-9:30pm Tu**

## Traditional Painting Methods

**18 yrs + / 6 wks starting Oct 6 / \$89**

Work in acrylics or oils to learn or master color mixing, brush work and how to "build" a painting that is rich with texture and color. The instructor will do a demonstration painting each week, as well as working with students one-on-one. Students may choose to work in either acrylic or oil. Appropriate for all levels from beginner to advance. Work from provided materials or from your own photographs and still life materials. Materials list provided at first class. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0203.101 River Hill HS 7:30-9:30pm W**

## Photography with Christine Bowles

### Demystifying Exposure

**18 yrs + / 1 session / Oct 2 / \$35**

If terms like "f-stop" and "metering" sound like a foreign language, this class is for you! Digital or film shooters will learn basic principles of exposure, which camera settings control exposure and how changing them affects your images. Learn what "correct" exposure is, how camera meters work and why camera meters can be fooled in some situations. Bring camera to class. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0205.101 Ellicott Mills MS 9:30-12pm Sa**

### Nature Photography Workshop & Hike

**18 yrs + / 3 sessions starting Oct 16 / \$99**

Learn how to shoot great nature photos in this practical 3-part workshop. First session teaches what types of equipment (lenses, filters, and accessories) are important and guidelines for composition. Next session (Sat, Oct. 23 from 1-4:30pm), head to a local park to put what you've learned into action. The last session features constructive feedback on your images during a group photo critique. Appropriate for both digital and film shooters with any type of camera (point and-shoot or SLR). Field trip includes hiking 2 to 3 miles on well-used but rugged trails (expect hill and rocks in a few spots) with your camera gear. Provide own transportation. Equipment list and directions to field trip location will be provided at first class. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

<b>RP0206.101</b>	<b>Ellicott Mills MS</b>	<b>9:30-noon</b>	<b>Oct 16 &amp; 30</b>	<b>Sa</b>
	<b>Hike</b>	<b>1-4:30pm</b>	<b>Oct 23</b>	<b>Sa</b>

### Principles of Composition

**18 yrs + / Nov 13 / \$30**

Do your photos fail to capture the moment the way you want? Learn how to compose stronger images that convey what you want your viewer to see. Learn more than a dozen practical composition guidelines applicable to landscapes, nature, and other subjects. Appropriate for digital or film shooters of all levels. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0209.101 Ellicott Mills MS 10am-noon Sa**

## Photography with John Guion

### Digital Photography

**18 yrs + / 4 wks starting Oct 7 / \$56**

You've had some time now to work with your camera and you want to get more out of it. This class will take you beyond the very beginner level and explore lighting, composition and other techniques to make even better pictures. Bring your camera and camera manual to class. For more information, contact Danielle Bassett at 410-313-4634 or [dbassett@howardcountymd.gov](mailto:dbassett@howardcountymd.gov).

**RP0207.101 River Hill HS 7-9pm Th**

## Photography with Martha Rhoades-Spivey

### Outdoor Portraits

16 yrs + / 3 classes / Start dates below / \$75

No matter what type of camera you have, discover how to take beautiful outdoor photographs of people in this three-part workshop. Bring your camera as well as its manual to an initial Thursday class for a discussion on photographic principles and fun ways for shooting portraits in the magnificent outdoors. Shoot actual portraits at the second class, which will be held on Saturday with a 3-mile walk along the smooth and level Savage Mill Trail (for those able, an intermediate slope is also available) starting at the Bollman Truss Railroad Bridge. Then bring your three best photos via laptop, disc or prints to the last class to learn from each other's discoveries and receive tips for future practice. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0218.101	Forest Ridge ES	7-9:30pm	Sep 23 & 30	Th
	Savage Mill Trail	9:30-noon	Sep 25	Sa

### **NEW!** Take the Photo, Now Gift!

16 yrs + / 2 wks starting Nov 4 / \$50

Just in time for the holiday season, learn to create a personalized gift with your photography! Famous artists have been creating self-portraits for hundreds of years, so now it is your turn. Always the photographer and never in the photo or never photographed as you picture yourself? In both classes, bring your camera, flash, tripod (if you have), and camera manual. In the first class, learn techniques with your camera equipment and with a classmate as your subject create your portrait set-up. Process your photographic results, make notes and be ready with all of your camera equipment for the second class to photograph your self-portrait. Then cover the numerous options of photographic products available on-line for you to create memorable gifts from your portrait or other digital images just in time for the holidays. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0219.101	Forest Ridge ES	7-9pm	Th
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## Photography with Michael Alloy

### Organize your Photos: The Secret Power of Picasa

18 yrs + / 2 wks starting Sep 21 / \$49

Get the most out of Google's free Picasa software to get photos off of your cameras and out of the shoeboxes. Learn how to safely store and back up images, how to find photos and how to add special effects and create montages. Bring your laptop with Vista or Windows XP or use one of the instructor's for a \$10 lab fee. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0230.101	River Hill HS	7-9pm	Tu
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### Photo Editing

18 yrs + / 6 wks starting Oct 5 / \$129

Use photo editing software to fix new images and bring old photos back to life. Bring your laptop with Vista or Windows XP or borrow one from the instructor for a \$10 lab fee. Scan, restore, and retouch by applying layers, cloning, and more. Learn techniques to get rid of scratches, change colors, or apply special effects. Learn to apply file formats, sizing, and get ready to print. More info available online at <http://www.howardcountymd.gov/RAP/RAPDocs/PhotoEditing.pdf>. No class 11/2. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0222.101	Ellicott Mills MS	7-9pm	Tu
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## Music

### Drumming with Jonathon Murray

#### Basic Hand Drumming

18 yrs + / 6 wks starting Sep 8 / \$89

Feel the power of rhythm in a fun group class. Explore techniques and rhythm patterns common to West African hand drums. Learn different rhythm patterns and songs creating polyrhythmic compositions. No experience or musical training is necessary! Materials fee \$5 at first class. No class 9/29. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0213.101	Wilde Lake MS	7-8:30pm	W
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#### World Ensemble Drumming Class

18 yrs + / 6 wks starting Sep 9 / \$89

In this 6 week program students will learn to expand their percussion skills to working with traditional instruments of world percussion ensembles. More than just hand drums, students will learn to play a variety of world percussion instruments including stick drums, frame drums and hand percussion instruments. This class will cover techniques for playing many different types of instruments and will teach traditional rhythms in a cultural context. Each class series will explore 2 different cultural groups and will culminate in a recital for family and friends. PREREQUISITE: Students must have taken a minimum of 3 basic hand drumming classes and have instructor approval to register. No class 9/30. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0224.101	Wilde Lake MS	7-8:30pm	Th
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## Drumming with Steve Parezo

#### Intro to Drumming with Steve Parezo

12 yrs + / 6 wks starting Sep 21 / \$90

Want to play the drums? Study with a master drummer who will demonstrate proper stick control, basic rudiments (such as rolls, paradiddles and triplets) while showing you how to develop hand-feet coordination. Also learn how to take care and maintain your drums. No experience or musical training is necessary. To get the most out of the class, students should practice 5 or 6 days a week. Bring a pair of drum sticks and a practice pad so you can learn to play to a variety of musical styles. Reference online purchasing equipment notes at <http://www.howardcountymd.gov/RAP/RAPDocs/IntrotoDrumming.pdf>. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0217.101	Ellicott Mills MS	7-8:30pm	Tu
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## Guitar with Damon Foreman

#### Beginning Guitar with Damon Foreman

18 yrs + / 6 wks starting Sep 27 / \$82 + \$10 book fee

Learn Guitar the easy way from award winning guitarist/instructor Damon Foreman. You will learn how to play chords, scales and strumming techniques. You will be playing a song by the end of the first lesson. Take advantage of this course that is given at a fraction of the cost of private study. You need to have an acoustic guitar or electric guitar with a small amplifier, pad and pencil for taking notes. Materials fee due at first class. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0228.101	Gary Arthur Comm Ctr @ Glenwood	7-8pm	M
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## Guitar with Marcos Montenegro

### Just Once Guitar with Marcos Montenegro

13 yrs + / Oct 5 / \$30 + \$29 materials fee

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Materials fee for workbook and practice DVD is due at first class. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0229.101 River Hill HS 6:30-9pm Tu

## Guitar with Ray Forton

### Beginning Ukulele with Ray Forton

12 yrs + / 5 wks starting Oct 16 / \$65

So, you've been to Hawaii (or wish you have!) and want to learn to play this little four-string gem. Bring your soprano, concert or tenor ukulele and learn the basics, including how to read chord charts, some basic notation reading, common chord patterns and basic strum patterns. You won't be able to put it down! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0215.101 Ilchester ES 9:30-10:30am Sa

### Beginning Guitar with Ray Forton

12 yrs + / 5 wks starting Oct 16 / \$65

Bring your six-string, acoustic or electric guitar and get ready to play. Learn to read chord charts, open position scales and finger exercises that develop the strength and flexibility necessary to get your fingers to do what you want them to do. To get the most out of the class be ready to practice 5 or 6 days a week. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0216.101 Ilchester ES 11am-noon Sa

## Piano at River Hill Music Tech Studio

### Intro to Piano with Lee Pogue

18 yrs + / 8 wks starting Sep 25 / \$99 + \$15 book fee

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Participants will learn and practice on their own keyboard. Students should have access to a keyboard to practice outside class. Book fee due at first class. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0214.101 River Hill HS 2-3pm Sa

### Piano 2 with Lee Pogue

11 yrs + / 8 wks starting Sep 25 / \$99 + \$15 book fee

Build on the piano skills learned in the Intro to Piano class in this next step Piano II class! Participants will continue to gain additional confidence and develop and learn new piano methods and techniques. Participants should have access to a keyboard to practice outside. PREREQUISITE: Intro to Piano. Book fee due at first class. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0225.101 River Hill HS 11-noon Sa

## Cooking

### Cooking with Mark Waitsman

- Learn to make delicious, restaurant-quality specialties in your own kitchen.
- These demo-style classes feature lecture, demonstration, and generous tasting.
- Materials fee due to class instructor.
- All classes are one session.

## American Regional Favorites

### **NEW!** Easy Weekend Deck Party

18 yrs + / Sep 24 / \$24 + \$15 materials fee

It's a beautiful week end to have friends over. You want to enjoy yourself along with everyone else, so let's make it easy! Delicious Pulled BBQ on terrific Homemade Rolls topped off with Chef Mark's Best Cole Slaw and for munchies Homemade Caramel Popcorn. RSVP now...this party is not to be missed! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0505.101 Mt. Hebron HS 6:30-9pm F

### **NEW!** Maryland With Pride - Crabs Ahoy!!!

18 yrs + / Sep 29 / \$24 + \$15 materials fee

One of the most requested classes! Learn to make restaurant quality Chef Mark's Best Crab Cakes, Chef Mark's Own Crab Quiche, Chef Mark's Best Cole Slaw, and Homemade Buttermilk Biscuits. When you leave this class you'll feel anything but CRABBY! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0506.101 Mt. Hebron HS 6:30-9pm W

### **NEW!** Shrimp Perfection - No Small Task

18 yrs + / Oct 1 / \$24 + \$15 materials fee

We will learn how to prepare shrimp the right way and get restaurant quality results! Proper Preparation will be discussed. We will make "Steamed" Shrimp, Fried Shrimp, Shrimp Scampi, and Cocktail Sauce. If you are shrimp-challenged this is the class you have been waiting for! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0528.101 Mt. Hebron HS 6:30-9pm F

### **NEW!** Trip to the Big Easy - New Orleans at Its Best

18 yrs + / Oct 27 / \$24 + \$15 materials fee

Some of my favorites from Cajun country...Bayou Crab and Corn Chowder, New Orleans Shrimp Creole, and Marde Gras Chocolate Volcano Cakes. If you have a yernin' for Low Country food at its best you better not miss this class! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0507.101 Mt. Hebron HS 6:30-9pm W

**NEW! Texas Comfort Food****18 yrs + / Nov 3 / \$24 + \$15 materials fee**

Hankerin' for some "stick to your ribs" western chow? Try our Roundup Barbeque Brisket, Easy Ranch Potatoes, and Buttermilk Pie. If this doesn't hit the spot then you ain't a shootin' straight!!! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0508.101 Mt. Hebron HS 6:30-9pm W****Pizza at Home Made Easy****18 yrs + / Nov 10 / \$24 + 15 materials fee**

I was in my hut with my Papa, John, playing dominos and eating pizza. It tasted like...well I don't know what! That's when I decided to come up with a recipe for homemade pizza that is fresh, hot, and delicious. Let me share my recipe and techniques with you... Homemade Pizza Dough, Homemade Pizza Sauce, and Sautéed Toppings. You'll never have to phone for a pie again!!! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0509.101 Mt. Hebron HS 6:30-9pm W**

## A Taste of the Mediterranean One Bite at a Time

**NEW! France - The Apple of Your Eye****18 yrs + / Nov 8 / \$24 + \$15 materials fee**

A must come to class this time of the year! Restaurant quality all the way... Salade de pomme avec des raisins secs, noix et celeri (apple Salad), rôti de porc Normandie (Pork Roast Normandy), Tarte Tatin (French Skillet Apple Pie). Maryland has some of the best apples in the country; make the most of them in your cooking. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0529.101 Mt. Hebron HS 6:30-9pm M****NEW! Italy - Sea Shore Delights****18 yrs + / Dec 8 / \$24 + \$15 materials fee**

Enjoy the delicious, fresh, and delightful cuisine of Southern Italy. Learn how to Clean Calamari, prepare Calamari in Tomato Sauce with Mozzarella and Italian Cioppino. Come and break bread with us in this flavorful cooking class! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0527.101 Mt. Hebron HS 6:30-9pm W**

## Hands-on Cooking with Richard Douville

- *Bring apron and kitchen knife.*
- *Demonstration, hands on, discussion and lots of tasting*
- *Materials fees included in price.*

**All New Heart-Healthy Options!****A Chef's Road to Recovery!**

Lower your fats, sugars, and calories without sacrificing all of the enjoyment and flavor from your foods! Learn how in this all-new series of heart-healthy recipes and classes from Chef Richard Douville. Lots of great cooking tips and substitutions for the heart-healthy eating style. And Holy Guacamole! A surprise salad or salsa – chef's choice – will be made and served with each menu! For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**Beef and Pork****18 yrs + / Sep 20 / \$39**

Beef is allowed in a reasonable quantity in every diet. We will look at top round as a lean and tasty cut. Rubbed London Broil; Thai-Style Stir Fry; High-Roasted Pork Tenderloin. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0512.101 Bonnie Branch MS 7-9pm M****Poultry****18 yrs + / Sep 27 / \$39**

Both chicken and turkey are considered to be the leanest and most nutritious meats out there! Learn how to add flavor without adding loads of salt and fat. Tasty Turkey Burgers; Broiled Miso Chicken Tenders; Turkey Schnitzels; Chicken Breast 'Parmigiana'. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0513.101 Bonnie Branch MS 7-9pm M****Classic Comfort Re-Makes****18 yrs + / Oct 4 / \$39**

See how a Mac & Cheese serving can go from 670 down to 227 calories; how a tasty meatloaf can be made from ground turkey; and how light a creamy Alfredo sauce can really be! Macaroni and Cheese; Turkey Italian Meat Loaf; Chicken Alfredo. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0514.101 Glenelg HS 7-9pm M****Fabulous Healthy Desserts****18 yrs + / Oct 20 / \$39**

Desserts can be healthy! Learn how to make an easy and healthy fondue, smoothie and poached fruit. Low Fat Chocolate Fondue; Fruit Smoothies; Fruit Gazpacho; Wine-Poached Pears. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0515.101 Glenelg HS 7-9pm W****Fish & Seafood****18 yrs + / Oct 27 / \$39**

Get your Omega-3's with these easy recipes – each can be made from scratch in less than 30 minutes! Miso-Broiled Fish; Salmon in Parchment; Crispy Unfried Fish; Grilled Shrimp. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0516.101 Glenelg HS 7-9pm W****Pasta and Grains****18 yrs + / Nov 15 / \$39**

Make a tasty switch to whole-grain pasta and Learn about the tasty and 'perfect' grain: quinoa. Fettuccine Alfredo; Fusilli with Turkey Tomato Sauce; Quinoa Pilaf. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0517.101 Bonnie Branch MS 7-9pm M****Vegetables, Starches, Legumes****18 yrs + / Dec 13 / \$39**

In this class, make a whole grain salad, put crucifers on the menu and learn about 'good carbs'. Vegetable Frittata; Wheatberry Salad; Crucifers Galore; Steamed 'Orange' Veggies. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0518.101 Bonnie Branch MS 7-9pm M**



## International Cuisine with Alba Johnson

*These classes include lecture, demo, and hands-on components as well as generous tasting. Some classes offer optional alcoholic beverages for 21 yrs +.*



### Savory Greek Favorites

**18 yrs + / Sep 22 / \$39 + \$10 materials fee**

Comfort food at its best. Learn how to make delicious savory dishes such as Greek Chicken with Feta, Roasted Rosemary and Lemon Potatoes, and Greek Spinach Salad with Shallot vinaigrette. Materials fee due at class.

For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0501.101 Lime Kiln MS 6:30-8:30pm W**



### Simply Irresistible Italian

**18 yrs + / Oct 6 / \$39 + \$15 wine and materials fee**

The key in cooking irresistible Italian food is simply using the freshest ingredients. These recipes are easy to prepare as well as scrumptious in effect and taste. We will be making Baked Shells with Fontina and Parmesan, Peas with Crispy Pancetta, and Roasted pepper and Cheese Crostini. Served with Italian Wine. Materials fee due at class. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0502.101 Gary Arthur Comm Ctr @ Glenwood 6:30-8:30pm W**



### Mediterranean Gourmet Made Easy

**18 yrs + / Nov 3 / \$39 + \$15 wine and materials fee**

Impress your family and friends at your next dinner party with food that is simple, yet gourmet. Learn to make Cordon Blue Style Stuffed Roasted Peppers, Chicken Tagine with Cabbage and Olives, and Baby Potatoes with Chili Sherry Sauce. Served with a cool Rose Wine. Materials fee due at class. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0503.101 Gary Arthur Comm Ctr @ Glenwood 6:30-8:30pm W**

## Indian Delights with Ann Chitale



### Have Fun with Grains

**18 yrs + / Oct 21 / \$24 + \$15 materials fee**

Learn how to make gluten free casseroles using several different types of grains, legumes, sprouted beans, learn to make pilafs, rice casseroles and more. Red and white organic Quinoa Couscous with vegetables, brown Basmati and Barley with moong beans. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0523.101 Clarksville MS 7-9pm Th**

### Hearty Soups

**18 yrs + / Nov 1 / \$24 + \$15 materials fee**

Just in time for Thanksgiving and cold weather these four hearty soups will sure to warm your heart. Soups included; Spicy Peanut Soup from India (not Virginia) with a touch of cumin and pepper, Lentil Chestnut Soup, Roasted eggplant-Tomato Bisque, and Carrot-Butternut Squash Soup. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0530.101 Clarksville MS 7-9pm M**

## South Indian Delight

**18 yrs + / Nov 17 / \$24 + \$15 materials fee**

Learn to make delicious South Indian meal including Masala Dosas, Coconut Chutney, Sambhar (Spicy Vegetable Curry), Spicy potatoes as stuffing, Roasted bell pepper, tomatoes chutney. Dessert is vermicelli pudding. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0531.101 Clarksville MS 7-9pm W**

## Cake Decorating with Teresa Lemon

### Beginning Cake Decorating

**18 yrs + / 4 wks starting Sep 28 / \$55**

Why buy an expensive cake when you can make your own? Learn to decorate a cake with stars, shell borders, roses, floral spray, basket weave and more. For supply list: <http://www.howardcountymd.gov/RAP/RAPDocs/CakeDecorating.pdf> For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0524.101 Gary Arthur Comm Ctr @ Glenwood 7-9pm Tu**

### Cake Decorating Workshop

**11 yrs + / Oct 30 / \$19 + \$15 materials fee at class**

Bring family and friends to enjoy a fun day together as you decorate cupcakes with your own designs. Learn tips and techniques to make stars, shell borders, roses, floral spray, basket weave and more. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0525.101 Gary Arthur Comm Ctr @ Glenwood 10am-12:30pm Sa**

## Cooking with Kim Metz

- *Explore the benefits of healthy farm fresh seasonal cooking.*
- *Materials fee due to instructor at first class.*

### Farm Fresh Seasonal Cooking

**18 yrs + / Oct 28 / \$24 + \$15 materials fee**

Don't miss out on all the health benefits and amazing taste, fresh fall produce has to offer! Learn to make three delicious soups using farm fresh produce from farmers markets and CSA's (Community Supported Agriculture). Green Soup, Roasted Beet Soup, and Creamy Cauliflower and Fennel Soup will be featured. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0526.101 Burleigh Manor MS 7-9pm Th**

## Cooking the American Classics with Kenneth Clay

- *Demonstration style classes include food sampling included.*
- *Classes are one session. Materials fee due at class.*

### American Classics #1

**18 yrs + / Oct 12 / \$24 + \$15 materials fee**

Join Chef Kenneth Clay in Class #1 of this series featuring: Butternut Squash and Apple Soup; Chopped Salad with Creamy Basil Dressing Braised Lamb Shank with roasted autumn vegetables and pearl onions and Butter Crust Chicken Pot Pie with puff pastry, wild mushrooms, peas and cream. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

**RP0533.101 Long Reach HS 7-9pm Tu**

**American Classics #2****18 yrs + / Nov 9 / \$24 + \$15 materials fee at class**

Class #2 of this series features Fried Green Tomatoes with shrimp and corn lima bean succotash; Seared Atlantic Salmon with grilled asparagus; mango relish and plum-hoisin barbecue; Pan Roasted Pork Chops with apple cider-Madeira sauce and braised red cabbage and Fettuccine with roasted onions, spinach, butternut squash, ham, mushrooms and sage cream sauce. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0534.101 Long Reach HS 7-9pm Tu

**American Classics #3****18 yrs + / Dec 7 / \$24 + \$15 materials fee at class**

Class #3 of this series features: New England Clam Chowder; Shrimp Tempura with green papaya salad and garlic chili sauce, Braised Beef Short Ribs with parpadelle pasta, pearl onions, mushrooms and rosemary and Paella with chicken, chorizo sausage, tomatoes, mussels, tomatoes, and saffron orzo. For more information, contact Danielle Bassett at 410-313-4634 or dbassett@howardcountymd.gov.

RP0535.101 Long Reach HS 7-9pm Tu

**Crafts****Crafts with Chantel De Martini*****NEW!* Swedish Monk's Cloth Afghan****18 yrs + / 4 wks starting Oct 7 / \$59**

If you can use a sewing needle you can make this Monk's Cloth afghan. Using a weave called a "cheaters weave," this afghan is created by running a needle and yarn along the surface of the monk's cloth material. Class fees do not include supplies. For more information, contact Terri Hilton 410-313-4630 or thilton@howardcountymd.gov. Supply list is available at [www.howardcountymd.gov/RAP/RAPDocs/weavingandpaperpiecing.pdf](http://www.howardcountymd.gov/RAP/RAPDocs/weavingandpaperpiecing.pdf)

RP0827.701 Oakland Mills HS 7-9pm Th

**Crafts with Donna Weeks****Fresh Herb Wreath****18 yrs + / Sep 28 / \$35 + \$8 materials fee**

Fresh from the farm, and oh so fragrant! Learn the basics of wreath construction using a Spanish moss covered straw wreath base and greenery pins. We'll add lots of fresh mountain mint, sage, lavender, bee balm, basil flowers and much more to complete this wonderfully fragrant wreath. A perfect gift for the gourmet on your list and will last for many seasons. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0805.101 River Hill HS 7-9pm Tu

**Bath and Beauty Products—Go Green****18 yrs + / Oct 25 / \$35 + \$18 materials fee**

Why spend all that money on products you can create yourself for a fraction of the cost? Join us and learn to make your own bath salts, moisturizer, toner, body lotions, foot scrubs and more. Take home a gift bag brimming over with your good-for-you products and recipes for creating more at home. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0806.101 Gary Arthur Comm Ctr @ Glenwood 7-9pm M

***NEW!* Holiday Gifts****18 yrs + / Nov 9 / \$35 + \$10 materials fee**

Join the fun and make a gift bag full of goodies for gift giving or keep them for yourself! We'll make a bottle of designer herbal vinegar, bath salts, cocoa cones, and our own herb mixes. Nothing says you care like a gift you make yourself. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0809.101 River Hill HS 7-9pm Tu

***NEW!* Intergenerational Gingerbread House and Tea Party****5 yrs + / Dec 10 / \$35 per 1 adult & 1 child + \$6 materials fee**

Come join us as we make a gingerbread house using graham crackers, lots of candy and frosting. This is a wonderful traditional to share with your children or grandchildren. Get creative and add your own special touches to make this a treasure to keep for years (yes, you can freeze it for future use). While you work, enjoy a tea party with light refreshments. Fee includes one house per adult and child and is due at class to instructor. For more information, contact Terri Hilton 410-313-4630 or thilton@howardcountymd.gov. Additional children welcome for \$6 material fee due at class. Additional children must register.

RP0810.101 Gary Arthur Comm Ctr @ Glenwood 6:30-8:30pm F

**Crafts / Art with Linda Ely*****NEW!* Altered Art****18 yrs + / Oct 12 / \$30 + \$15 materials fee**

Learn collage techniques on a variety of surfaces. Choices of projects will be available. (Boxes, Boards and Bowls!) Students will be shown how to use paper, glue, acrylic gels and paint to create beautiful objects. Bring personal items; photos, letters, or ticket stubs and use them as a starting point. Instructor will supply an assortment of papers, paints, tools and encouragement. This is the ultimate recycling skill and the chance to translate "junk" into an object of joy. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0814.101 Murray Hill MS 7-9pm Tu

***NEW!* Sewing skills 101 :  
Fix a broken Garment****18 yrs + / Oct 19 / \$25 + \$20 materials fee**

Bring a tee shirt or a fabric grocery bag and turn it into a work of art. Basic stitches will be learned. Hand sewing is a skill and anyone can do it. Everyone has something to hide...a spot, a tear, or missing button. Learn how to fix instead of toss. Buttons, trim, and fabric scraps will be provided. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0815.101 Murray Hill MS 7-9pm Tu

***NEW!* Printmaking-Monoprints****18 yrs + / Oct 26 / \$30 + \$18 materials fee**

We will use ink, rollers and a variety of tools to create unique images on paper. No drawing experience necessary! This medium is endless in its possibilities. Line, form, color, design, shape and texture all combine to form a truly unique image. Students will do several experimental prints and at least one image to treasure! Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0817.101 Murray Hill MS 7-9pm Tu

## **NEW!** Painting on Silk

**18 yrs + / 2 wks starting Nov 9 / \$45 + \$30 materials fee**

No artistic talent required for this class - if you can trace a design, you can paint on silk. Learn the Serti technique, which allows paint to spread over silk in a controlled manner. Make a practice piece then design your own project using a variety of patterns. Hang your sample masterpiece in a window to use as a sun catcher and weave your unique finished scarf. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0816.101 Murray Hill MS 7-9pm Tu

## Crafts with Teri Koenig

### Wineglass Glass Painting 2

**18 yrs + / 3 wks starting Oct 6 / \$48 + \$15 class materials fee**

Astonish your guests with custom painted wine glasses. Create a set of six lovely glasses in a seasonal spring pattern or grape design using fired glass paints. In week one, a white base paint will be applied. In week two and three color will be added to the glasses and maybe a touch of gold. The glasses are kiln fired between each class. This class is perfect for beginning and returning students, as the patterns and process are NEW! Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0808.101 Gary Arthur Comm Ctr @ Glenwood 7-9pm W

## Jewelry with Donna Weeks

### Beading Basics

**18 yrs + / Sep 14 / \$30 + \$8 materials fee**

Learn the basics of making jewelry from choosing stringing wire to using crimp beads. You'll use your new knowledge to make a double strand necklace following instructor's sample. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0801.101 Gary Arthur Comm Ctr @ Glenwood 7-9pm Tu

### Beginning Wire Work

**18 yrs + / Sep 20 / \$30 + \$10 materials fee**

Learn how to work with wire to make loops, spirals, coils and more for all your jewelry projects. Discover what tools are required, how to select wire, and where to purchase your materials. After practicing the various techniques, you'll have time to make a wire bracelet complete with glass or gem stone beads and a handmade clasp. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0802.101 Gary Arthur Comm Ctr @ Glenwood 6:30-9pm M

### Earrings, Earrings, Earrings

**18 yrs + / Sep 27 / \$30 + \$10 materials fee**

Tired of never having just the right earrings to go with your favorite clothes? Learn the basics of earring construction from choosing materials to making plain and wrapped loops. You'll have time to make two or three pairs of earrings in class. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0803.101 River Hill HS 7-9pm M

### Multi-Strand Illusion Necklace

**18 yrs + / Oct 5 / \$30 + \$8 materials fee**

If you can tie a knot, then you can make this necklace—it's that simple. You'll be using monofilament string, lots of beads and your nimble fingers to create this multi-strand necklace. Once you've completed several strands, you'll attach a clasp and learn how to crimp to finish it off. Easy to do, as long as you remember how to tie a knot. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0804.101 River Hill 7-9pm Tu

## Jewelry with Jan McVey

### Beading Basics

**18 yrs + / Oct 19 / \$30 + \$16 materials fee**

Learn the skills you need to make your own jewelry out of glass beads in a choice of colors. Students will make a beautiful single strand beaded necklace, with a bracelet and earrings to match. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0811.101 Ellicott Mills MS 7-9pm Tu

### Bracelet Bonanza

**18 yrs + / Nov 16 / \$30 + \$16 materials fee**

Bracelets make great gifts! Learn to make single and double strand bracelets. Come and make several for yourself and for people on your holiday gift list. A variety of clasps and glass beads (including holiday beads) will be available. Your friends will be impressed. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0819.101 Ellicott Mills MS 7-9pm Tu

## Jewelry with Kathleen Fritz

### **NEW!** Pumpkin Pendant

**18 yrs + / Oct 6 / \$30 + \$15 materials fee**

Create this cute little pumpkin pendant just in time for the Fall holidays. Made with 3 and 4 mm Swarovski crystals and seed beads and can be made into a pendant for a necklace, keychain or cell phone accessory. Beading experience preferred, but not required. This project uses monofilament, so feel free to bring magnifying lenses or glasses to class. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0807.101 Bead Soup – Savage Mill, New Weave 7-9pm W

### **NEW!** Russian Spiral Candy Cane

**18 yrs + / Nov 3 / \$30 + \$18 materials fee**

These little candy canes make the perfect tree ornament or present toppers. Using size 8/0 and 11/0 seed beads to create this double spiral candy cane. Candy canes are not limited to red and white, use your imagination to create anything you want. Continue this newly learned skill after class to make Russian spiral bracelets and necklaces. This project uses fireline and a size 12 beading needle so feel free to bring magnifying lenses or glasses to class. Materials fee due at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0826.101 Bead Soup – Savage Mill, New Weave 7-9pm W

## Knitting & Crochet with Anna Tai

Call instructor 410-381-6302 one week prior to start of class for materials requirements.

### Knit Level 1

13 yrs + / 4 wks starting Sep 29 / \$59

Join us in the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. You will combine garter and stockinette stitch patterns and make your first scarf. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0820.101 Oakland Mills HS 7-9pm W

### Crochet Level I

13 yrs + / 5 wks starting Oct 5 / \$69

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet – drape, yarn selection, shaping. Choice of project: scarf, hat, wrap, bag or tank top. No class election day Nov 2. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0824.101 Oakland Mills HS 7-9pm Tu

### Knit Level 1+

13 yrs + / 4 wks starting Nov 3 / \$59

Build up your skills by learning new stitch patterns (seed, ribbing, basket weave, cable, dropped garter). Learn to increase and decrease, determine gauge and to read patterns. Pick a project (sampler or cravat scarf, twin-peak shawl, shell etc). PREREQUISITE: basic knitting skills. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0821.101 Oakland Mills HS 7-9pm W

### **NEW!** Easy Does It Knit / Crochet Design Basics

13 yrs + / 3 wks starting Nov 1 / \$49

This course will cover the basic design elements (measurements, ease, gauge, and impact of yarns on drape and fit) and how to read/understand a basic pattern. Students will learn how to build a simple design from scratch, how to adapt/change a pattern to fit your figure, and how to choose the right fiber/yarn for your garment. PREREQUISITE: Basic Knitting or Crochet skills. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0822.101 Oakland Mills HS 7-9pm M

### **NEW!** Gift Knitting for all Levels

13 yrs + / 4 wks starting Nov 16 / \$59

Make a fabulous holiday gift for that someone special! Choose from over 100 designs for scarves, hats, mittens and shawl, vests, socks, Christmas stocking). Students will learn the best stitch patterns for highlighting specialty (example: kid mohair, lace and ribbon) yarns. PREREQUISITE: Basic Knitting. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0823.101 Oakland Mills HS 7-9pm Tu

## Quilting

### Quilting Basics with Annilin Buppert

18 yrs + / 6 wks starting Oct 4 / \$79

Create four blocks in class, and assemble them into a wall hanging. Make templates (designs), appliqué and piece patterns, and quilt your piece. Discuss materials at first class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP0812.101 Hammond HS 7:30-9:30pm M

## Dance

### **NEW!** Music and Movement with Donna Pidel – Ballet Royale Institute of Maryland

18 yrs+ / 6 wks starting Sep 15 / \$102

Express yourself through Music and Movement with this new innovative program designed for adults with mild to moderate developmental disabilities. Participants will explore dance through various mediums such as painting and prompts. Last class will be group performance for family and friends to attend. For more information, contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov

RP4321.101 Ballet Royale Institute of Maryland 7:30-9pm W

### Therapeutic Dances

13 yrs + / Themes and dates below / \$15

Teens and Adults with developmental disabilities can enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments will be provided. Food donations appreciated. For more information, contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

#### Kiwanis-Wallas Rec Ctr

RP4301.101	Halloween Costume	Oct 30	7-10pm	Sa
RP4301.102	Holiday Hop	Dec 11	7-10pm	Sa

## Ballroom with Jim Watts and Lucy Moran

### Salsa and Cha Cha with Jim Watts

18 yrs + / 8 wks starting Sep 22 / \$75

Now is the time to satisfy your curiosity about how to move to the fast spicy rhythms of Salsa, and the universally popular Cha Cha! After four weeks devoted to each dance, your feet will know how to respond to lively Latin music and you will move comfortably with a partner on the club or dance studio floor, or wherever you hear these Latin beats. Singles or couples welcome; no sneakers. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP1103.101 Long Reach HS 7-8pm W

### Intro to Social Ballroom Dance with Jim Watts

18 yrs + / 8 wks starting Sep 22 / \$75

Anyone, young or old, can learn how to adapt simple dance routines to a variety of dance musical styles, including smooth jazz, slower big band, romantic songs, or traditional waltz. In this class you will learn basic smooth dance steps and the techniques of dancing in rhythm with a partner. You will also get a two week sampling of swing dance steps. Then look forward to heading to the dance floor at parties, weddings, or anywhere you hear the music. Singles and couples welcome; no sneakers. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP1104.101 Long Reach HS 8:15-9:15pm W



## **NEW!** Ballroom Sampler: Foxtrot and Swing

18 yrs + / 8 wks starting Sep 24 / \$149 per couple

This beginner class provides an introductory sampling of the joys of both smooth and rhythm ballroom dance styles. The autumn session will feature the smooth, elegant Foxtrot, and the cool, rhythmic Triple-Step Swing. By the end of the session you will have mastered the foundational 6-count and 8-count steps of each of these dances and be ready to take your dancing to a wedding or office party dance floor! Each class will teach and review lead and follow techniques. Couples only; no sneakers please. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1105.101 Clarksville ES 7:15-8:15pm F

## **NEW!** Ballroom Sampler – Next Step: Waltz and Cha Cha

18 yrs + / 8 wks starting Sep 24 / \$149

Are you ready to move on from previous classes and learn your "Next Steps" in these two dances? We plan to review foundational steps and technique on the first night of class, and build on your repertoire of steps from there. In the first four weeks, we will teach small routines for two tempos of Waltz music. In the second four weeks, we will work on adding foot speed and "Latin musicality" to your Cha Cha. Each class will review lead and follow techniques, dance positions, and proper footwork. Couples only; no sneakers please. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1106.101 Clarksville ES 8:30-9:30pm F

## Saturday Night Social Dance Party

18 yrs + / Nov 20 / \$19

Come join us for a social dance party! This is an opportunity for beginners and more experienced dancers to practice skills learned in Ballroom, Latin, Swing or other dance classes or to just come out for fun with friends. Begin the evening with a 50 minute lesson from 8–8:50pm, then dance to popular, oldies, swing, Latin and big band music (D.J.). Fee includes two mini-lessons, an informal showcase, and light refreshments. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1122.101 Kiwanis-Wallas Rec Ctr 7:45-11:45pm Sa

## Indian Bollywood with Jaya Mathur

### Bollywood Dance with Jaya Mathur

18 yrs + / 6 wks starting Sep 29 / \$65

Trained in Indian classical dance, instructor Jaya Mathur will introduce you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water – get ready for a great workout! For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1108.101 Swansfield ES 7:30-8:30pm W

## Irish Dancing with Jan McVey

### Irish Set Dancing with Jan McVey

18 yrs + / 6 wks starting Oct 4 / \$75

Come learn the most popular form of social dancing in Ireland! Set dancing is lively folk dancing done in a square formation of four couples. Basic steps and frequently danced sets will be featured. Bring a bottle of water and leather soled shoes. Partner not required. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1110.101 Ellicott Mills MS 7-8:30pm M

## Kinetics Dance Theatre

### Beginner Level I Belly Dance

16 yr + / 8 wks starting Sep 22 / \$89

Enjoy the benefits of movement and camaraderie while learning the Modern American/Egyptian cabaret technique. Begin with a nice stretch followed by instruction in specific technique which includes hip bumps, hip slides, hip crescents, knee shimmies, shoulder shimmies and more! Learn how to move and use your gluts to move, control and accentuate those hips! Great for anyone who wants to feel sexy as they dance! Clothing: Leggings, hip scarf with coins (for shaking those hips!), bare feet or ballet shoes and a comfortable tank top or sports bra is suggested attire. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1112.101 Kinetics Dance Theatre 7:30-8:30pm W

### **NEW!** Beginning Tap Dance with Colleen Bogan

16 yrs + / 8 wks starting Sep 22 / \$89

If you've ever watched a tap dancer and wondered where all those sounds come from, this is the class for you. While you're learning the fundamentals, you'll also be getting some exercise and having lots of fun! Learn basic steps and put them together into a rhythmic pattern. Combinations of movement allow you to travel across the floor. Materials: Tap shoes or taps mounted on street shoes required. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP 1113.101 Kinetics Dance Theatre 8:30-9:15pm W

## Line and Couple Dancing with Mo and Barb Dutterer

### Line Dance with Mo and Barb

18 yrs + / 8 wks starting Sep 20 / \$75

Really sparkle the next time you're on the dance floor! New dances are taught each week in this class for beginner to advanced dancers. Learn the latest line dances and the old stand-bys using a variety of music. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1101.101 Centennial ES 7:15-8:15pm M

### East Coast Swing for Couples

18 yrs + / 8 wks starting Sep 20 / \$125 per couple

This beginner class can make you a star at your next event! Learn a steady progression of swing moves each week. Grab your partner and join in the fun, new and returning students welcome. Fee is per couple. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1118.101 Centennial ES 8:30-9:30pm M

## Misako Ballet

### Authentic Jazz Fusion and Swing with Ronald Burton

18 yrs + / 8 wks starting Sep 21 / \$89

This jazz dance fusion will incorporate solo dance vocabulary from New York City's famous Ballrooms, Cabarets and Theater. The Lindy Hop, Swing Dance and Ziegfeld Follies introduced the world to The Charleston, The Shorty George, The Big Apple and The Suzy-Q in the rich tradition of the 1920's-1940's Authentic Jazz Era. Dance to music by Duke Ellington, Cab Calloway and the Big Band Era, as we call all "Guys 'n Dolls" for this nostalgic dance experience! This is not a partnered ballroom class and will be instructed in a professional dance class format. All experience levels welcome. Please wear comfortable clothing with jazz shoes or dance sneakers. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1124.101 Misako Ballet Studio 7:30-8:30pm Tu

### Adult Dance and Pilates with Jodi Guzewich

16 yrs + / 8 wks starting Sep 21 / \$89

This class will use ballet and Pilates to create a wonderful workout that leaves you feeling energized. No previous experience is necessary. No shoes are necessary either. Wear comfortable clothing and get ready to feel great in a calm and non competitive environment. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1125.101 Misako Ballet Studio 9:30-10:30am Tu

### Adult Contemporary Dance with Cecilia Ituarte

18 yrs + / 8 wks starting Sep 23 / \$89

This class is designed for all levels. Begin with an invigorating warm-up practicing dance steps and learn different choreography each week. This class combines Modern & Jazz techniques to provide participants with an enjoyable introduction to dancing & a relaxing workout. No experience necessary. Wear clothes that are comfortable to move & stretch in such as: leggings or sweat pants with an exercise top or cotton t-shirt. No shoes required, but if you prefer you can wear ballet or jazz shoes. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1126.101 Misako Ballet Studio 7:45-8:45pm Th

## Studio Inspire

### Hip Hop Fusion

18 yrs + / 6 wks starting Sep 20 / \$67

This class offers a fusion of styles including hip hop, funk, street, and high-energy jazz. Warm up with the latest hip hop rhythms that will transition into a larger choreographed piece prepared to meet each student's level and dance experience. Beginners are encouraged sign up. Wear jazz or gym shoes, no street shoes allowed. For more information, contact Terri Hilton at 410-313-4630, or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1129.101 Studio Inspire 7-8pm M

### Belly Dance Workout

18 yrs + / 6 wks starting Sep 21 / \$67

Belly Dance Workout is where cardio-dance meets belly dance. This class works the entire body so that you can work out safer and smarter. You will learn basic level one belly dance technique and gain a better understanding of how the body can move. In addition, you will gain core strength, speed, isolation and stamina. For more information, contact Terri Hilton at 410-313-4630, or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1130.101 Studio Inspire 7:30-8:30pm Tu

## Swing with Kelly and Jason

### West Coast Swing with Kelly & Jason Hull

18 yrs + / 8 wks starting Sep 21 / \$125 per couple

Just what you've been asking for! Learn to dance to the music you hear on Dancing with the Stars. Wear smooth soled shoes. Couples only. No class 11/2. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1115.701 Bain Ctr 7:30-8:30pm Tu

## Swing with Tatia Zack

### Beginners East Coast Swing with Tatia Zack

18 yrs + / 8 wks starting Sep 23 / \$145 per couple

Learn the basic steps and progress to multiple variations and moves. Gain confidence as you astonish friends and amaze yourself at the next social function. Wear leather soled shoes. Couples only. For more information, contact Terri Hilton 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1116.101 Veterans ES 7-8pm Th

### Next Step East Coast Swing with Tatia Zack

18 yrs + / 8 wks starting Sep 23 / \$145 per couple

Learn more advanced and intricate step variations, as well as modifications and perfection of dances learned in beginner classes. Improve your lead and follow technique and dance to a variety of music. Wear leather soled shoes. Couples only. For more information, contact Terri Hilton at 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1117.101 Veterans ES 8-9pm Th

## Hand and Urban Line Dancing with Shirley Duncan

### Hand Dancing and Bop

18 yrs + / 8 wks starting Sep 20 / \$75

Experience the traditional and exciting hand dance and bop that will make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count, weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required. For more information, contact Terri Hilton 410-313-4630 or [thilton@howardcountymd.gov](mailto:thilton@howardcountymd.gov).

RP1121.101 Long Reach HS 7:45-8:45pm M

## Intermediate Hand Dancing

18 yrs + / 8 wks starting Sep 22 / \$75

Learn intermediate patterns designed to highlight the essence of hand dance footwork and hand positions adding turns, walk and isolation to your dance. This class is designed for the intermediate hand dance and techniques can be incorporated into any style of leader/follower dance. Partner not required. For more information, contact Terri Hilton 410-313-4630 or thilton@howardcountymd.gov.

RP1123.101 Bain Center 7:45-8:45pm W

## Urban Line Dancing

18 yrs + / 8 wks, start dates below / \$75

Come learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dances are done to the hottest R&B and oldies music around. Come experience a fun-filled workout with high and low energy steps. For more information, contact Terri Hilton 410-313-4630 or thilton@howardcountymd.gov.

RP1100.101 Long Reach HS 6:30-7:30pm Sep 20 M

RP1100.102 Bain Center 6:30-7:30 pm Sep 22 W

## Do-it-Yourself

### Bike Maintenance with Larry Black

18 yrs + / 4 wks starting Oct 5 / \$99

Find out everything you need to know about maintaining and repairing the bike you have or the one you plan to purchase. Learn about on-the-road fixes, overhauls, wheel building or how to negotiate best price for repairs. Tools and some "practice" bikes are provided; bring your own bike to get hands-on experience. Optional manual \$25 at class. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3401.101 Gary Arthur Comm Ctr @ Glenwood 7-9pm Tu

## Enrichment

### Dog Obedience with Mary Ann Hein and Darryll Ann Buschling

16 yrs + / 6 wks, start dates below / \$69

Who's in charge, you or your dog? Turn Rover into a well-behaved companion. Dog must be over four months of age with current shots. Instructor will advise about leash and collar. Please bring dog on a 6-foot leash, no retractable leashes allowed. Bring plastic bag and scoop. Class appropriate for any size dog. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

Mariann Hein

RP3402.101 Dunloggin MS 7-8pm Sep 7 Tu

Darryll Ann Buschling

RP3402.102 Schooley Mill Pk 6:30-7:30pm Sep 27 M

### Learn How to Play Pool with Alvin Thomas

18 yrs + / 4 wks starting Sep 18 / \$59

Build up your game or try something new. Learn the basics and build a good foundation to improve your play. Study the proper grip on the cue, stance at the table, cuing the ball, stroke and follow through. To allow you to get the most out of your instruction, class size is limited to six. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3403.101 Gary Arthur Comm Ctr @ Glenwood 10:30-noon Sa

## **NEW!** Getting to Know Facebook with Lisa Bower

18 yrs + / Oct 16 / \$35

So your kids are on Facebook and now your friends are joining too, but you have no idea how to use it. Have no fear! Lisa Bower, local decorating business owner will teach you how to set up a Facebook page for yourself or your business and she will show you how to personalize it to your own needs. This class will show you how to make your Facebook information private. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3412.101 Recreation & Parks Headquarters 10am-noon Sa

## **NEW!** Social Bridges with Rosemary Gruss

18 yrs + / 4 wks starting Sep 13 / \$35

In this small group social skills building, young adults with mild to moderate disabilities will explore appropriate social behavior and interactions with other during social settings. For more information, contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov

RP4322.101 Location TBA 5-6:30pm M

## Around the Home

### De-clutter Your Garage or Basement

18 yrs + / Sep 30 / \$19

Do you have more stuff than space? 80% of what we keep we never use! Let a professional organizer give you tips and proven strategies to decrease your stress and increase your organization. Start your spring cleaning off right! For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3420.101 Ellicott Mills MS 7-9pm Th

## **NEW!** Make your own Window Treatment from a Rectangle with Lisa Bower

18 yrs + / Oct 23 / \$35

Come learn how to make a simple window treatment out of a rectangle of fabric. Lisa Bower, owner of Madella's Decorating will show you several custom window treatments that were all made from a rectangle of fabric. Bring your camera to take pictures of lots of creative ideas. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3409.101 Ilchester ES 10am-noon Sa

## Financial Fitness

### Investment Basics - Learn to be Financially Fit! with Fran Makino

18 yrs + / 3 wks starting Oct 6 / \$45

Do you understand your 401k statements? Do you know where your IRA's are invested? Any idea how or why you should open a 529 plan for your kids? Do you have enough life insurance? Do you have a will? We will discuss investment basics - what stocks, bonds, mutual funds are, and how they fit into your life. You will learn to analyze your statements from your 401k/403b/TSP, and decide how best to invest that money. Questions encouraged. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3413.101 River Hill HS 7-9pm W

## Retirement Income - When Your Paychecks Stop with Fran Makino

18 yrs + / 2 wks starting Nov 10 / \$30

Are you 10 or fewer years from retirement? If you don't have a pension (like most of the US), have you thought about how you will receive income? How should you draw down your IRAs/401ks/403bs, etc.? Social Security probably won't be enough. Come to this class to learn how you can best prepare for life after your regular paychecks stop. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3414.101 River Hill HS 7-9pm W

## Language

### Hablemos Espanol – Conversational Spanish

18 yrs + / 5 wks starting Sep 13 / \$65

A different topic of conversation for each class. Vocabulary list will be provided. Instructor will start class with English/Spanish directions; by the third class students will be totally immersed. Students will need to communicate with each other in Spanish; pronunciation and grammatical errors will be addressed by native speaker instructor. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3411.101 Ellicott Mills MS 7:30-8:30pm M

### Everyday Spanish I with Cecilia Redmond

18 yrs + / 6 wks starting Sep 23 / \$78

Initiate and respond to greetings and farewells. Build up your confidence learning vocabulary on familiar topics. Put it all together with basic grammar for easy conversation starters. If you are a repeater, we will change topics every session so you can expand your vocabulary. Native speaking instructor will share strategies and cultural insights. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3407.101 Ellicott Mills MS 7-8:30pm Th

### Communicate in Spanish for the Health Care Sector

18 yrs + / 5 wks starting Oct 5 / \$65

Learn key phrases to be able to communicate with the people under your care, without grammar drills. Vocabulary related to emergencies will be presented as well as some medical situations. Drills and repetition will build up your confidence and prepare you to communicate in Spanish. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3408.101 Ellicott Mills MS 7-8:30pm Tu

### Everyday Spanish II with Cecilia Redmond

18 yrs + / 5 wks starting Nov 4 / \$65

Join our interactive class. Learn some of the most used verbs and their basic regular conjugation. Gain comprehension of simple conversations using those verbs. New vocabulary is presented at every session. Everyday Spanish I as a foundation is recommended, but not required. No class 11/25. For more information, contact Terri Hilton at 410-313-4630 or thilton@howardcountymd.gov.

RP3410.101 Ellicott Mills MS 7-8:30pm Th

## Fitness

- Please consult a physician before beginning an exercise program.
- Download a Medical Clearance Form at [howardcountymd.gov/RAP/RAP-FormsPubl.htm](http://howardcountymd.gov/RAP/RAP-FormsPubl.htm) for select programs.
- Child care is available for children aged 2-5 years in the following morning class: Cardio Crunch Challenge at Cedar Lane. Activities include low-key crafts and games within a supervised setting. Staff members do not change diapers - no infants. Fee listed is for one child; additional fee required for more than one child.
- Inclement weather, school closings and holidays may affect the ending date of programs.

### Gary J. Arthur Community Center at Glenwood Fitness Room Pass

13 yrs + / 1, 25, 50 or 100 visits, start dates ongoing /

#### Prices below

Enjoy exercising in an easy-going environment. Our facility features treadmills, stair climbers, stationary bicycles, Keiser exercise equipment and free weights. This pass has no expiration date; you pay no additional monthly fees and the required orientation on equipment use is free. Call 410-313-4840 for a medical clearance form that must be completed prior to exercising or download at [www.howardcountymd.gov/RAP/RAP\\_FormsPubl.htm](http://www.howardcountymd.gov/RAP/RAP_FormsPubl.htm). Please see fitness room schedule for open exercise times. 13-15 year olds may purchase a fitness pass upon completion of the Teen Weight Training program and must have adult supervision with them in the fitness room. We are now offering a discounted senior fitness pass. Age verification must be presented at time of registration. Senior Center members receive preferred entry 7-10am and 1-3pm with purchase of Senior Fitness Membership. For more information, call 410-313-4840.

#### 16-59 yrs

1 Visit	\$5 / \$7 (NR)*
25 Visits	\$75 / \$85 (NR)
50 Visits	\$148 / \$168 (NR)
100 Visits	\$263 / \$283 (NR)

#### 60 yrs +

1 Visit	\$4 / \$6 (NR)*
25 Visits	\$57 / \$67 (NR)
50 Visits	\$112 / \$132 (NR)
100 Visits	\$198 / \$218 (NR)

\* (NR = Non Howard County Resident)

### Personal Training

18 yrs + / All fees are per person

Everyone can benefit from a personal trainer, whether you're just getting started or a serious athlete. Our Personal Training will provide you with an individualized exercise program tailored to meet your goals and your health and fitness needs. We offer different packages to suit you best. You may wish to discuss options with us to help choose the package that's right for you. A Medical Clearance Form is required to be completed prior to exercising. For more information or to schedule an appointment, call 410-313-4840.

Gary Arthur Comm Ctr @ Glenwood (Fitness / Non-Fitness Member)

Fitness Assessment (1/2 hr)	\$30 / \$45
Express (1/2 hr)	\$30 / \$45
Regular (1 hr)	\$50 / \$65
Partner (1 hr)	\$40 / \$55



## Aero Fitness plus Core Conditioning with Gloria Farrow, ACE

14 yrs + / 24 classes starting Sep 13 / \$91

This highly effective class includes a 25-minute cardiovascular workout, 30 minutes of muscle conditioning using weights, stretching and Pilates core conditioning work. This class provides men and women of all fitness levels an intense, energetic workout. Bring a mat and hand weights. For more information, contact Nicola Morgal at 410-313-4718.

RP8422.101 Veterans ES 7-8pm M & W

## Aero Fitness plus Toning with Janice Thornton

12 yrs + / 24 classes starting Sep 13 / \$75

Enjoy 30 minutes of high/low aerobics and 30 minutes of toning in this new, fun and energetic class. Bring mat and hand weights. For more information, contact Nicola Morgal at 410-313-4718.

RP8424.101 Bonnie Branch MS 7-8pm M & W

## Aero Fitness with Jeanne Sealing, ACE

12 yrs + / 22 classes starting Sep 13 / \$73

Men and women at all fitness levels can benefit from this low-impact total body workout designed to improve cardiovascular fitness and tone and strengthen all major muscle groups. Bring a mat and hand weights. Instructors are nationally certified. For more information, contact Nicola Morgal at 410-313-4718.

RP8420.101 Burleigh Manor MS 7:30-8:30pm M & W

## AeroStep with Marianne Larkin, AAAI

12 yrs + / 24 classes starting Sep 14 / \$79

Get ready to sweat and burn calories while enjoying a fun and exhilarating aerobic workout on the step. Each 45-minute cardio segment is followed by strength and stretching exercises for a total body workout. The class is designed for men and women at all fitness levels. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. For more information, contact Nicola Morgal at 410-313-4718.

RP8421.101 Mount View MS 7-8pm Tu & Th

## Barre Core Fitness with Emily Socolinsky, AFAA

16 yrs + / 12 classes, start dates below / \$108

Enjoy a full body workout without impact on the knees or joints. Gain tone and strength using your own body weight as you work through a series of ballet/fitness-based exercises at the barre. Begin with a brief aerobic based warm up/stretch, and then move to the barre to complete a variety of exercises targeting the legs and the core. Move back to the center to complete a series of exercises for the upper and lower body and then go back to the barre for some more leg work followed by an upper body sequence. Finish with a cool down and stretch. No experience required. Wear comfortable clothes and sneakers or other soft shoes for support. Bring 4lb-5lb hand weights. Mats are provided, but you are encouraged to bring your own. For more information, contact Nicola Morgal at 410-313-4718.

### Kinetics Dance Theatre

RP8282.101	Sep 13	9:45-10:45am	M
RP8282.102	Sep 13	6:15-7:15pm	M
RP8282.103	Sep 15	9:45-10:45am	W

## Basic Fitness Program with Vickie Jacobs, AFAA, AAAI

18 yrs + / 12 classes, \$48; 24 classes, \$96 / Start dates below

This low-impact class includes beginning cardio, strength, balance and flexibility using Keiser weight training equipment. Perfect for seniors and beginning exercisers. Call 410-313-4718 or 410-313-2764 for a medical clearance form that must be completed prior to exercising. For more information, contact Nicola Morgal at 410-313-4718.

### 24 classes

RP8669.101	Roger Carter Rec Ctr	Sep 14	8-9am	Tu & Th
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### 12 classes

RP8669.111	Roger Carter Rec Ctr	Sep 17	8-9am	F
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## Body Conditioning with Cyndi Kummerlowe, AFAA

12 yrs + / 24 classes starting Sep 14 / \$68

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and two- to five-pound hand weights. For more information, contact Nicola Morgal at 410-313-4718.

RP8220.101 Rockburn ES 7:05-8pm Tu & Th

## Boot Camp Blast with Charm City Fitness

16 yrs + / 12 classes starting Sep 14 / \$199

Charm City's Fitness Boot Camp is an indoor and outdoor program that constantly varies in its programming and is always a dynamic workout. Each class will consist of various combinations of strength training exercises, cardio conditioning exercises and stretching. Our fun, yet rewarding, boot camp relies on bodyweight exercises and the elements to provide intensity through calisthenics, core strength training, plyometric and agility drills, sprint drills, stair exercises and hills. All fitness levels welcome! Need something to amuse your little one while you exercise? Check out our preschool offerings at the same time and place! For more information, contact Nicola Morgal at 410-313-4718. \*Please meet inside the Meadowbrook Athletic Complex for the first class.

RP8600.101 Meadowbrook Pk 9:30am-10:30am Tu & Th

## Build Your Engine Strength Training with Christy Edwards, ACE

14 yrs + / 24 classes starting Sep 13 / \$74

Build your muscles that burn the fuel! When we hit our 30s, our metabolism slows down... BUT you can speed it back up with strength training. With resistance training, you can change your body composition, feel stronger and healthier and look great! Come to this class and challenge and strengthen every muscle group in your body to achieve balance, renewed energy, increased metabolism and an empowering feeling of confidence. Bring a mat and hand weights. For more information, contact Nicola Morgal at 410-313-4718.

RP8506.101 Thunder Hill ES 7-8pm M & W

## Cardio Blast-N-Strength I.T.+

13 yrs + / 3 or 4 wks / Start dates and prices below

The plus in this fun 45 minute choreographed class that alternates between floor aerobics and strength training (Interval Training) is afterwards you get 30 minutes of Pilates mat work to strengthen your abdominals and lower back. This class provides men and women of all fitness levels an intense, energetic workout. December session will be completed in three weeks. For registration or additional information, call 410-313-4840.

### Gary Arthur Comm Ctr @ Glenwood

RP4120.101	4 wks	Sep 2	5:15-6:30pm	Th	\$20
RP4120.102	4 wks	Oct 7	5:15-6:30pm	Th	\$20
RP4120.103	3 wks	Dec 2	5:15-6:30pm	Th	\$15

## **NEW! Cardio-Core Fusion with Fran Iamele, ACE**

**12 yrs + / 20 classes starting Sep 14 / \$129**

Sculpt, strengthen and stretch with this core-based total work-out. This unique high energy program combines thirty (30) minutes of cardio-kickboxing with forty-five (45) minutes of conditioning and Pilates. Have fun while getting fit. Bring a mat, hand weights and a stability ball. Other equipment will be provided. For more information, contact Nicola Morgal at 410-313-4718.

RP8423.101 Thunder Hill ES 7-8:15pm Tu & Th

## **Cardio Crunch Challenge with Lori Nowicki, AAI, AFPA, ZUMBA**

**16 yrs + / 12, 24, or 36 classes / Start dates & prices below**

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, kickboxing, athletic training, Zumba and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance training. Come and experience a high energy class at high or low impact, take the challenge and have fun! Bring mat and hand weights. Steps and resistance bands provided. For more information, contact Nicola Morgal at 410-313-4718.

Cedar Lane Rec Ctr

**12 classes / 1 day per wk / \$58**

RP8481.101 Sep 13 9:30-10:45am M or W or F

**24 classes / 2 days per wk / \$102**

RP8481.102 Sep 13 9:30-10:45am M & W or F

**36 classes / 3 days per wk / \$145**

RP8481.103 Sep 13 9:30-10:45am M & W & F

## **Cardio Fusion with Marianne Larkin, AAI**

**12 yrs + / 12, 24, or 36 classes / Start dates & prices below**

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your level. Pump up your workouts and burn fat with a mix of everything from step, high/low and boot camp to core strength, balance and agility exercises inspired by yoga and Pilates. Bring a mat and hand weights. Steps and bands provided. For more information, contact Nicola Morgal at 410-313-4718.

Gary Arthur Comm Ctr @ Glenwood

**12 classes / 1 day per wk / \$58**

RP8482.101 Sep 13 9:35-10:50am M or W

**24 classes / 2 days per wk / \$102**

RP8482.102 Sep 13 9:35-10:50am M & W

## **Cardio Pump and Tone with Susan Lepera, AFAA**

**12 yrs + / 24 classes starting Sep 14 / \$75**

Improve your fitness level, burn calories and fat and tone your body with an energetic workout that allows you to work at the best intensity for your fitness goals. The workout is appropriate for all fitness levels. It incorporates choreographed aerobics, cardio kick-boxing, interval training, full body toning with hand weights and flexibility. Get exposure to other fitness formats such as Pilates and Yoga. Bring a mat and hand weights. For more information, contact Nicola Morgal at 410-313-4718.

RP8425.101 Ellicott Mills MS 7-8pm Tu & Th

## **Cardio Sculpt**

**12 yrs + / 24 classes, start dates below / \$86**

Warm up, cool down and experience a fun, all-over body workout in this new combination class that includes a cardiovascular dance aerobic workout and toning exercises all choreographed to music. This program is for everyone who wants to get in shape and have fun doing it! Please bring a mat and hand weights. For more information, contact Nicola Morgal at 410-313-4718.

Instructor TBA / 7-8pm

RP8290.101 Gary Arthur Comm Ctr @ Glenwood Sep 14 Tu & Th

Loretta Lambert / 7-8pm

RP8290.102 Northfield ES Sep 14 Tu & Th

RP8290.103 Stevens Forest ES Sep 13 M & W

Tracy Veihmeyer / 7-8pm

RP8290.104 Waverly ES Sep 13 M & W

## **Cardio X-Training with Tammy Merritt, AAI, ISMA**

**12 yrs + / 24 classes, start dates below / \$71**

Have fun burning maximum calories with kick-boxing, interval training, Pilates and easy-to-follow cardio moves combined with weight training. The format of the class changes every 2 weeks to keep your body challenged and your metabolism revved up! Bring hand weights and a mat. Instructor is AAI/ISMA personal trainer certified. For more information, contact Nicola Morgal at 410-313-4718.

RP8450.101 Folly Quarter MS Sep 14 7-8pm Tu & Th

## **Circuit Weight Training with Judi Hutton, AFAA**

**18 yrs + / 12 or 24 classes / Start dates below**

A super-fun workout designed for the active adult training multiple muscle groups using our Keiser equipment. In just 1 hour, you'll get a thorough, total body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience! For more information, contact Nicola Morgal at 410-313-4718.

**24 classes / \$130**

RP8660.101 Roger Carter Rec Ctr 9:15-10:15am M & W

**12 classes / \$50**

RP8660.102 Roger Carter Rec Ctr 9:15-10:15am F

## **Dance Fitness to the Oldies with Emily Socolinsky**

**16 yrs + / 12 classes starting Sep 17 / \$108**

Work out to your favorite music of the 60s, 70s and 80s, when it was recorded on vinyl! Your favorite dance steps are combined with dance aerobics to make you feel great! Wear comfortable clothes and tennis shoes; bring a towel and water bottle. No experience required! For more information, contact Nicola Morgal at 410-313-4718.

RP8400.101 Kinetics Dance Theatre 9:30-10:30am F

## **Dynamic Kick-Boxing with Bev Uithoven, ASCM**

**16 yrs + / 12 classes starting Sep 14 / \$82**

Use martial arts and self-defense movements set to music to build muscle strength and cardio fitness. This workout is for everyone! Get fit and have fun doing it! No specific attire or equipment is required in this non-contact class taught by black belt instructor. For more information, contact Nicola Morgal at 410-313-4718.

RP8530.101 Guilford ES 7-8pm Tu

## Get Active Package

### Seasons and prices below

Looking for a variety in your workout options? Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. For Meadowbrook, 15 and under requires parental supervision; for RCRC swimming pool, 11 and under requires supervision; the RCRC fitness room is available for 18 + only. \*RCRC outdoor pool is open Memorial Day-Labor Day. Registration cannot be completed online. For more information and open times, contact Julija Sajauskas at 410-313-2765.

**Adults: \$79**     **Fall season (September, October & November)**

**Youth: \$19**     **Fall season (September, October & November)**

**Adults: \$79**     **Winter season (December, January & February)**

**Youth: \$19**     **Winter season (December, January & February)**

## Jump Rope Fit for Adults & Teens

**16 yrs + / 6 wks, start dates below / \$86**

Jump into fitness with the Kangaroo Kids. Increase cardio-respiratory endurance, balance, coordination and agility, all with the use of a jump rope. This class is great cross training for basketball, soccer, volleyball and other activities. Jump rope fee: \$6 for first time participants due at first class. Returning jumpers should bring their beaded jump ropes. For more information, contact Tessa Hurd at 410-313-4637.

**RP6368.101**     **Meadowbrook Ath Comp**     **Sep 14**     **5:45-6:45pm**     **Tu**

**RP6368.102**     **Meadowbrook Ath Comp**     **Oct 26**     **5:45-6:45pm**     **Tu**

## La Canne Basics (French Cane Fighting) with Steve Savoie

**14 yrs + / 8 wks starting Sep 15 / \$55**

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Participants will focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. A unique class, once you've tried it, you will love it! No experience required. Sticks provided. Shinguards recommended. For more information, contact Nicola Morgal at 410-313-4718.

**RP8505.101**     **Cedar Lane Rec Ctr**     **7:15-8:30pm**     **W**

## MAC Early Risers Walking Package

**16 yrs + / \$25 annual fee**

For one low annual fee you can use the walking track and non-programmed courts at the new Meadowbrook Athletic Facility from 7-9am, Monday to Friday. Registration cannot be completed online. For more information and open times, contact Julija Sajauskas at 410-313-2765.

## Savate Kick-Boxing Station Workout with Steve Savoie

**14 yrs + / 8 classes starting Sep 18 / \$55**

Start your day with a high-energy, high-impact fun workout in the martial art and sport of Boxe Francaise Savate (French Kickboxing)! Participants will practice various offensive and defensive drills utilizing footwork, movement and a variety of kicking and/or punch combinations. Class will be conducted in a station workout theme. Various stations include heavy bag, double end bag, speed bag, focus pads, light sparring drills and plyometrics. Classes are available to participants of all levels from beginner to existing Savate practitioners. For more information, contact Nicola Morgal at 410-313-4718.

**RP8504.101**     **Cedar Lane Rec Ctr**     **9-10:15am**     **Sa**



## Get Active Package

Looking for a variety in your workout options? Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. For more information, call Julija Sajauskas at 410-313-2765.

### September, October & November

**Adults: \$79 Fall season**

**Youth: \$19 Fall season**

### December, January & February

**Adults: \$79 Winter season**

**Youth: \$19 Winter season**

For Meadowbrook, 15 and under requires parental supervision; for RCRC swimming pool, 11 and under requires supervision; the RCRC fitness room is available for 18 + only.



**Howard County**  
**RECREATION & PARKS**

## Savate Kick-Boxing Level II with Steve Savoie

14 yrs + / 8 classes starting Sep 16 / \$66

In Level II, learn from the best. The instructor is an internationally certified trainer in Boxe Francaise Savate and will take your skills to a higher level. Explore more difficult moves and work toward your first glove. Prerequisite: Savate Kickboxing Station Workout. Sparring gloves provided. For more information, contact Nicola Morgal at 410-313-4718.

RP8501.101 Cedar Lane Rec Ctr 7:30-9pm Th

## **NEW!** Sculpt and Tone with Breanna Shumpert

12 yrs + / 12 or 24 classes starting Sep 13 / Prices below

Strengthen and define every major muscle group in this motivating class. Guaranteed to get your heart pumping, without fancy choreography to learn. Ideal for all. Classes will include balance, flexibility and finish with a whole body stretch. Class will change each week for a unique body challenge. Please bring a mat, two- to five-pound weights and a smile. For more information, contact Nicola Morgal at 410-313-4718.

12 classes / 1 day per wk / \$99

RP8435.101 Mount View MS 10:30-11:30am M or F

24 classes / 2 days per wk / \$180

RP8435.102 Mount View MS 10:30-11:30am M & F

## Step & Sculpt! with Marianne Larkin, AAI

12 yrs + / 12 classes starting Sep 18 / \$56

Enjoy an invigorating Saturday morning wake-up call with this fun medium to high-intensity 75-minute class that has it all. Pump up your cardiovascular fitness and challenge your brain with 45 to 50 minutes of turbo-charged combinations in the latest in-step choreography. Knowledge of aerobic step terms is recommended. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Continue this total body workout with about 20 minutes of strength, core and ab exercises using hand weights, medicine balls, stability balls and resistance bands (provided) and finish with an energized stretch. For more information, contact Nicola Morgal at 410-313-4718.

RP8300.101 Gary Arthur Comm Ctr @ Glenwood 8:30-9:45am Sa

## **NEW!** Strength Training with Dan Gilbert

13 yrs + / 3 or 4 wks / Start dates and prices below

This small group fitness program will familiarize and educate you on safe and effective weight training techniques. Program focus will include warm up and cool down exercise, core stabilization, introduction to machine resistance training and free weights, and progression education. Class will be limited to 10 participants to ensure individual attention. 13-15 year olds must have completed Teen Weight Training class prior to enrolling in this program.

A medical clearance form is required. Nov and Dec sessions will be completed in three weeks. For registration or additional information call 410-313-4840.

Gary Arthur Comm Ctr @ Glenwood

4 wks / \$54

RP4124.101 Sep 8 7-8pm W

RP4124.102 Oct 6 7-8pm W

3 wks / \$42

RP4124.103 Nov 3 7-8pm W

RP4124.104 Dec 1 7-8pm W

## Trim & Tighten

12 yrs + / 24 classes, start dates below / \$69

Toning and strengthening exercises for all muscle groups are set to music. Bring a mat; two- to five-pound hand weights are optional. Instructors are nationally certified. Please consult a physician before beginning an exercise program. For more information, contact Nicola Morgal at 410-313-4718.

Jeanne Sealing ACE Certified

RP8210.101 Burleigh Manor MS Sep 13 6:30-7:25pm M & W

Marianne Larkin AAI Certified

RP8210.102 Mount View MS Sep 14 6-6:55pm Tu & Th

## **NEW!** Zumba Gold! with Judi Hutton AFFA

18 yrs + / 12 or 24 classes, start dates & prices below

Zumba Gold is a dance-inspired group fitness calorie burner with international rhythms designed for beginners of all ages, or active older adults. No experience necessary. Experienced "Zumba-holics" will love the ability to join the fitness party too! For more information, contact Nicola Morgal at 410-313-4718.

24 classes / \$130

RP8664.101 Roger Carter Rec Ctr Sep 13 10:30-11:30am M & W

12 classes / \$50

RP8664.102 Roger Carter Rec Ctr Sep 17 10:30-11:30am F

## Zumba!

12 yrs + / 12 or 24 classes starting Sep 13 / prices below

Let's face it, working out can be healthy, rewarding and beneficial but it may not always be fun . . . until now! Zumba fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic workout system that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. All levels are welcome. For more information, contact Nicola Morgal at 410-313-4718.

12 classes / 1 day per wk / \$99 / Breanna Shumpert NETA, AFAA, Zumba

RP8430.101 Mount View MS 9:30-10:30am M or F

24 classes / 2 days per wk / \$180 / Breanna Shumpert NETA, AFAA, Zumba

RP8430.102 Mount View MS 9:30-10:30am M & F

24 classes / 2 days per wk / \$180 / Heather Snyder AFAA, Zumba

RP8430.111 Mount View MS 6:30-7:30pm M & W

## Zumba! with Liz Rolland

12 yrs + / 12 classes, start dates below / \$120

Ditch the workout and join the party! Zumba is the hottest new fitness craze for one reason: it is FUN and EASY! You will have an absolute blast in one exhilarating hour of calorie burning, heart racing, muscle pumping, body energizing movements meant to engage and captivate for life! The routine features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add a little Latin flavor and international zest into the mix and you've got Zumba! Bring a towel and water bottle. For more information, contact Nicola Morgal at 410-313-4718.

Gary Arthur Comm Ctr @ Glenwood

RP8350.101 Sep 13 5:45-6:45pm M

RP8350.102 Sep 15 7-8pm W

## **NEW!** Zumba with Ronald Burton

16 yrs + / 8 classes starting Sep 14 / \$99

The Latin Cardio-Dance Fitness craze that dances to the pulsating rhythms of Reggaeton, Samba, Salsa, Afrobeat and more! Join us as we tone and burn calories at this weekly dance party! For more information, contact Nicola Morgal at 410-313-4718.

RP8360.101 Misako Ballet Studio 6:30-7:30pm Tu



## **NEW! Zumba Core Express with Liz Rolland**

**16 yrs + / 12 classes starting Sep 15 / \$96**

If you are short on time and want to have a blast, then this brand-new class is just right for you! Ditch those boring crunches and join the ZUMBA party! We will tone and tighten your abdominals, waist, hips, thighs, and upper body while enjoying the latest world music, Latin grooves, and International pop. This super-effective 40-minute class will combine Pilates matwork and yoga stretches with ZUMBA style so you will never get bored! Bring a thick yoga or Pilates mat, a set of 2- to 5-pound hand weights, a water bottle, and a smile! For more information, contact Nicola Morgal at 410-313-4718.

RP8352.101 Mount View MS 9-9:40am W

## **Zumba Plus: Fire and Spice! with Liz Rolland**

**12 yrs + / 12 classes, start dates below / \$120**

Ditch the workout and join the party! This class does it all! We will combine a Pilates warm-up with the hottest new Zumba Latin-style dance moves to incinerate mega-calories while trimming and tightening the core. We will then cool down with gentle yoga stretches to elongate the muscles and feel fabulous. Stability balls, light weights and stretchy bands will be added to keep the workout fresh and exciting. Bring a water bottle – this workout is HOT STUFF! For more information, contact Nicola Morgal at 410-313-4718.

RP8351.101 Gary Arthur Comm Ctr Sep 17 9:35-10:35am F  
@ Glenwood

RP8351.102 Mount View MS Sep 15 9:45-10:45am W

## **Wellness**

## **Brain Fitness with Robin Zahor**

**16 yrs + / 2 classes, start dates below / \$42**

Learn the newest research on the brain and everyday life style strategies that you can incorporate into your life to preserve and improve your brain. Retrain your mind by developing brain neurobic exercises. Develop strategies to keep your mind fit and active. Different brain enhancing topics will be taught. Have fun while keeping your mind and body fit! This class is amazing! Pre-requisite for Level II: Brain Fitness Level I. For more information, contact Nicola Morgal at 410-313-4718.

Ellicott Mills MS

RP8507.101 Level I Sep 15 7-8pm W

RP8507.102 Level II Oct 13 7-8pm W

## **Hatha Yoga for Flexibility & Relaxation with Kris Copeman**

**16 yrs + / 12 classes, start dates below / \$106**

Create a calm, peaceful awareness of both body and mind through the ancient art of Yoga. Classical Yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/ blocks provided. For more information, contact Nicola Morgal at 410-313-4718.

Kinetics Dance Theatre

RP8240.101 Sep 16 9:45-10:45am Th

RP8240.102 Sep 16 8:30-9:30pm Th

## **Introduction to Pilates**

**16 yrs + / 8 classes, start dates below / \$99**

Develop your mind and body uniformity while having fun. Improve posture, balance, flexibility and strength. Watch your body become toned and sleek while reducing stress, fatigue and discomfort in this mat-work exercise class. Please bring a mat and wear comfortable shoes. For more information, contact Nicola Morgal at 410-313-4718.

Christine Williams

RP8155.101 Misako Ballet Studio Sep 13 8pm-9pm M

Jodi Guzewich

RP8155.111 Misako Ballet Studio Sep 16 8am-9am Th

RP8155.102 Misako Ballet Studio Sep 18 8:30-9:30am Sa

## **Revive, Relax and Renew with Yoga with Mary Garrett, NETA**

**16 yrs + / 10 classes, start dates below / \$86**

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active physical workout as well as a relaxing, meditative work-in. Whether you are a beginner or have some yoga experience, this class is for you. Explore and expand your own strength, flexibility, balance and focus. You will leave each class feeling better than when you walked in. For more information, contact Nicola Morgal at 410-313-4718.

Gary Arthur Comm Ctr @ Glenwood

RP8252.101 Oct 11 7-8pm M

RP8252.102 Oct 6 5:45-6:45pm W

## **Scoop Pilates I with Lori Nowicki, AAI, AFPA**

**16 yrs + / 24 classes, starting Sep 14 / \$153**

Pilates is the ultimate mind-body exercise for anyone who wants to tone, streamline, and realign his or her body. This mat program aims to help you achieve a firm abdomen, well-defined buttocks and toned, trim arms without the lunges, squats, crunches and weights! If you want to improve your flexibility and posture, come with a mat and be ready to work both your mind and body. For more information, contact Nicola Morgal at 410-313-4718.

Gary Arthur Comm Ctr @ Glenwood

RP8152.101 10:30-11:15am Tu & Th

## **Scoop Pilates II with Lori Nowicki, AAI, AFPA**

**16 yrs + / 24 classes, starting Sep 14 / \$199**

Using the fundamentals learned in Scoop Pilates I, move on to more fast-paced intermediate and advanced movements. Exercises incorporate multiple repetitions, mixed tempos and varied sets for added interest and intensity. Come with a mat and instructor-approved large vinyl ball and get ready to work both your mind and body. For more information, contact Nicola Morgal at 410-313-4718.

RP8154.101 Cedar Lane Rec Ctr 9-10am Tu & Th

## **Tai Chi**

**18 yrs + / 6 wks, start dates below / \$46**

Tai Chi offers a wide variety of health benefits, including joints stability, balance and coordination. It also improves mental focus, increases energy and releases stress. For more information, contact Pam Honaker at 410-313-1694.

Dunloggin MS

RP8850.101 (Beg.) Sep 15 7-8pm W

RP8850.102 (Adv.) Sep 15 8:05-9:05pm W

RP8850.110 (Beg.) Nov 3 7-8pm W

RP8850.111 (Adv.) Nov 3 8:05-9:05pm W

Murray Hill MS

RP8850.103 (Beg.) Sep 16 7-8pm Th

RP8850.104 (Adv.) Sep 16 8:05-9:05pm Th

RP8850.112 (Beg.) Nov 4 7-8pm Th

RP8850.113 (Adv.) Nov 4 8:05-9:05pm Th



Yoga

## Therapeutic Massage

18 yrs + / 30 min, \$35; 1 hr, \$60; 1½ hr, \$85 / Reflexology, \$45

Skilled gentle massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Certified Massage Therapist, on Tuesdays 1-9pm. Call 410-313-4840 to make your appointment today!

Gary Arthur Comm Ctr @ Glenwood

## **NEW!** Yoga for a Better Back with Liz Rolland

16 yrs + / 12 classes, start dates below / \$144

Over 90% of Americans will experience back pain at some point in their lives! This class is the perfect antidote! Learn gentle yoga stretches, easy breathing exercises, simple posture adjustments, stress reduction techniques and blissful relaxation in order to avoid back pain and promote healthy alignment of the spine. Perfect for beginners or seasoned yogis looking to focus on the spine. This class is NOT for anyone currently experiencing back pain or who has had surgery within the past 12 months. Please bring a thick yoga mat AND a large beach towel. For more information, contact Nicola Morgal at 410-313-4718.

RP8284.101	Mount View MS	Sep 15	10:50-11:50am	W
RP8284.102	Gary Arthur Comm Ctr @ Glenwood	Sep 17	10:50-11:50am	F

## **NEW!** Yoga Strength with Heather Snyder, AFAA, YogaFit

12 yrs + / 12 classes, start dates below / \$89

Come spend time energizing your body and mind with Yoga Strength! This class will be taught in the YogaFit style which blends balance, strength, flexibility and power in a fitness format. All levels are welcome as we learn a wide variety of yoga poses that anyone of any age or fitness level can do. As we focus on breathing, posture and alignment, students will discover their body's true capabilities. In addition, the YogaFit style reduces the risk of injury and augments recovery for ailments including stress, lower back pain and tension. Join this class to build strength and grace! Please dress comfortably for movement. Bring a yoga mat. For more information, contact Nicola Morgal at 410-313-4718.

RP8260.101	Mount View MS	Sep 13	7:30-8:30pm	M & W
RP8260.102	Mount View MS	Nov 1	7:30-8:30pm	M & W

## Yogalates with EC Goode

16 yrs + / 12 classes starting Sep 14 / \$106

This class will merge two disciplines: yoga and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, help tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one. For more information, contact Nicola Morgal at 410-313-4718.

RP8244.101	Kinetics Dance Theatre	8:30-9:30pm	Tu
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# Martial Arts

Participant Information Form for participants under 18 years of age: Download at <http://www.howardcountymd.gov/Rap>. Bring completed form to first class.

- Wear comfortable clothing or Gi
- No onsite registration

## Aikido with Ki by Russ Dauber

18 yrs + / 6 wks, start dates below / \$34

Martial Art and Ki practice as taught by Japan's Ki Society International promotes dynamic movement with unified mind and body. Techniques flow with and lead attackers' directions and motions. The Ki part is low impact. The Aikido part involves practice with partners and rolling on mats, while maintaining calmness and relaxation. Men and women welcome. Emphasis is on safety, knowledge, and enjoyment. For more information, contact Pam Honaker at 410-313-1694.

RP8880.101	Waverly ES	Sep 21	7-9pm	Tu & Th
RP8880.111	Waverly ES	Nov 4	7-9pm	Tu & Th

## Kokikai Aikido

16 yrs + / 10 wks starting Sep 21 / \$75

Kokikai is a modern Japanese martial art that teaches effective self-defense techniques that also help us to realize our full potential in the activities of daily life. Come improve your physical fitness, relieve stress, and develop confidence by studying with a friendly and supportive group. For more information, contact Pam Honaker at 410-313-1694.

RP8883.101	Smart Coach Studio in Columbia West	7:15-8:15pm	Tu
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## Ryukyu Kempo

13 yrs + / 14 wks starting Sep 13 / \$100

Come experience the lost art of classical Okinawan Ryukyu Kempo! Have fun getting in shape while improving self confidence and focus. Learn realistic, practical and effective training methods to sharpen both the mind and body. Experience the thrill of self discovery in a safe and nurturing learning environment. Classes taught by Certified DKJ/KJK master Instructor Patrick Bast. For more information, contact Pam Honaker at 410-313-1694.

RP8741.101	Roger Carter Rec Ctr	7:30-9pm	M
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## Shotokan Karate

13 yrs + / 13 wks, start dates below / \$83

Learn a repertoire of techniques and the optimal safe positions for self defense based upon the movement of your opponent(s) all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and takedowns. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self defense in Howard County for 30 years. For more information, contact Pam Honaker at 410-313-1694.

### Roger Carter Rec Ctr

RP8791.101 (Beg.)	Sep 16	7-8pm	Th
RP8791.102 (Int.)	Sep 16	8:05-9:05pm	Th
RP8791.103 (Beg.)	Sep 18	10-11am	Sa
RP8791.104 (Int.)	Sep 18	11:05am-12:05pm	Sa



## TKA Self-defense

14 yrs + / 4 wks, start dates below / \$49

Heading off to college soon? Learn basic self-defense to boost your confidence, self-awareness and how to protect yourself in any situation. Self-defense actually means doing everything possible to avoid fighting someone who threatens or attacks you. Self-defense is all about using your smarts, not your fists. For more information, contact Pam Honaker at 410-313-1694.

RP8840.101	Long Reach HS	Sep 28	7-9:30pm	Tu
RP8840.102	River Hill HS	Nov 9	7-9:30pm	Tu

## TKA Karate

13 yrs + / Start dates & prices below

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week will be spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. For more information, contact Pam Honaker at 410-313-1694.

13 wks / 8-9:30pm / \$88

RP8731.101	Gary Arthur Comm Ctr @ Glenwood	Sep 20	M
RP8731.102	Oakland Mills MS	Sep 20	M
RP8731.103	Worthington ES	Sep 21	Tu

12 wks / 8-9:30pm / \$82

RP8731.111	Cradlerock School	Sep 21	Tu
RP8731.112	Forest Ridge ES	Sep 23	Th
RP8731.113	Fulton ES	Sep 22	W
RP8731.114	Longfellow ES	Sep 21	Tu
RP8731.115	Manor Woods ES	Sep 23	Th
RP8731.116	Northfield ES	Sep 22	W
RP8731.117	Pointers Run ES	Sep 23	Th
RP8731.118	Rockburn ES	Sep 22	W

## Social

### Out & About

Ages below / 6 wks starting Oct 8 / \$150

Young adults with mild developmental disabilities can enjoy community outings and social activities. Adults must have moderate to high functioning level of independence but require minimal assistance with personal skills to be functionally independent. Staff to participant ratio is 1:5. **Goal:** Increase self awareness through environmental orientation, improve social etiquette and increase ability to listen to others. Fee is inclusive of activities other than dining. For more information, contact Susan Potts at 410-313-4628 or SPotts@howardcountymd.gov.

RP4308.101	22-30 yrs	Various locations	7-9:30pm	F
RP4308.102	31-49 yrs	Various locations	7-9:30pm	F

### Friday Night Socials

21 yrs + / 6 wks starting Oct 8 / \$71

Adults with developmental disabilities will enjoy this casual group with easy going activities, dancing and socializing. Staff will provide activity facilitation, caregivers must accompany at the discretion of staff. **Goal:** Increase self awareness through leisure experiences, improve social etiquette and increase ability to listen to others. For more information contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

RP4306.101	Bain Center	7:30-9pm	F
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## Sports Instruction

### Bowling

#### Young Adults Strikes & Spares Bowling League

19-30 yrs / 6 wks starting Oct 9 / \$75

Adults with developmental disabilities will improve bowling skills and learn proper bowling etiquette. You will bowl one-two games per week in this program. Fee includes shoe rental and bowling fee. Register early, space is limited!

**Goal:** Increase range of motion, improve athletic skills, and improve ability to stay on task. For more information, contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

RP4313.101	Columbia Brunswick Ctr	12:30-2pm	Sa
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#### Adults Pinbusters Bowling League

Ages below / 6 wks starting Oct 9 / \$75

Adults with developmental disabilities will enjoy socializing with your peers. You will bowl one-two games per week in this program. Fee includes shoe rental, and bowling fee. Register early, space is limited! **Goal:** Increase self awareness through environmental orientation, increase ability to listen and interact with others. For more information, contact Susan Potts at 410-313-4628 or spotts@howardcountymd.gov.

Normandy Brunswick Ctr

RP4312.101	31-50 yrs	11:30am-12:45pm	Sa
RP4312.102	51 yrs +	1-2:15pm	Sa

## Golf

### Fairway Hills Golf Lessons

18 yrs + / 4 wks, start dates below / \$82 + \$15 ball fee

These small-group beginner lessons include putting, chipping and full swing with both irons and woods. Ball fee due at first lesson; no clubs required. For more information, contact Tessa Hurd at 410-313-4637.

RP6321.101	Sep 13	4-5pm	M
RP6321.102	Sep 14	11am-noon	Tu
RP6321.103	Sep 15	4-5pm	W
RP6321.104	Sep 16	11am-noon	Th
RP6321.105	Sep 19	10-11am	Su

### Rocky Gorge Golf Lessons with Gus Novotny

18 yrs + / 5 wks, start dates below / \$82 + \$6 per week ball fee

Beginners and advanced beginners can emphasize fundamentals of a soundswing and learn personal skill analysis and self-improvement of distance and approach in small-group lessons. Ball fee due weekly; no clubs required. For more information, contact Tessa Hurd at 410-313-4637.

RP6323.101	Sep 14	6-6:45pm	Tu
RP6323.102	Sep 14	7-7:45pm	Tu
RP6323.103	Sep 15	6-6:45pm	W
RP6323.104	Sep 15	7-7:45pm	W
RP6323.105	Sep 18	11-11:45am	Sa

## Timbers at Troy Golf Lessons

18 yrs + / 5 wks, start dates below / \$82 + \$15 ball fee

These small-group lessons for beginners and advanced beginners include iron play, driving, putting and more. Ball fee due at first lesson. For more information, contact Tessa Hurd at 410-313-4637.

### Beginners

RP6324.101	Sep 13	5:30-6:15pm	M
RP6324.102	Sep 15	5:30-6:15pm	W
RP6324.103	Sep 17	5:30-6:15pm	F
RP6324.104	Sep 18	10-10:45am	Sa

### Advanced Beginners

RP6324.111	Sep 13	6:30-7:15pm	M
RP6324.112	Sep 15	6:30-7:15pm	W
RP6324.113	Sep 17	6:30-7:15pm	F
RP6324.114	Sep 18	11-11:45am	Sa

## Waverly Woods Golf Lessons

18 yrs + / 5 wks, start dates below / \$82 + \$18 ball fee

In small-group lessons for beginners and advanced beginners, learn iron play, driving, putting and more. Ball fee due at first lesson. Golf clubs are available if needed. For more information, contact Tessa Hurd at 410-313-4637.

### Beginners

RP6325.101	Sep 15	5-5:45pm	W
RP6325.102	Sep 17	5-5:45pm	F

### Advanced Beginners

RP6325.111	Sep 15	6-6:45pm	W
RP6325.112	Sep 17	6-6:45pm	F

## Tennis

## Mom's Tennis Swings with Shantha Chandra

18 yrs + / 2 wks, start dates below / \$71

Learn the basics or fine-tune your game. Lessons include drills and match play. No babysitting available. Rain makeup on Fridays. For more information, contact Tessa Hurd at 410-313-4637.

### Cedar Lane Pk East -Tennis Courts

#### Beginners / Advanced Beginners

RP6848.101	Sep 8	11am-12:30pm	M & W
RP6848.111	Sep 22	11am-12:30pm	M & W
RP6848.121	Oct 6	11am-12:30pm	M & W
RP6848.102	Sep 7	11:30am-1pm	Tu & Th
RP6848.112	Sep 23	11:30am-1pm	Tu & Th
RP6848.122	Oct 7	11:30am-1pm	Tu & Th

#### Intermediate

RP6848.103	Sep 7	10-11:30am	Tu & Th
RP6848.113	Sep 23	10-11:30am	Tu & Th
RP6848.123	Oct 7	10-11:30am	Tu & Th

*"I enrolled for this tennis class for more than eight years. I really like the instructor, Ms. Shantha Chandra. She is an excellent instructor. My kids have tennis classes with her as well. Excellent program."*

*~ Happy Participant  
Tennis Classes*

## Sunday Swings

18 yrs + / 4 classes, start dates below / \$71

Beginners, advanced beginners and intermediate players can enjoy learning and improving tennis skills through drills, small-group games and match play. Rain makeup on Sat. For more information, contact Tessa Hurd at 410-313-4637.

### Cedar Lane Pk East - Tennis Courts

#### Beginners

RP6844.101	Sep 12	12-1:30pm	Su
RP6844.111	Oct 10	12-1:30pm	Su

#### Advanced Beginners

RP6844.102	Sep 12	10:30am-noon	Su
RP6844.112	Oct 10	10:30am-noon	Su

#### Intermediate

RP6844.103	Sep 12	9-10:30am	Su
RP6844.113	Oct 10	9-10:30am	Su

## Tennis Lessons

18 yrs + / 4 classes, start dates below / \$72

Learn the basics, improve your skills or develop your shot selection.

Beginners: Learn the basic strokes and techniques of tennis, including the grip, how to hit forehand and backhand, how to serve and volley, plus movement and timing. Beginner Plus: Learn the techniques that will allow you to modify or change your stroke. The class reinforces all the basic strokes described in the beginner level class. Advanced Beginner: Enhance your knowledge of consistency, ball placement, control and sense. Work on hand-eye coordination and play modified games to enhance skills. For more information, contact Tessa Hurd at 410-313-4637.

### Centennial Pk West – Tennis Courts

#### Beginners

RP6843.101	Sep 18	8-9am	Sa
RP6843.102	Sep 13	6-7pm	M
RP6843.103	Oct 16	8-9am	Sa
RP6843.104	Oct 11	6-7pm	M

#### Beginners Plus

RP6843.111	Sep 18	9-10am	Sa
RP6843.112	Sep 13	7-8pm	M
RP6843.113	Oct 16	9-10am	Sa
RP6843.114	Oct 11	7-8pm	M

#### Advanced Beginners

RP6843.121	Sep 18	10-11am	Sa
RP6843.122	Sep 13	8-9pm	M
RP6843.123	Oct 16	10-11am	Sa
RP6843.124	Oct 11	8-9pm	M

## American Sport Education Program (ASEP)

## Coaching Youth Sports

18 yrs + / 3 hrs, dates below / \$27

Don't miss this opportunity to become a more effective coach. This clinic includes discussion of and exercises on coaching outlook, sending positive consistent messages, teaching sport skills, planning practices, managing risk and creating a safe environment. Complete the one night course and pass a written exam to receive an ASEP coaching certificate. Youth sports associations nationwide endorse ASEP. Fee includes one sport-specific book on baseball, basketball, football, gymnastics, hockey, lacrosse, soccer, softball, swimming, tennis, volleyball or wrestling; indicate choice when registering. For more information, contact Will Dunmore at 410-313-1697.

### Recreation & Parks Headquarters

RP6990.101	Aug 10	7-10pm	Tu
RP6990.102	Aug 31	7-10pm	Tu
RP6990.103	Sep 16	7-10pm	Th
RP6990.104	Oct 20	7-10pm	W
RP6990.105	Nov 16	7-10pm	Tu
RP6990.106	Dec 9	7-10pm	Th



## Sports Leagues/Tournaments

**Refund Policy:** A 20% administrative fee is deducted for all refund requests made 4 weeks prior to league starting. Fifty percent refund if withdrawal is requested 2 weeks prior to league starting. No refunds will be given within 2 weeks prior to league starting. Registration will be accepted on a first-come-first-served basis up to the registration deadline listed in each league description below. Additional teams may be accepted at the league commissioner's discretion.

## Basketball

### Men's Fall Basketball League

**18 yrs + / 8 wks, start dates below / \$580**

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the Meadowbrook Athletic Complex. Visit [hcrpsports.com/basketball.htm](http://hcrpsports.com/basketball.htm) for more information. Register by August 20. Register by August 6 to receive a 5% discount. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

#### 18 yrs +

RP5080.101	9am -1pm	Sep 12	Su
RP5080.102	8:15-10:30pm	Sep 7	Tu
RP5080.104	8:15-10:30pm	Sep 8	W
RP5080.105	8:15-10:30pm	Sep 9	Th

#### 30 yrs +

RP5080.103	8:15-10:30pm	Sep 7	Tu
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### Women's Fall Basketball League

**18 yrs + / 8 wks starting Sep 9 / \$580**

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the Meadowbrook Athletic Complex. Visit [hcrpsports.com/basketball.htm](http://hcrpsports.com/basketball.htm) for more information. Register by August 20. Register by August 6 to receive a 5% discount. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

RP5080.106	8:15-10:30pm	Th
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### Co-Rec Fall Basketball League

**18 yrs + / 8 wks starting Sep 8 / \$580**

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the Meadowbrook Athletic Complex. Visit [hcrpsports.com/basketball.htm](http://hcrpsports.com/basketball.htm) for more information. Register by August 20. Register by August 6 to receive a 5% discount. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

RP5080.107	8:15-10:30pm	W
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### Men's Winter Basketball League

**18 yrs + / 8 wks, start dates below / \$580**

Leagues are now forming! Pull down some boards, tickle the twines or dish off some assists. All teams participate in post-season playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the Meadowbrook Athletic Complex. Visit [hcrpsports.com/basketball.htm](http://hcrpsports.com/basketball.htm) for more information. Register by December 10. Register by December 3 to receive a 5% discount. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

#### 18 yrs +

RP5080.201	Jan 9	9am-1pm	Su
RP5080.202	Jan 11	8:15-10:30pm	Tu
RP5080.204	Jan 12	8:15-10:30pm	W
RP5080.205	Jan 13	8:15-10:30pm	Th

#### 30 yrs +

RP5080.203	Jan 11	8:15-10:30pm	Tu
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### Women's Winter Basketball League

**18 yrs + / 8 wks starting Jan 13 / \$580**

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the Meadowbrook Athletic Complex. Visit [hcrpsports.com/basketball.htm](http://hcrpsports.com/basketball.htm) for more information. Register by December 10. Register by December 3 to receive a 5% discount. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

RP5080.206	8:15-10:30pm	Th
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### Co-Rec Winter Basketball League

**18 yrs + / 8 wks starting Jan 12 / \$580**

Pull down some boards, tickle the twines or dish off some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games will be played at county schools and the Meadowbrook Athletic Complex. Visit [hcrpsports.com/basketball.htm](http://hcrpsports.com/basketball.htm) for more information. Register by December 10. Register by December 3 to receive a 5% discount. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

RP5083.207	8:15-10:30pm	W
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### Drop-in Co-Rec Basketball

**10 wks / Ages & start dates below / \$44**

Join other athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff will help form balanced teams. All you need to do is bring your driver's license for admission. With so many choices, the fun has just begun. Choose the "Get Active Card" (see page 67) to save money and play in as many basketball or volleyball sessions as you choose! Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. For more information, contact Susan Markovitz at 410-313-4674.

#### 18 yrs +

RP6900.101	Rockburn ES	Sep 13	8-10pm	M
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#### 30 yrs +

RP6900.111	Bonnie Branch MS	Sep 13	8-10:15pm	M
RP6900.112	Bonnie Branch MS	Sep 16	8-10:15pm	Th
RP6900.113	Reservoir HS	Sep 14	8-10:15pm	Tu
RP6900.114	Reservoir HS	Sep 16	8-10:15pm	Th
RP6900.115	Lisbon ES	Sep 14	8-10:15pm	Tu
RP6900.116	Reservoir HS	Sep 12	9-11:15 am	Su

## Badminton

### HC Adult Badminton

18 yrs + / 8 wks starting Sep 13 / \$40

Join other Badminton players of all ability levels in single and doubles matches. The program will meet at the Meadowbrook Athletic Complex and play on six badminton courts. Leaders will be onsite to help assign players to matches. Players must bring their own racquets, shuttlecocks will be provided. For more information, contact Will Dunmore at 410-313-1697

RP6830.111 Meadowbrook Ath Comp 8pm-10pm M

## Dodgeball

### Union Jack's Winter Dodgeball League

18 yrs + / 8 wks starting Jan 6 / \$280

Join the dodgeball craze! Anyone can play, no particular skill set required, enthusiasm and teamwork are key. Rosters consist of 12 players per team max. Games are played 6 vs. 6 with two females on the court at all times. Teams compete in regular season games with a postseason tournament at the conclusion of the season. For official rules visit [www.hcrpsports.com](http://www.hcrpsports.com). Team registration deadline is December 10. Registration is first come, first served until max registration is met. Fee includes balls, awards, playoff officials and league administration. Each team is responsible for paying one of the two game officials \$20 on-site each week. For more information, contact Derek Ludlow at 410-313-4716.

RP5835.201 County Schools 8-10pm Th

## Football

### Winter Co-Rec Football League

18 yrs + / 6 wks + playoffs starting Jan 8 / \$215 per team

Enjoy playing this fast-action, non-contact, no blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes six games plus playoffs. All teams qualify for playoffs. Fee includes six-game schedule, playoffs, awards, field rental and administration. Teams are responsible for \$30 referee fee paid on-site to referee crew at each game (regular season only). New this season: no forfeit bond will be collected. If a team forfeits they must pay the referees for the forfeited game (\$60) prior to their next scheduled game. Failure to do so will result in that team being removed from the league without refund. For a complete copy of rules visit: [hcrpsports.com](http://hcrpsports.com). Team manager will be updated with a league packet one week prior to start of games. Register by 12/1/10. For more information, contact Nicola Morgal at 410-313-4718 or [nmorgal@howardcountymd.gov](mailto:nmorgal@howardcountymd.gov).

#### Rockburn Branch Pk - West (Turf Fields)

RP5301.201 A Division 9am-2pm Sa

RP5301.202 B Division 9am-2pm Sa

### Winter Men's Run & Shoot Football League

18 yrs + / 6 wks + playoffs starting Jan 9 / \$215 per team

Enthusiasts can enjoy playing this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes six-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$45 referee fee paid on-site to referee crew at each game (regular season only). New this season: no forfeit bond will be collected. If a team forfeits, they must pay the referees for the forfeited game (\$90) prior to their next scheduled game. Failure to do so will result in that team being removed from the league without refund. All teams qualify for playoffs. Team manager will be updated with a league packet one week prior to start of games. Register by 12/1/10. For a complete copy of rules, visit [hcrpsports.com](http://hcrpsports.com). For more information, contact Nicola Morgal at 410-313-4718 or [nmorgal@howardcountymd.gov](mailto:nmorgal@howardcountymd.gov).

RP5300.201 County Parks (Turf fields) A Division 8am-2pm Su

RP5300.202 County Parks (Turf fields) B Division 8am-2pm Su

## Lacrosse

### Adult Fall Lacrosse League

Ages below / 6 wks + playoffs starting Sep 13 / \$80 Individual, \$1250 Team

Lacrosse enthusiasts, work on your game in this weeknight league. Teams play an eight-game schedule and are eligible for postseason playoffs. Teams are required to provide uniforms (reversible, two-color) and equipment. Fee includes: field use, light use, supplies, administration staff and game officials. Schedule will be sent via email. Registration deadline September 2. For more information, contact Patrick McGinnis at 410-313-1689.

#### Rockburn Branch Pk - West (Turf Fields)

##### Team-Adult (18 yrs +)

RP5525.101 Sep 15 6:30-9:30 pm W

##### Individual - Adult (18 yrs +)

RP5525.111 Sep 15 6:30-9:30 pm W

##### Team- Masters (35 yrs +)

RP5503.101 Sep 13 6:30-9:30 pm M & W

##### Individual- Masters (35 yrs +)

RP5503.111 Sep 13 6:30-9:30pm M & W

## Soccer

### Winter Outdoor Soccer Leagues

18 yrs + / 8 wks, start dates below / \$200

NEW! Expanded eight-game season. Continue your soccer season with this eight-game winter session played on the synthetic turf fields. All divisions are open. Registration is first come, first serve with a deadline of November 19. All players must be 18 yrs + to participate. For complete rules visit [www.hcrpsports.com](http://www.hcrpsports.com) or call Derek Ludlow at 410-313-4716. All teams are required to pay officials on-site prior to each game (\$50/game). Men's League will play 90-minute games between 6-11pm on Friday nights. Co-Rec League will play 80-minute games between 6-11pm on Tuesday nights. Managers will be updated with a league information packet one week prior to the start of the season. Registration limited to 12 teams for each league. For more information, contact Derek Ludlow at 410-313-4716.

#### Men's Open Division

RP5700.201 Dec 10 6-11pm F

#### Co-Rec Open Division

RP5700.211 Dec 14 6-11pm T

## Softball

### Ted Wolf Memorial Softball Tournament

18 yrs + / 2 days / Oct 9, 10 / \$225

Register your team by October 1 for this three-game-guarantee tournament. Games are October 9 and 10 at county parks. The tournament will provide three ASA approved balls to each team before the tournament. Additional balls may be purchased at the tournament site for \$5; each. Rain dates are October 16 and 17. Visit [hcrpsports.com/softball.htm](http://hcrpsports.com/softball.htm) for more information or call 410-313-4711 for a flier. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov).

RP5731.101 Co-Rec Centennial Pk - West Field

RP5731.102 Men Cedar Lane Pk - West Field

## Volleyball

### Volleyball Leagues

**18 yrs + / 8 wks + playoffs, start dates below / \$220**

Join the volleyball craze! The volleyball leagues play 6-on-6, with rosters consisting of up to 12 players. Schedule includes 8 matches and all teams participate in post-season playoffs. Fee includes schedule, facility, awards, and administration. Teams are required to pay game official fees on the court at each match. For more information or if you are an individual looking for a team, contact Julija Sajauskas at 410-313-2765 or jsajauskas@howardcountymd.gov. Fall - Register by September 10; register by August 20 to receive a 10% discount. Winter - Register by January 8; register by December 17 to receive a 10% discount.

#### Co-Rec

RP5890.103	Centennial HS	Sep 19	4-11pm	Su
RP5890.203	Centennial HS	Jan 16	4-11pm	Su

#### Women's

RP5890.201	Meadowbrook Ath Comp	Jan 18	8-11pm	Tu
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#### Men's

RP5890.202	Meadowbrook Ath Comp	Jan 20	8-11pm	Th
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### Drop-in Co-Rec Volleyball

**18 yrs + / 10 wks, start dates below / \$44**

Join other athletes of all ability levels for a volleyball scrimmages. Choose the night that best works for you and the location closest to your work or home. Games are self-officiated and site staff will help form balanced teams. All you need to do is bring your driver's license for admission. With so many choices, the fun has just begun. Choose the "Get Active Package" (see page 67) where you save money and play in as many basketball or volleyball sessions as you choose! Note: Some gyms may be canceled by the third meeting due to insufficient registration or attendance. For more information call Susan Markovitz at 410-313-4674.

RP6901.101	Burleigh Manor MS	Sep 13	8-10:15pm	M
RP6901.102	Burleigh Manor MS	Sep 16	8-10:15pm	Th
RP6901.103	Forest Ridge ES	Sep 15	8-10:15pm	W
RP6901.104	Rockburn ES	Sep 14	8-10pm	Tu

### Co-Rec Howard County Tennis Challenger

**18 yrs + / 8 wks starting week of Aug 30 / Prices below**

This ladder program is designed for players who desire greater opportunities to play tennis and have fun while meeting and competing with new players of similar skill levels. Once registered you will receive a list of players in your division, scorecards, and rules. You will then be able to challenge other players in as many matches as you'd like over the 8-week season beginning the week of August 30. Players are responsible for setting up their own matches and court times. The program concludes with a tournament for the top four finishers in each division. The tournament will be played the weekend of October 30 and 31. For more information, contact Mark Pendleton at 410-313-4703 or mpendleton@howardcountymd.gov.

#### \$30

RP6856.101	Co-Rec Singles	2.0 Level
RP6856.102	Co-Rec Singles	2.5 Level
RP6856.103	Co-Rec Singles	3.0 Level
RP6856.104	Co-Rec Singles	3.5 Level

#### \$35

RP6856.105	Mixed Doubles	6.0 Level
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**Special Olympics**

*Maryland  
Howard County*

## Training for Fall Sports Begins

Special Olympics Howard County offers a year-round program of sports training and competition for individuals with intellectual disabilities. Participants must be at least eight years old to begin training and competition. There is no charge for programs. A signed medical evaluation must be on file prior to participation and all interested athletes must register prior to the start of the season.

### Upcoming Fall Sports Training:

July 25 - Cycling Practice Begins at Lake Elkhorn,  
Sundays 10:00 - 11:30 am

July 29 - Golf Practice Begins for Skills and all  
new golfers at Hobbits Glen GC,  
Thursdays from 6:00 - 7:00 pm

July 29 - Golf Practice Begins for Level 2-5 athletes  
at Timbers at Troy GC, Thursdays from 5:30 - 7:00 pm

August 5 - Powerlifting Practice Begins at Quest Fitness Center,  
Thursdays 7:30 - 9:00 pm and Sundays 1:00 - 2:30 pm

August 14 - Soccer Practices Begin at Homewood School,  
Saturdays 2:30 - 4:00 pm and Wednesdays 6:00 - 7:30 pm

August 14 - Flag Football Practices Begin at Homewood School,  
Saturdays 1:00- 2:30 pm and Mondays 6:00 - 7:30 pm

August 14 - Tennis Practices  
Begin at Althoton HS Tennis Courts, 10:00 - 11:30 am

August 14 - Cross-country Running Practices  
Begin at Centennial HS, 8:00 - 9:00 am

August 23 - Volleyball Practice Begins at Mt Hebron HS,  
Mondays and Wednesdays from 6:00 - 8:00 pm

To request a medical evaluation form, to register for an upcoming sport, or to request more information, contact us via email at [info@somdhc.org](mailto:info@somdhc.org), by phone at 410-740-0500 or fax at 410-740-2388.

Web Site: [www.somdhc.org](http://www.somdhc.org), write us at:

**Special Olympics Howard County**  
8970 Route 108, Suite A1, Columbia, MD 21045

## Adults 55+ Classes & Activities

- These activities are planned especially for those age 55+ and their friends age 18+, unless stated otherwise. Older adults are also urged to find additional programs in the regular adult section.
- Events are listed in chronological order.

### Arts & Crafts

#### Jewelry Club

**55 yrs + / 4 or 8 wks; dates, prices and fees below**

Join the fun and learn to make your own original designs in earrings, bracelets and necklaces. Instructor will bring several projects for you to select from each session. Learn to work with various stringing materials, wire, metal and lots more. There will be an additional fee each project to cover the cost of materials; fee varies depending on the project chosen. For more information contact Cathy Vigus at 410-313-7311.

**4 wks / \$32 + \$5-\$20 materials fee**

**Kiwanis-Wallas Rec Ctr**

RP0306.101	Sep 10, Oct 8, Nov 12, Dec 3	10am-noon	F
RP0306.102	Sep 10, Oct 8, Nov 12, Dec 3	1-3:30pm	F

**Gary Arthur Comm Ctr @ Glenwood**

RP0306.103	Sep 16, Oct 14, Nov 18, Dec 9	1-3:30pm	Th
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**8 wks / \$64 + \$5-\$20 materials fee**

**Bain Ctr**

RP0306.104	Sep 13 & 27, Oct 4 & 18, Nov 1, 15 & 29, Dec 6	9:30am-noon	M
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#### Drawing and Painting with Zina

**55 yrs + / 14 wks starting Sep 13 / \$100 + approx.**

**\$50 materials fee**

Beginning students will learn to draw with right-brain techniques, discuss design and color theory and begin painting by the tenth class. Advanced painters will be motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos. Materials list (purchased separately) will be discussed at the first class. For more information contact Cathy Vigus at 410-313-7311.

**Gary Arthur Comm Ctr @ Glenwood**

RP0302.101	10am-noon	M
RP0302.102	1:15-3pm	M

#### Artful Journaling

**55 yrs + / 12 wks starting Sep 16 / \$100 + materials**

Do you remember as a child painting wonderfully vivid pictures, recounting daily events in a secret diary, or writing wildly imaginative stories? You didn't care if your creations were "good" or not – you simply enjoyed the process. This class can help you recapture that sense of excitement and play. In a relaxed atmosphere, let our instructor guide you in an exploration of creative writing and simple techniques for visual expression. Your journal will serve as a lasting record of your unique perspective on the world. No training needed, just bring your own life experiences. Additional fee for supplies; suggested supplies will be discussed at the first class and are available through the instructor. For more information, contact Cathy Vigus at 410-313-7311.

**RP0305.101 Bain Ctr 9:30am-noon Th**

#### You Can Draw & Paint

**55 yrs + / 12 wks, start dates below / \$100 + materials**

Let your artistic expression soar in this congenial, fun and supportive atmosphere. Bring watercolors, acrylics, oils, pastels, or whatever materials you may have and explore your creative potential. Instructor provides direction and instruction in drawing and painting for beginners and experienced dabblers. Discuss materials (purchased separately) at first class. For more information contact Cathy Vigus at 410-313-7311.

**RP0304.102 Bain Ctr Sep 16 1:15-3:45pm Th**

**RP0304.103 E Columbia Lib Sr Ctr Sep 17 9:15-11:45am F**

#### Watercolors

**55 yrs + / 12 wks starting Sep 17 / \$100**

Fall is a perfect time to get in touch with your inner artist. Painting with watercolors is a great way to begin. Class is designed for beginners, but continuing students and experienced dabblers are all welcome. Suggested supplies will be discussed at the first class and are available through the instructor. For more information contact Cathy Vigus at 410-313-7311.

**RP0303.101 E Columbia Lib Sr Ctr 1-3:30pm F**

#### Calligraphy

**55 yrs + / 5 wks starting Oct 5 / \$40 + \$4 materials fee**

If you know your ABCs, you can do calligraphy, the relaxing art form of beautiful writing. This class is designed for men and women who have an interest in learning basic italic lettering. Apply your new skills when addressing envelopes, creating greeting cards, scrapbooking or writing your favorite poem or saying. Materials fee due at first class. A project at the end of class will showcase your new talent. For more information contact Cathy Vigus at 410-313-7311.

**RP0301.101 Bain Ctr 9:30-11:30am Tu**



# 50 PLUS EXPO

Howard County Office On Aging



**Howard County's Premier Event for the 50+ Community**  
**Friday, October 15, 2010**  
**9 am to 4 pm**

**Wilde Lake High School, 5460 Trumpeter Road, Columbia, Maryland**

- Free Admission
- Timely Seminars & Demonstrations
- 140+ Exhibitors Including Eco-friendly "Living Green" Area
- Health Fair & Flu Shots
- Benefit Auction
- All Day Entertainment with two Capitol Steps Performances

**For more information call 410-313-6410 or visit [www.howardcountyaging.org](http://www.howardcountyaging.org)**

## Classes & Workshops

### **"Another Way to See It" Laughter Club**

**18 yrs + / Ongoing starting Sep 13 /**

**\$2 instructor fee each wk**

Join us for 40 minutes of laughter exercises and group sharing. The purpose of a laughter club is for members to release joyful expression more easily and more often. It lifts enthusiasm, morale and motivation; encourages improved relationships; and brings about amazing changes in people's health and personal lives. This is a Mind-Body-Spirit Program. Pay \$2 instructor fee at class each week.

**RP3500.101 Bain Ctr 9-9:40am M**

### **Bridge for Beginners**

**55 yrs + / 8 wks starting Oct 8 / \$72 + materials**

**(approx. \$18)**

Learn the basics of this popular game. Class covers what you need to get started playing bridge: bidding, play of the hand, defense and more. Class textbook/materials fee due to instructor at the first class. For more information contact Cathy Vigus at 410-313-7311.

**RP3515.101 Kiwanis-Wallas Rec Ctr 9:30-11:30am F**

### **Fine Tune Your Bidding**

**55 yrs + / 4 wks starting Oct 8 / \$36**

For intermediate and advanced players, this class fills the gaps in your bidding. Getting to game, Bidding Big Hands, Preemptive Bidding and much more. Take your bidding to a new level!! Prerequisite: Brush Up Bridge, Bid and Play, or instructor's approval. For more information contact Cathy Vigus at 410-313-7311.

**RP3517.101 Kiwanis-Wallas Rec Ctr 12:30-2:30pm F**

### **Supervised Play**

**55 yrs + / 4 wks starting Nov 5 / \$36**

This bridge class is designed for immediate feedback! Shuffle, deal, and play, and the instructor will work with each table on their specific bidding and play issues. Perfect for partnerships to practice or groups of four...but feel free to come without a partner. Weekly mini-lesson included. Class size limited so register early! For more information contact Cathy Vigus at 410-313-7311.

**RP3516.101 Kiwanis-Wallas Rec Ctr 12:30-2:30pm F**

### **Senior Adult Saturday Institute**

**18 yrs + / Oct 9 / 18-59 yrs, \$18; 60 yrs +, \$15**

Join a day of "learning for the love of it"! Day-long workshop will focus on a single topic. Past workshops have discussed archeology, arts and humanities, art and culture literature and history. Call 410-313-7320 for topic and more information on this popular workshop. Space is limited; register early. Bring lunch. Co-sponsored with Howard Community College.

**Howard Comm Coll Business Tng Ctr (Gateway)**

**RP3501.101 9:30am-3:30pm Sa**

## Dance

### Urban Line Dance I

**55 yrs + / 10 wks starting Sep 20 / \$50**

This beginner class will introduce you to the newest syncopated patterns, basic footwork, timing, and phrasing, accompanied by the sound of rhythm, blues and jazz. Wear leather soles, no sneakers. For more information contact Cathy Vigus at 410-313-7311.

RP1205.101 Cedar Lane Rec Ctr 1-2pm M

### Urban Line Dance II

**55 yrs + / 10 wks starting Sep 20 / \$50**

This class features the newest syncopated patterns, basic footwork, timing and phrasing, accompanied by the sound of rhythm, blues and jazz. Wear leather soles, no sneakers. Prerequisite: Urban Line Dancing I. For more information contact Cathy Vigus at 410-313-7311.

RP1206.101 Bain Ctr 2:30-3:30pm M

## Drop-in Activities

*Blood pressure screening 9:15-10:45am the first Wed and third Fri of each month at Kiwanis-Wallas Recreation Center (co-sponsored with Howard County General Hospital)*

### B-I-N-G-O

**55 yrs + / Start dates below / 1½ hrs / Free**

Drop in for a fun afternoon of everyone's favorite game. Donated prizes are always welcome. September 3, October 1, November 5, December 3. For more information contact Cathy Vigus at 410-313-7311.

Kiwanis-Wallas Rec Ctr 1-2:30 F

### Bridge & Pinochle

**55 yrs + / Ongoing / Free**

Drop in for bridge and pinochle or bring your favorite table game. Bring a bag lunch; coffee and tea will be available. We gladly accept donations to the snack fund. For more information contact Cathy Vigus at 410-313-7311.

Kiwanis-Wallas Rec Ctr	Bridge	9:30am-12:30pm	W
Kiwanis-Wallas Rec Ctr	Pinochle	9:15am-3:30pm	W & F

### Duplicate Bridge

**55 yrs + / Ongoing / Free**

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee and tea will be available. We gladly accept donations to the snack fund. For more information contact Cathy Vigus at 410-313-7311.

Kiwanis-Wallas Rec Ctr	12:30-3:30pm	W
Kiwanis-Wallas Rec Ctr	9:30am-12:30pm	F

## Community Knitting & Crocheting Group

**55 yrs + / Ongoing / Free**

Feel a sense of belonging and create heirloom memories while knitting and crocheting afghans, blankets, baby wear and more for local charities, hospitals and senior centers. This volunteer-led group meets on second and fourth Wednesdays, 12:30-2:30pm, at Kiwanis-Wallas Rec. Ctr. Donations of acrylic yarn are appreciated. For more information, call 410-313-7311 or 410-313-7320.

Kiwanis-Wallas Rec Ctr 12:30-2:30pm W

## Mahjong

**55 yrs + / Ongoing / Free**

Drop in for this fun and mentally stimulating game. Both Chinese and American played. For more information contact Cathy Vigus at 410-313-7311.

Kiwanis-Wallas Rec Ctr 1-3:30pm W

## Wii Club

**55 yrs + / Ongoing / Free**

Why let the kids have all the fun? Join us for interactive video game fun with the newest craze – Wii. Bowl, play tennis, baseball and much more without leaving the building. You'll improve hand-eye coordination and get some exercise while competing against your peers. For more information contact Cathy Vigus at 410-313-7311.

RP3501.009 Bain Ctr 10-11am Tu

## What You Can Expect from Medicare – The Basics, Medicare 101

**55 yrs + / Dates below / Free**

Are you currently on Medicare or soon will be? Do you help someone who has Medicare as health insurance? Get "schooled" on Medicare! This workshop reviews how Medicare works, how to enroll, what the benefits are and how it relates to supplemental health insurance. Information on Medicare Prescription Drug Coverage will also be discussed. Sponsored by the Senior Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Register by calling 410-313-7391.

Kiwanis-Wallas Rec Ctr	11am-12:30	Sep 1	W
Kiwanis-Wallas Rec Ctr	11am-12:30	Jan 5	W

## Why Medicare Isn't Enough! - Medicare 102

**55 yrs + / Dates below / Free**

This workshop focuses on the gaps in Medicare coverage and the ways to cover these gaps. Medicare Health Plan options as well as Medigap plans and employer group coverage will be discussed. Is your health insurance "house" in order? Get your questions answered! Find out whether you have the insurance package that best suits your needs. Discussion also includes information on prescription drug resources and Medicare Prescription Drug Coverage. Sponsored by the Senior Health Insurance Assistance Program (SHIP), Howard County Office on Aging. Register by calling 410-313-7391.

Kiwanis-Wallas Rec Ctr	11am-12:30	Sep 15	W
Kiwanis-Wallas Rec Ctr	11am-12:30	Dec 1	W

## Long-Term Living: Covering the Costs

55 yrs + / Dates below / Free

Extra costs for long-term care may be part of your future. These costs may include in-home care, assisted living, and/or nursing home care. Long-term care insurance is one way to prepare for some of these costs, but not the only way. Explore the often confusing realm of long-term care insurance and consider the ultimate questions of whether or not to buy. Discussion led by representatives from the Senior Health Insurance Assistance Program, Howard County Office on Aging. Register in advance by calling 410-313-7391.

Kiwanis-Wallas Rec Ctr	11am-1pm	Sep 29	W
Kiwanis-Wallas Rec Ctr	11am-1pm	Dec 1	W

## Medicare Prescription Drug Coverage 2011 – What's it all about?

55 yrs + / dates below / Free

Medicare Prescription Drug Coverage is here! It's available to ALL people with Medicare. It helps you pay for the prescription drugs you need. Be "in the know"! Understand how this coverage works and how it affects you! The annual open enrollment for this coverage begins November 15 and will end December 31, 2010. If you want to enroll or change your current plan, this will be the time to do so. The discussion will be led by representatives of the Senior Health Insurance Assistance Program (SHIP), Howard County Office on Aging. To register, call 410-313-7391.

Kiwanis-Wallas Rec Ctr	11am-noon	Oct 20	W
Kiwanis-Wallas Rec Ctr	11am-noon	Nov 3	W
Kiwanis-Wallas Rec Ctr	11am-noon	Nov 17	W

## The Good, Bad and Ugly – Information about Fraud and Abuse in Medicare

55 yrs + / Oct 6 / Free

Along with the significant benefits Medicare provides to our population, there are many opportunities for unscrupulous providers, insurance companies and others to commit fraud or other abuses against individuals and the Medicare program. This presentation will give perspective on the extent of the abuse, examples, and how Medicare beneficiaries can help fight the problem. The discussion will be led by the Coordinator of SMP – Senior Medicare Patrol, Howard County Office on Aging. To register, call 410-313-7391.

Kiwanis-Wallas Rec Ctr	11am-noon	W
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## Fitness

### Be Seated with Vickie Jacobs

55 yrs + / 16 classes starting Sep 14 / \$24

Use gentle movements while seated to increase your range of motion and build muscle strength. Please register through the hospital at 410-740-7601 and make check payable to Howard County General Hospital, the program co-sponsor.

Roger Carter Rec Ctr	10:10-10:55am	Tu & Th
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## Circuit Weight Training for Seniors with Lori Nowicki, AAI, AFPA

55 yrs + / 24 classes, start dates below / \$108

Some studies indicate that weight training is essential to maintain health as people age. This class, designed for seniors, combines an aerobic workout with weight training on Keiser equipment. A medical clearance form must be completed prior to exercising; call 410-313-4718 or 410-313-2764 or download at [www.howardcountymd.gov/RAP/RAP\\_FormsPubl.htm](http://www.howardcountymd.gov/RAP/RAP_FormsPubl.htm). For more information, contact Nicola Morgal at 410-313-4718.

Sep 13

RP8667.101	Roger Carter Rec Ctr	2-3pm	M & W
RP8667.102	Roger Carter Rec Ctr	3:15-4:15pm	M & W

Sep 14

RP8667.103	Roger Carter Rec Ctr	1-2pm	Tu & Th
RP8667.111	Gary Arthur Comm Ctr @ Glenwood	11:30am-12:30pm	Tu & Th

## Exercise with Ease

### with Joyce DiTomaso

55 yrs + / 24 classes starting Sep 14 / \$55

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves. For more information, contact Nicola Morgal at (410) 313-4718.

RP8060.101	E Columbia Lib Sr Ctr	9-10am	Tu & Th
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## Fitness Fun

55 yrs + / 16 classes starting Sep 13 / \$32

Enjoy the music as you exercise at your own pace for fun, flexibility and fitness. Class includes stretching and low-impact exercise to build strength and improve overall health. Co-sponsored with Howard County General Hospital. Make check payable to Howard County General Hospital and give to the instructor at the first class. Please register through the hospital at 410-740-7601.

Kiwanis-Wallas Rec Ctr	9:30-10:30am	M & W
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## Water Exercise

55 yrs + / 6 wks, start dates below / \$48

Get a great workout without going to the gym! You can enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace or join group instruction. Aquatic fitness instructor will assist with exercises and provide instruction. For more information, contact Cathy Vigus at 410-313-7311.

RP3519.101	Cedar Lane School	Oct 4	6-7pm	M
RP3519.102	Cedar Lane School	Oct 5	6-7pm	Tu
RP3519.103	Cedar Lane School	Oct 7	6-7pm	Th

## Sports

### Men's Slow Pitch Softball

55 yrs + / Ongoing starting Sep 11 / \$22

Interested in playing slow pitch softball on Saturdays in the Fall? If so, why not join this informal group for pickup games at Centennial Park North. For more information, contact Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov)

RP6730.101 Centennial Pk - North Area TBA Sa

### Co-Rec Volleyball

55 yrs + / 16 wks starting Sep 7 / \$15

Men and women are invited to drop in for some fun and exercise in this recreational program. The program will meet two times per week at the NEW Meadowbrook Athletic Complex. For more information, contact, Mark Pendleton at 410-313-4703 or [mpendleton@howardcountymd.gov](mailto:mpendleton@howardcountymd.gov)

Meadowbrook Ath Comp

RP5592.101 10:30am- 12:30pm Tu & Fr

## Recycling in Howard County Parks

**The  
SAME  
RECYCLING  
you do  
at home!**

Look for blue carts throughout the parks to recycle your bottles, cans, cardboard and paper.

Note: Please no food, styrofoam, napkins or other trash in the recycling carts.



[www.howardcountyrecycles.org](http://www.howardcountyrecycles.org)

## Gary J. Arthur Community Center at Glenwood

*formerly*



**Glenwood**  
community center



## Come Celebrate with Us!

*Looking for the perfect place to  
hold your event?*

*We have the place for you!*

Gary J. Arthur Community Center at Glenwood provides a wonderful indoor setting for any event, or take advantage of our lovely courtyard and take it outdoors.

Our event coordinator will assist you with planning your event.

Birthday Party Packages are available, and include your choice of theme, decorations and the perfect room.

**Call us or stop by the Center for  
additional rental opportunities**

[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) 410-313-4840





**Gary J. Arthur**

July 4, 1947 – May 27, 2010

Gary Arthur, Director of Howard County Recreation and Parks, died of cancer on May 27, 2010 in his Ellicott City home. Gary was a devoted and loving husband, father and grandfather, who valued family above all else. He was a dedicated professional and leader whose vision, humor, work ethic, and respect for others earned the respect of his coworkers, friends, and partners in the community. He was involved in his work until a few weeks before his death.

He was born and grew up in Baltimore, Maryland. He graduated from Baltimore Polytechnic Institute in 1965. He attended Clemson University on a football scholarship and graduated in 1969. His career in parks and recreation began in South Carolina and included working until 1972 for Baltimore County's Department of Recreation and Parks, a term as Director in Ocean City, Maryland, and a 31-year career in Howard County. He was passionate about the preservation of open space and held positions as President

of the Maryland Recreation and Parks Association and President of the Maryland Association of Counties, Recreation and Parks Affiliate. He received the Citation Award of Recreation and Parks Excellence from the Maryland Recreation and Parks Association, the highest award in the field.

Under his leadership, Howard County's Department of Recreation and Parks earned accreditation by the Commission for Accreditation of Park and Recreation Agencies, National Recreation and Parks Association (NRPA), that is currently held by fewer than 100 programs in the nation. During Gary's tenure, the county received the Sports Illustrated Magazine Sportstown Award, and national recognition as an outstanding program by NRPA.

Gary's passion and vision to improve the quality of life of the residents of Howard County is evidenced through his involvement in planning and implementation of services, facilities and programs that include: Gary J. Arthur Community Center at Glenwood and Western Regional Park, Meadowbrook Park and Athletic Complex, the Skate Park, High Ridge Park, the Timbers at Troy Golf Course, and Wine in the Woods. The Robinson Nature Center and North Laurel Community Center are projects for which Gary will not see completion, but which will bear his mark.

He was a man who always focused on others, never himself. He loved life and always found a way to bring people together to have a good time. He was a loyal and avid Clemson Tiger Fan. He had a big heart, great compassion, and a passion for his work. He loved and enjoyed sports, the beach, sunsets and parks, especially the Grand Canyon. The great love he shared with family and friends remains and will never be forgotten. For those of us whose lives he touched, we are better because of the life Gary Arthur lived. He is survived by his wife, Martha; his sons, John Jr., Alexander, and Clayton; three grandchildren, Dustin, Kellen, and Braydyn; and his sisters, Jacklyn Bennett of Reisterstown and Diane Crider of Timonium. He will be missed.



# ***Register Online Today!***

**[www.howardcounty.md.gov/rap](http://www.howardcounty.md.gov/rap)**

**Registering online is easy, convenient, time saving and eco-friendly. Be sure to bookmark it for future reference.**



**Howard County**  
**RECREATION & PARKS**

Howard County Recreation & Parks,  
7120 Oakland Mills Rd, Columbia  
410-313-7275 (8am-4:30pm M-F)



# Howard County

## RECREATION & PARKS

### Registration Form: Please Print

<input type="checkbox"/> Male <input type="checkbox"/> Female    /    /	
Name of Registrant or Parent/Guardian if under 18	
Date of Birth	
Home Phone	
Home Address: Street	
Work Phone 1	
Work Phone 2	
City	State/Zip
e-mail address	
<input type="checkbox"/> check if new information	
Emergency Contact: Name	
Phone	

1 RP

Course Number                      Program Title                      Fee Enclosed

Section Number                      Location                      Day(s) of Wk                      Time                      Start Date

☐ Male    ☐ Female    /    /

Name of Participant                      Date of Birth                      Age/Grade

2 RP

Course Number                      Program Title                      Fee Enclosed

Section Number                      Location                      Day(s) of Wk                      Time                      Start Date

☐ Male    ☐ Female    /    /

Name of Participant                      Date of Birth                      Age/Grade

☐ I would like to contribute \$\_\_\_\_\_ to the HCRP Scholarship Fund.

Registrant for # \_\_\_\_\_ has the following health problem or disability; please check all that apply:

- ☐ Deaf/Hard of Hearing
- ☐ Vision Impairment
- ☐ Seizures
- ☐ Uses Mobility Aids (i.e. wheelchair, braces, etc.)
- ☐ Developmental Disability (i.e. autism, intellectual, etc.)
- ☐ Other (i.e. behavioral/emotional disorder, etc.) \_\_\_\_\_
- ☐ Allergies \_\_\_\_\_

Registrant for # \_\_\_\_\_ needs the following special accommodations:

- ☐ Inclusion Companion
- ☐ Deaf Interpretive Services
- ☐ Other \_\_\_\_\_

☐ I agree to abide by all rules and regulations of the Howard County Department of Recreation and Parks. On behalf of myself and/or my child: I agree to hold Howard County, its employees, officials and agents harmless from any and all claims for damages unless due to the sole negligence of the county, its employees or agents.

Signature \_\_\_\_\_ Date \_\_\_\_\_

☐ I hereby consent to my child's (children's) participation in this (these) programs.

☐ My child(ren's) immunizations are current.

Signature \_\_\_\_\_ Date \_\_\_\_\_

☐ Please add my name to the mailing list. \$5 fee enclosed.

**Payment:**    ☐ Check    ☐ Cash    ☐ MasterCard  
                  ☐ VISA    ☐ American Express    ☐ Discover

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_

# \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Make checks payable to *Director of Finance; Howard County*

Mail to: Registration  
Department of Recreation & Parks  
7120 Oakland Mills Rd.  
Columbia, MD 21046-1677

## General Information

*Program information provided in this Guide is tentative. Not all locations at Howard County Schools have been confirmed yet. Consult [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap) for the most up-to-date information.*

### Registration

Howard County residents may register online beginning August 4 at 6pm and by all other methods beginning August 5. Out-of-County residents may register online beginning August 11 at 6pm and by all other methods beginning August 12.

- On-line:** [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)  
**Phone:** 410-313-7275 (8am-4:30pm M-F)  
**Fax:** 410-313-4660  
**TTY:** 410-313-4665 (8am-4:30pm M-F)  
**Walk-in:**
- Howard County Recreation & Parks, 7120 Oakland Mills Rd, Columbia (8am-4:30pm M-F)
  - Bain Center, 5470 Ruth Keeton Way, Columbia (9am-2pm M-F)
  - Gary Arthur Community Center @ Glenwood, 2400 Rte. 97, Cooksville (8am-8pm M-F) (9am-5pm Su)

Include payment with your registration form – a check or money order payable to the Director of Finance, Howard County or credit card information (We accept MasterCard, VISA, American Express, and Discover). Please sign the waiver on your receipt and bring it to the first session.

### Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, “age” usually refers to the age of the participant at the start of the program and “grade” to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign child out immediately following the program. Staff are not responsible for your children before or after scheduled activities. A fee may be assessed if child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

### Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

### Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

### Financial Assistance

The Howard County Department of Recreation and Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- Verification of qualifying income level (2009 tax return required)
- Proof of assistance from the Department of Social Services

Funds are limited, and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

### Scholarship Fund

You can make a tax-deductible contribution to our Scholarship Fund by signing up on the registration form. For more information visit our website or call 410-313-4683.



## Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as not to affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance withdrawal to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

## Inclement Weather & Program Status Information

Inclement weather numbers are listed on page 4. Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions:

- If it rains, most outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation and Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs for that day will be canceled. If a snow emergency is declared after 7am, programs in progress may be completed but those later in the day will be canceled.
- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

## Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

## Rules of Conduct

The following rules must be observed while participating in Recreation and Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited
- No smoking in buildings or on school property
- No soliciting or loitering

- No interference with employee or volunteer duties
- No harassment or inappropriate or indecent conduct or language
- No unauthorized use of drugs, intoxicants or weapons
- No parking in unauthorized areas or driving/parking on field areas
- No alteration or installation of equipment (such as basketball hoops, fences)
- No defacing of property, indoors or outdoors
- No conduct that may jeopardize the safety of others

## Accommodations for People with Disabilities

The Department of Recreation and Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost.

To assure the best experience for all participants, we need your accommodation request along with your registration a minimum of two weeks in advance of the first program date. For more information, call Susan Potts at 410-313-4628.

## Other Policies

Additionally, the Department reserves the right:

- to cancel a program for any reasonable cause
- to deny registration or entry into a program when it deems necessary to assure public safety
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems
- to photograph programs, participants and volunteers for publicity purposes
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days, and starting dates

## Recreation Centers

### Gary J. Arthur Community Center at Glenwood

2400 Rte 97, Cookeville, 21723

410-313-4840 Registration (8am-8pm, M-Sa) (9am-5pm, Su)

410-313-3227 Information – get the latest on open gym times and closings due to inclement weather

Mon- Sat 7am-9pm

Sun 9am-6pm

(Hours subject to seasonal change)

The center will be closed Sep 6, Oct 11, Nov 11, Nov 25, Nov 26, and Dec 24 through Jan 2.

Visit the reception desk or call for more information about the Center's programs. You can also register in person for any Howard County Recreation and Parks program. Ages 12-15 require adult supervision in the facility, except during Afterschool Open Play. Children ages 11 and under require adult supervision with them at all times.

#### Center ID Cards

To ensure the safety of our patrons, a Center ID card is required to use the facility. (NR) = Non Resident

Daily Gym Pass	\$5 / \$7 (NR)
Youth (5-15)	\$25 / \$50 (NR) Annually
Adult (16+)	\$25 / \$50 (NR) Annually
Senior Fitness (50+ OOA mbr)	\$25 / \$50 (NR) Annually (Preferred Fitness Use 7-10am & 1-3pm)
Card Replacement Fee	\$10 / \$15 (NR)

#### Party Packages and Rentals

Many areas of the Gary J. Arthur Community Center at Glenwood are available for rent during operating hours. Rental areas can be used for parties, special events, business meetings, and other activities. All applicants must be at least 21 years of age, and a Facility Rental Request Form is required to check for availability. All requests are reviewed on a first come, first serve basis. Call 410-313-4840 for details and reservation information

- **Children's Dance Party Package.** This exciting birthday add-on provides a half hour of dance instruction with our Birthday Party Package. Choose Ballet (Age 4+) or Jazz (Age 5+). Children are encouraged to wear comfortable clothes (no dresses or skirts) and rubber sole shoes. 2 ½ hrs (plus ½ hr for cleanup): \$190
- **Children's Outdoor Playground Party Package.** You can take your party to our Outdoor Playground. Picnic tables are provided, and the Indoor Activity Room is included in the package. Refrigerator and freezer are available upon request. 2 hrs (plus ½ hr for cleanup): \$160
- **Game Room Party Package.** Check out this exciting new party package that includes exclusive use of our Game Room for your child and birthday guests. Activity room is also included in the package. Refrigerator and freezer are available upon request. 2 hrs (plus ½ hr for cleanup): \$160.

### Kiwanis-Wallas Recreation Center

10481 Frederick Rd, Ellicott City

(take Kiwanis-Wallas Park entrance)

410-313-7279

Mon, Wed & Fr 9-3:30 pm for senior adult activities  
(registration may be required)

Closed 12/24 – 1/1, 1/17, 2/21, and 4/22.

### Meadowbrook Athletic Complex

5001 Meadowbrook Lane, Ellicott City, 21043

410-313-4705 Programs, hours and Facility Rental

410-313-4452 Recorded Information/Inclement Weather

The Meadowbrook Athletic Complex (the "MAC") is Howard County's newest destination for indoor basketball, volleyball, indoor soccer, in-line hockey, lacrosse, field hockey, badminton, jump rope and more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and all levels of play.

#### Get Active Package

Looking for a variety in your workout options? Enjoy swimming, running on a treadmill and shooting hoops? Then the Get Active Package is for you! For one low price you will get multiple fitness options at a variety of facilities. Enjoy the open gym at the new Meadowbrook Athletic Complex and county schools, and the fitness room and swimming pool at the Roger Carter Recreation Center. Note that adults 18 and older only are able to use the fitness room at RCRC, children 15 and under require parental supervision at the MAC and children 11 and under require parental supervision at the RCRC Pool. The Pool is only available from Memorial Day-Labor Day. For more information and open times, contact Julija Sajauskas at (410) 313-2765.

#### Fall Pass (September, October & November)

Adult (18+) \$79

Youth (0-17) \$19

#### Winter Pass (December, January & February)

Adults (18+) \$79

Youth (0-17) \$19

#### MAC Early Risers Walking Package

For one low annual fee you can use the walking track and non-programmed courts from 7-9am, Monday to Friday. Registration cannot be completed online, for more information contact Nicola Morgall at 410-313-4718.

Adults & Youth \$25

**RCRC Fitness Center is available for those 18 + only.**

### Roger Carter Recreation Center

3676 Fels Lane, Ellicott City (just off of Ellicott Mills Drive)

410-313-2764 Information

410-313-4682 Reservations

The Roger Carter Recreation Center is best known for its aquatic facilities, featuring a zero-entry, 25-meter outdoor pool; diving well; wading pool; locker rooms; indoor and outdoor shower facilities and a pool party deck rental area. The Recreation Center also features a preschool activity room, meeting rooms and an exercise and weight room that is available for those 18+ only.

May 29-Jun 27 Weekends only 10am-6pm

Jun 28-Aug 27 Weekdays noon-5pm & Weekends 10am-6pm

July 4 10am-4pm

July 18 Howard County Invitational Swim Meet – 2-6pm for public swim; discounted admission (\$3/person) this day only.

Sep 4-6 (Labor Day) 10am-6pm.

Pool dates, hours and fees are subject to change due to weather, swim meets and unforeseen circumstances. There are no refunds for inclement weather or unforeseen circumstances. Children under the age of 12 are required to be accompanied by an adult over the age of 18. Please contact Megan Freer at 410-313-4720 for group rate information and pricing. Everyone who enters the pool must pay a fee whether swimming or not.

- Age 2-under free
- Ages 3-11 \$4
- Ages 12-59 \$5
- Age 60+ \$4

Toddlers enjoying the fenced baby pool must wear rubber pants with elastic waist and legs (Health Dept Regulations).

Children age 12+ who wish to enter the pool alone must pass a swimming test and complete a permission form (see Pool Manager for details). A child who cannot meet this requirement must be accompanied by an adult (age 18+). Children age 5 years and under may accompany adults in main pool during adult swim.

**The Snack Stand** is open Memorial Day through Labor Day, Mon-Fri noon-5:30pm, Sat & Sun 10am-5:30 with pre-packaged snacks and beverages. Vending Machines are also available.

**Parking for pool** patrons is available in the public lot next to the log cabin off Ellicott Mills Road and Fels Lane. (Please do not park on wooded side of street).

**Party Deck Rental** is available Mon-Sun during recreational-swim hours only. Rental includes the use of four picnic tables, one serving table, ice machine and a private covered deck. All swimmers must pay pool entry fee. See manager for group rates for swimmers. For more information, call 410-313-2764; to reserve the party deck, call 410-313-4682.

**Private Pool Rentals** are available Sat & Sun evenings 6:30-11 pm, Jun 3-Aug 27. Fee is \$300 for up to 50 people and an additional \$50 for each additional (or partial) group of 50. Grills, alcoholic beverages and DJs are not allowed. For more information, call 410-313-2764; to reserve the pool call 410-313-4682.

## Public Meetings

For information about Howard County Recreation and Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are: Dr. Joel Goodman (**Chair**), Tony Brudis (**Vice Chair**), Janet Siddiqui, MD, Chuck Parvis, Lowell Adams, Herman Charity, Tammy CitaraManis, David Grabowski, Michael Sikorski.

## Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, go to [www.howardcountymd.gov](http://www.howardcountymd.gov) and click on the "Jobs" link. The Department of Recreation and Parks needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports, or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. Go to <http://www.howardcountymd.gov/RAP/RAPDocs/ContractorApplication.pdf> for an informational letter, application and proposal form. Or, for more information call 410-313-4639.

## Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you have a desire to share your time and talent, please call 410-313-4624 for a volunteer application.

## Sponsorships

There are many opportunities to become involved the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Mary Ellen Baker at 410-313-4632.

## Receiving this Guide

Activity Guides are distributed to Howard County residents four times a year in the Columbia Flier, Laurel Leader, Sunday Sun, SunPlus or by mail. Free copies are available at county libraries, community centers, Recreation & Parks headquarters, and online at [www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap). If you are not a Howard County resident, the subscription rate is \$5 for one year (four program guides). To subscribe, check the box on the registration form or call 410-313-7275.



# Howard County

## RECREATION & PARKS

7120 Oakland Mills Road, Columbia, Md. 21046

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Year!**



# 2010 Holiday Mart

## Juried Arts & Crafts Show

Door Prizes & Children's Craft Corner.  
Concessions available for purchase by Smokin' Hot Catering

**Saturday, December 4, 10am-5pm**

**Gary J. Arthur Community Center at Glenwood**

**2400 Route 97, Cooksville, MD 21723**



Howard County  
RECREATION & PARKS

Call 410-313-4700 for info. (TTY: 313-4665)  
Inclement Weather Line: 410-313-4451

[www.howardcountymd.gov/rap](http://www.howardcountymd.gov/rap)

**\$4 for Teens & Adults  
\$3 for Children Ages 6-12**

**\$1 OFF COUPON  
WITH THIS AD**

must be presented at time of ticket purchase,  
good towards one admission only.

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Crafters!**